



2022 East Asian Weightlifting Championships
22nd February – 25th February 2022 Seocheon, Korea



2022 East Asian Weightlifting Championships

(Junior and Senior)

Regulations

1. Dates and Place

22rd February – 25th February 2022 at Seocheon, Chungnam, Korea

2. Participating Countries /Regions

8 East Asian Countries and Regions
Republic of Korea, China, Japan, Chinese Taipei, DPR Korea, Mongolia,
Hong Kong China, Macau China.

3. Competition Venue & Training Venue

- Seocheon County Gymnasium

4. Accommodation

Seocheon Youth Hostel
72-40, Janghangsandan-ro 34bungil, Janghang-eup, Seocheon-gun,
Chungnam, Korea.

- 1) Distance from Incheon Airport : 2hours 50minutes by bus
- 2) Distance from Gimpo Airport : 3 Hours by bus
- 3) Distance from Competition and Training Venue : 5 minutes by bus

5. Financial Condition

- Accommodation Fee

Single Room : USD 110 per person per day with three meals.

Double Room : USD 90 per person per day with three meals.

- Entry Fee

USD 50 per person for Officials

USD 100 per Athletes (Including USD 50 Special Anti-Doping Fee)



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6. Methods of Payment

All payment must be paid by USD cash (Cash Only) upon arrival to the Organizing Committee at the Accreditation Center in the Hotel.

7. Entry Forms

-PRELIMINARY ENTRY

Preliminary entry form must be submitted to the Organizing Committee by email : kor-weightlifting@naver.com **before 22th December 2021.**

-FINAL ENTRY

Final Entry, Team Accommodation Form, Transportation Form and Visa Application Form must be submitted to the Organizing Committee by email : kor-weightlifting@naver.com **before 22th January 2022.**

-MEDIA ACCREDITATION FORM

Media Accreditation form must be submitted to the Organizing Committee by email : kor-weightlifting@naver.com **before 22th January 2022.**

8. Visas

Entry Visa of Republic of Korea could be obtained from the Korea Embassy in Asian Countries. Korea Weightlifting Federation will supply Visa Letters to all Federations and Associations.

All Participants who need Entry Visa, need to send passport copies of non-expired passports, photos and forms to issue visa letter No later than 10th January 2022. Organizing Committee will not guarantee visa assistance for being late in sending passport copies.

9. Accreditation

The Accreditation will take place at Seocheon Youth Hostel upon arrival.

10. Flag and National Anthem

Each Member Federation should bring two (2) national flags sized 100cm x 150cm and the national anthem on USB drive. This must be submitted upon arrival/ accreditation to Organizing Committee.



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11. Transportation

The Organizing Committee will provide shuttle bus.

- 1) Incheon International Airport – Hotel
- 2) Gimpo International Airport – Hotel
- 3) Hotel – Venue
- 4) Hotel – Training Hall

12. Competition Regulation

The 2022 East Asian Weightlifting Championships will follow the latest IWF Technical and Competition Rules and Regulations(TCRR)

13. Eligibility

Only National Federations / Associations affiliated in the IWF/AWF/EAWF are eligible to participate in the event as follows :

- Senior : Athletes must be 15 years of age and over (2007 or before)
- Junior : Athletes must be 15 - 20 years of age (2002 – 2007)

In accordance with Article 5.5.16 of the IWF Anti-Doping Policy 2021 whereabouts information of the Athletes shall be submitted at minimum two months prior to the Event (by 23 December 2021).

14. Body Weight Categories

Men : 55kg, 61kg, 67kg, 73kg, 81kg, 89kg, 96kg, 102kg, 109kg, +109kg
Women : 45kg, 49kg, 55kg, 59kg, 64kg, 71kg, 76kg, 81kg, 87kg, +87kg

15. Awards

- Gold, Silver and Bronze medals will be awarded in Snatch, Clean & Jerk, and Total in each bodyweight category.
- Team trophies will be awarded to the best six teams respectively for both Men's and Women's competitions in accordance with IWF Team Classification.
- Trophies will be awarded to the Best Lifter in the Men's and Women's events.



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16. Doping Control

Doping Control will be carried out by ITA on behalf of IWF by an appointed sample collection authority in accordance with the IWF Anti-Doping Rules.

17. Barbell

IWF approved barbells will be used during both competitions and training.

18. Insurance

According to IWF Regulations, all participants must be under insurance coverage for travel and accident/injury by their respective member Federations / Associations before their departure from their hometown.

19. Temperature & Electricity

Average Temperature in Seocheon during February : 12 °C
Electricity : 220 Volt

20. Contact

Korea Weightlifting Federation
No.311, Olympic Tennis Court, 424 Olympic-ro, Songpa-gu, Seoul Korea
05540 E-mail : kor-weightlifting@naver.com
Tel : +82-2-420-4260 , Fax : +82-2-419-2974



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Provisional Schedule

| Date | Time | Activity | Place |
|---------------------------|---------|--------------------------------------------|-------------------|
| Feb 21 st 2022 | All day | Arrival | |
| Feb 22 nd 2022 | 13:00 | Registration of EAWF Congress | Hotel |
| | 14:00 | Congress / Opening Ceremony | Hotel |
| | 16:00 | Verification of Final Entries | Hotel |
| | 17:00 | Technical Official Meeting | Hotel |
| Feb 23 rd 2022 | 10:00 | Men's 55kg, 61kg, 67kg,(Junior & Senior) | Competition Venue |
| | 12:30 | Women's 45kg, 49kg, 55kg(Junior & Senior) | Competition Venue |
| | 15:00 | Men's 73kg 81kg(Junior & Senior) | Competition Venue |
| Feb 24 th 2022 | 10:00 | Women's 59kg, 64kg(Junior & Senior) | Competition Venue |
| | 12:30 | Men's 89kg, 96kg (Junior & Senior) | Competition Venue |
| | 15:00 | Women's 71kg, 76kg, 81kg (Junior & Senior) | Competition Venue |
| Feb 25 th 2022 | 10:00 | 102, 109kg, +109kg(Junior & Senior) | Competition Venue |
| | 12:30 | Women's 87kg, +87kg(Junior & Senior) | Competition Venue |
| | 18:00 | Closing Ceremony | Hotel |
| Feb 26 th 2022 | All day | Departure | |

Note : The provisional Schedule is subject to change after Verification of Final Entries.