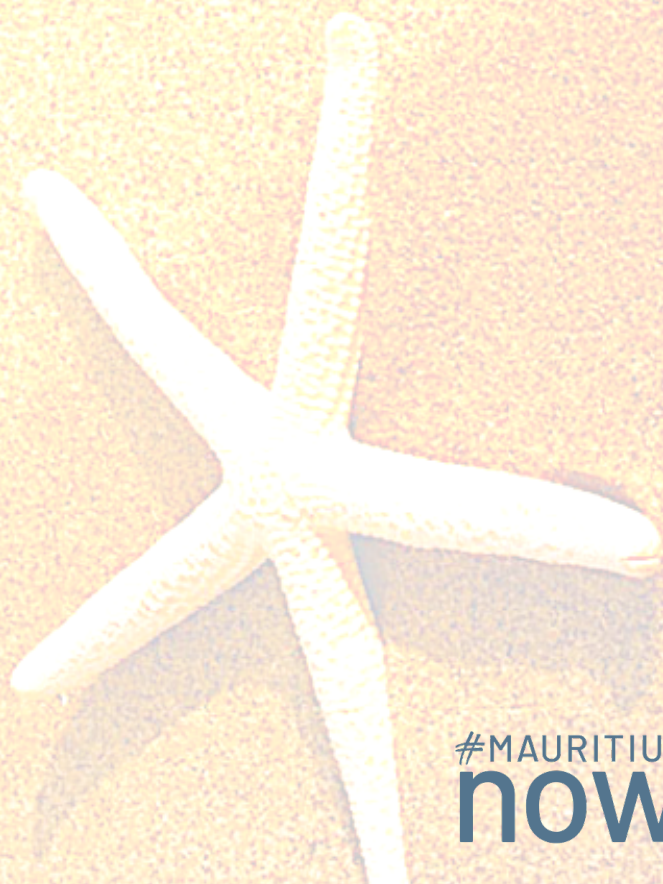




**MAURITIUS INTERNATIONAL OPEN
WEIGHTLIFTING CHAMPIONSHIPS 2022**
Qualification Event for
2022 Birmingham Commonwealth Games

– REGULATIONS –





1. Dates of Competition

26 - 28 February 2022

2. Competition Rules & Regulations

The Mauritius International Open Weightlifting Championships 2022 will follow the Technical and Competition Rules and Regulations (TCRR) of the International Weightlifting Federation (IWF).

3. Terms and Condition of Participation

Accredited participants (athletes, Team Officials, Technical Officials (TOs) etc.): Should acknowledge and fully comply with IWF Constitution and By-Laws, TCRR, Anti-Doping Policy (ADP)

- Should abide by all reasonable directions given by the Organizing Committee (OC), TOs
- Should participate in the Event at their own risk and take all reasonable measures to protect themselves from any risk
- Should undertake full moral and financial responsibility with regards to their health and wellness and in case of accidents or damages
- Are responsible for all property they bring into the Event and that the OC shall have no responsibility in any loss or damage of this property
- Acknowledge and agree that the OC shall not arrange any insurance connected with the participation in the Event
- Should irrevocably release the OC (and their respective members, officers, employees, etc.) from liability for any loss, injuries, or damage that they may suffer in relation to their participation in the Event
- Should guarantee that they participate in the Event with the permission of their parent(s) or guardian(s) if they are minors

4. COVID-19 Safety Measures

All athletes and accompanying coaches/support personnel must be fully vaccinated against COVID-19 – an individual is considered fully vaccinated 2 weeks after having received 2 doses of any WHO EUL vaccines. Proof of vaccination must be produced for verification by the OC prior to participation.

5. Health Insurance

As per IWF Technical and Competition Rules, each delegation is required to have the appropriate Health Insurance in the event of an accident or unforeseen circumstance.

6. Eligibility

In accordance with Article 5.5.16 of the IWF Anti-Doping Rules 2021, whereabouts information of the athletes shall be submitted at **minimum two months prior to the Event (26 December 2021)**.



7. Competition Categories

Men: 55kg, 61kg, 67kg, 73kg, 81kg, 96kg, 109kg, +109kg / 8 BW Categories

Women: 49kg, 55kg, 59kg, 64kg, 71kg, 76kg, 87kg, +87kg / 8 BW Categories

On the above, please consider the following:

According to the IWF TCRR 1.2.7

At IWF Events each Member Federation may enter a team of maximum twelve (12) men and twelve (12) women, or equaling the number of bodyweight categories on the program of the event plus two (2) in each gender, whichever is less. However, **a team may participate with maximum ten (10) men and ten (10) women, or equaling the number of bodyweight categories on the program of the event, in each gender, whichever is less.** The maximum participating team must be spread amongst the bodyweight categories with a maximum of two (2) athletes per category.

Therefore, the maximum number of athletes per country must not exceed 8 athletes per gender.

8. Awards

Gold, Silver and Bronze medals will be awarded in each bodyweight category for both men and women in the **total only**.

9. Entries Deadline

All preliminary entry forms must be returned to the Organizing Committee and the CWF no later than **26 December 2021**.

The final entry forms must be returned to the OC and the CWF no later than **26 January 2022**.

10. Venues

Competition Venue: National Sports Complex, Vacoas

Training Venue: Pointe Jerome Youth Centre

11. Accommodation

The accommodation will be at Le Peninsula Bay Beach Resort and Spa

12. Financial Conditions

Single Room: US\$160 per person/per night/with 3 meals

Double Room: US\$130 per person/per night/with 3 meals

Anti-Doping Fee: US\$50 per athlete

13. Accreditation

The accreditation process will take place at Le Peninsula Bay Beach Resort and Spa with full payment upon arrival.

14. Barbells/Weights Equipment

Eleiko equipment will be used for competition and ZKC equipment for training.



15. Transportation

Local transport will be provided by the Organizing Committee from Sir Seewoosagar International airport to hotel upon the arrival of delegations.

16. Flag and Anthem

Each participating team is kindly requested to bring along a CD/USB drive of their National Anthem and two National Flags 1.0 x 1.5 m. These must be submitted upon arrival/accreditation.

17. Visas

Most Commonwealth countries do not require visa for the short period of stay. However other countries will require visas and therefore we ask each delegation to check if visas are required for their country. List of countries that require a visa prior to departure can be consulted here:

<http://passport.govmu.org/English/Passport%20and%20Visa%20Requirement%20in%20Mauritius/Pages/Visa-Requirements-in-Mauritius.aspx>

18. General Information

Vacoas is one of the largest towns of the country. The area is composed of two main towns, Vacoas and Phoenix and lies between Curepipe and Quatre Bornes in the west of Mauritius about 10 miles south of Port Louis. Vacoas & Phoenix is also called as Garden Town. In spite of drastic growth of industrial development here, lot of vegetables and flowers are supplied from here. Vacoas was declared as a town in 1963 and was merged with Phoenix. In 1968, it was given the status of municipality and today it is the largest municipality of Mauritius. Vacoas holds its name from a plant whose scientific name is "Pandanus" and which were found in large quantities in this region. Formerly, the leaves of this plant were used to make the bags and mats. Vacoas also boasts of its bazaar – vegetable market (active on Tuesdays and Fridays). April, May, August and October to December these months are peak time for buying and selling.

Average Temperature in Mauritius: 17°-25°C

Electricity: 220~240 V.

Power Sockets: Type C & Type G.

Currency: Mauritian Rupee (Rs) (1 USD = approx. Rs.43.50)

Travel time from Airport and Hotel: 10-15mins.

Travel time from Hotel to Training Venue: 5-10 mins.

Travel time from Hotel to Competition Venue: 30-40 mins.



19. Tentative Program

Thursday 24 February 2022		
Arrival and accreditation of delegations		
Friday 25 February 2022		
10:00	18:00	
Verification of Final Entries (Le Peninsula Beach Resort & Spa)	Opening Ceremony (Le Peninsula Beach Resort & Spa)	
Saturday 26 February 2022		
10:00	13:00	15:00
Competition Cat. 55kg & 61kg (Men)	Competition Cat. 49kg & 55kg (Women)	Competition Cat. 67kg & 73kg (Men)
Sunday 27 February 2022		
10:00	13:00	15:00
Competition Cat. 59kg & 64g (Women)	Competition Cat. 81kg & 96kg (Men)	Competition Cat. 71kg & 76kg (Women)
Monday 28 February 2022		
13:00	15:00	
Competition Cat. 87kg & +87kg (Women)	Competition Cat. 109kg & +109kg (Men)	
Tuesday 01 March 2022		
Sight Seeing and Island Visit		
Wednesday 01 March 2022		
Departure of Delegations		

Note: This tentative program may subject to be changed after the verification of final entries.

The Organizing Committee
Mauritius Weightlifting Federation
Email: mauritius.weightlifting@hotmail.com
Tel: +230 57590277

General Secretary
Commonwealth Weightlifting Federation
Email: owf@bigpond.com
Tel: +61457778900