



**2021 IWF World Championships  
05-17 December 2021  
Tashkent, Uzbekistan**



**INVITATION**

***To the President/General Secretary  
of IWF Affiliated National Weightlifting Federation/Association***

***Dear Sir/Madam,***

***On behalf of the Uzbekistan Weightlifting Federation and Organizing Committee, we have the great honor to invite you to the 2021 IWF World Championships during the period from 05–17 December Tashkent, Uzbekistan.***

***Tashkent is a city of magnificent beauty, sunny and welcoming, a city of harmony of Asian architecture and modern urban planning. It has such epithets as “The city of Friendship” and “The city of Peace”. Well balanced combination of modern metropolis and the unique flavor of the eastern city await you in Tashkent. Here you can meet the blue domes of mosques and madrassas of the Old Town and at the same time you can be a visitor to astonishing skyscrapers built by new technologies.***

***Tashkent hosted many Weightlifting Championships and we are very happy to organize such a prestigious event again in our city besides we are pretty sure that this precise occasion will become the opening contribution of our 30<sup>th</sup> anniversary this year. 2021 IWF World Championships will gather World weightlifting families and we believe the success of this event will contribute to the upgrading of its sporting level and to the strengthening of unity and friendship among all.***

***We are looking forward to welcoming you soon!***

***With best regards,***

***Shakhrillo Makhmudov  
First Vice-President of Uzbekistan Weightlifting Federation  
Vice-President of Asian Weightlifting Federation  
Executive Board Member of International Weightlifting Federation***



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## **REGULATIONS**

**1. Date:** 05-17 December 2021, Tashkent, Uzbekistan

**2. Competition and Training Venue**

Uzbekistan Sport Complex and Gymnastics Sport Complex, Tashkent city  
Address: Tashkent city, Yunusabad district, Iftikhor street #1

**3. Accommodation**

**Accommodation will be at the following hotels:**

- City Palace Hotel
- International Hotel
- Lumiere Hotel & SPA
- Wyndham Hotel
- Uzbekistan Hotel

A minimum stay of 4 (four) nights is required for all participants.

**\* NOTE: Check-in Time: 14.00**

**check-out: 12.00 AM \***

**4. Financial Conditions for City Palace / International / Lumiere / Wyndham Hotels  
Participation Fee (with full board)**

Single room: 180 USD / per person / per night

Double room: 160 USD / per person / per night

**4.1. Financial Conditions for Uzbekistan Hotel (first come first serve basis)  
Participation Fee (with full board)**

Single room: 140 USD / per person / per night

Double room: 120 USD / per person / per night

**Entry fee**

Athletes: 300 USD per person (incl. 100 USD IWF Special AD Fee)

Delegates & Team Officials: 200 USD per person

**Payment**

• Check-in: All participants (who did not make payment by bank transfer) must make total payment upon arrival in US cash dollars to the Organizing Committee.

All payments must be made in US dollars' currency and any bank charges for transfers or other transactions are the responsibility of the Member Federation. No accommodations or accreditations will be offered to any delegation member until funds have been received in full to the Organizing Committee bank account or paid in cash. No accommodation is guaranteed until full payment is received.

• Hotel "No-Show" charges: If one or more delegation participants do not arrive on the date specified on the Accommodation & Transportation Form and have not

informed the Organizing Committee 10 days before the arrival, the delegation must pay to the Organizing Committee, previously to the accreditation, the charge of "No-Show" per person. This charge required by the hotel for keeping the room available for each night and meals ordered. The charge is equal to the Participation Fee per person/ per day. If one or more participants are delayed one or more days, the delegation must pay all the days specified in the Accommodation & Transportation Form sent.

- After the submission of the Accommodation & Transportation Form on **05/11/2021** should you require any additional hotel rooms, the OC will use their best efforts to accommodate your additional team members in the same hotel, however, this cannot be guaranteed. Cancellations will not be accepted after **10/11/2021** and no refunds will be given.

### BANK TRANSFER PAYMENTS

Important rules for Bank transactions:

- A minimum of 50% of the total payment must be transferred by **10/11/2021** to the Bank Account of Organizing Committee. Please ask your bank and consider the time it takes to process the transfer for the payment to arrive by the deadline date and time.
- We kindly ask that you send, 15 (fifteen) days before your arrival, the bank document that accredits the funds transfer to [iwfwc2021@gmail.com](mailto:iwfwc2021@gmail.com) to validate your payment with our bank.
- Before transferring the money, please contact the Organizing Committee to make an Agreement for the transfer. This Agreement is important for Uzbekistan Bank procedures, without issuing an agreement, Organizing Committee cannot receive the amount you transferred.
- **Please contact the Organizing committee to compose the agreement (by calculating the payable fees) before the transfer.** (Organizing Committee composes an agreement and sends it to you, so you will sign and send it back to Organizing Committee by email and make the payment according to the finalized agreement.)
- **The following is the Organizing Committee's official company with its important details to transfer the amount after making the agreement.**

*"CHIRCHIQ AZAMATLARI" LLC*  
*ADDRESS: Uzbekistan Tashkent, Chirchiq province*  
*Sportchilar Street, Building no. – 44*  
*TIN: 302 112 104*  
*BANK: "Ipoteka Bank" Chirchiq city branch*  
*SWIFT: UZHOUZ22*  
*IBT 00478*  
*Bank Account: 20208840304939247001*

*(Head of the company: Azizov A.)*

### 5. Entry deadlines and pre-competition procedures

Entries should be registered through the IWF Online Entry System:

[https://www.iwf.net/e-entry\\_2021iwfwc/](https://www.iwf.net/e-entry_2021iwfwc/)

If you have any questions, please contact:

- Mr. Matyas Lencser, IWF Competition Manager, [matyas.lencser@iwfnet.net](mailto:matyas.lencser@iwfnet.net)



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**PRELIMINARY ENTRIES – OBLIGATORY!**

The Preliminaries Entries must be uploaded into the IWF Online Entry System by no later than **07 September 2021**.

- Member Federation must submit the Preliminary Entry (Long List) of a maximum number of athletes:

**TWENTY (20) MEN and TWENTY (20) WOMEN**

**THIS MEANS THAT THE MEMBER FEDERATION CANNOT  
ADD / CHANGE ATHLETES AFTER 07 SEPTEMBER 2021**

- At the same time for administrative purposes the Member Federation must declare the estimated number of athletes and Team officials who will participate in the 2021 IWF WC.

**FINAL ENTRIES – OBLIGATORY!**

The Final List of Athletes must be confirmed in the IWF Online Entry System by no later than **05 November 2021**.

- Member Federation must select the final list of athletes from the Preliminary Entry (previously submitted by **07 September 2021**).

Max. **TWELVE (10+2 RESERVE) MEN** and **TWELVE (10+2 RESERVE) WOMEN**

**THE FINAL LIST OF ATHLETES CAN BE SELECTED ONLY FROM THOSE  
INCLUDED IN THE PRELIMINARY ENTRY.**

The following documents must be returned by **05 November 2021** (by email):

- Accommodation & Transportation Form
- A complete list of names with passport data, itinerary schedule (flight booking) and fax number/ mailing address for obtaining Visas not later than **05/11/2021**
- Media Accreditation Form
- Copies of all Passports (picture page)
- Electronic Passport Photos (3cm x 4cm, with white background)

All forms must be sent to the following address: [iwfwc2021@gmail.com](mailto:iwfwc2021@gmail.com)

**For media:**

All media participants must be approved in advance.

Please submit the Media Accreditation Form to:

[iwfwc2021@gmail.com](mailto:iwfwc2021@gmail.com) and [reka.foldesi@iwfnet.net](mailto:reka.foldesi@iwfnet.net)

**All media requests are due by 05 November 2021**

## 6. Visas

All participants must apply for Uzbekistan visas before entering Uzbekistan. Please fill in the Visa Application Form and return it together with passport copies before **05 November 2021** to E-mail: [iwfwc2021@gmail.com](mailto:iwfwc2021@gmail.com) Organizing Committee will supply visa invitation letters to all federations/associations free of charge, if they provide all the required documents in time.

The visa regime of the Republic of Uzbekistan with other countries can be found at the following link: [http://evisa.mfa.uz/evisa\\_en/](http://evisa.mfa.uz/evisa_en/)

### **LOC CANNOT GUARANTEE THE VISA INVITATION LETTER IF PARTICIPANTS SEND THEIR DOCUMENTS LATER THAN THE DEADLINE**

**Important note:** Visa application will be processed in a minimum of two weeks, after which an invitation letter will be sent. Passport expiry date must be after **10 March 2022**. Visa on arrival can be issued **ONLY** at the airports of Tashkent.

**PLEASE, NOTE:** According to the **Covid-19 pandemic procedures** and requirements, each person who is arriving to Tashkent International Airport, he/she must have PCR negative test result that not exceeds 72 hours from the time the test was taken.

Please note that vaccination is not mandatory to travel to Tashkent, however it is strongly recommended.

Upon arrival at the hotel each participant must pass a **RAPID ANTIGEN** test that costs **\$20 USD** per person. And before the departure from Uzbekistan, each person must pass **PCR test** that costs **\$30 USD** per person.

In addition, a RAPID ANTIGEN test will be carried out on all participants every 5th day of their stay. The cost of these tests will be covered by the Organizing Committee.

In case there will be additional requirements, Organizing Committee / IWF will inform you accordingly.

## 7. Accreditation

The Accreditation will take place at the **Hotels**.

## 8. Anthem

Each Member Federation should bring two (2) national flags sized 120x180cm and the national anthem on CD/USB drive. This must be submitted upon arrival/accreditation to Organizing Committee (OC).

## 9. Transportation

The LOC will provide shuttle bus from the Tashkent International Airport. Participants must provide their full and accurate flight schedule by **05 November 2021**.

- Transportation form shall state which airline, flight number and times each delegate will be arriving and departing on. Any change in travel schedule must be communicated on time.
- Onsite transportation changes or new requests are not guaranteed to be accommodated.
- Local shuttle bus will be provided for all participants to get to the venues (accommodation, meetings, competition/training venue and any other official program).

## **10. Competition Regulation**

The 2021 IWF World Championships will follow the IWF Technical and Competition Rules & Regulations (TCRR).

## **11. Terms and Conditions of Participation**

Accredited Participants – athletes, team officials, technical officials (ITO), media, guests, etc. must:

- Acknowledge and fully comply with IWF Constitution and By-Laws, TCRR, Anti-Doping Rules (ADR)
- Abide by all reasonable directions given by the IWF, the Organizing Committee (OC), TOs
- Should accept any prize or award given by IWF and /or OC/sponsors, and will attend all special award ceremonies where prizes or awards are presented
- Should attend Press Conference upon request of IWF/OC
- Should not participate in, support, or promote illegal betting
- Should be responsible for all property they bring into the Event – the IWF and/ or OC shall have no responsibility in any loss or damage of this property
- Should irrevocable release IWF & OC from liability for any loss, injury, or damage that they may suffer in relation to their participation in the Event
- Should guarantee that they participate in the Event with the permission of their parent(s) or guardian(s) in case they are minors
- Should acknowledge that by not following the above mentioned terms and conditions, sanctions may be imposed
- Agree that entry is subject to payment of all fees inclusive of entry, anti-doping, accommodation, food and transportation payment prior to use of any OC or IWF facility, or for airport transfers
- Should acknowledge that no accommodation or arrangement is guaranteed until full payment is received in advance
- All participating Federations should undertake full moral and financial responsibility of their registered/accredited delegates with regard to their health and wellness, and in the case of accidents or damages not attributable to the OC.

## **12. Eligibility**

Participating athletes must be older than 15 years of age (born in 2006).

In accordance with article 5.5.16 of the IWF Anti-Doping Rules 2021 whereabouts information of the athletes shall be submitted at minimum three (3) months prior to the event (**by 07 September 2021**).

In case you and/or your Athletes encounter any difficulties related to whereabouts submission, please report it IMMEDIATELY at **iwf@ita.sport**

### **13. WADA ADeL online course**

**All Athletes participating shall successfully complete the WADA ADeL online course for Athletes before competing.**

The course can be found at the following link: <https://adel.wada-ama.org/>

Just as in the case of the IWF ILiftClean platform, Athletes and supported personnel (coaches, team doctors) shall register at the site, watch the videos, and successfully complete the quiz at the end to receive the certificate.

In case Athletes and supported personnel (coaches, team doctors) have any problem with the registration process, please contact WADA at [adel@wada-ama.org](mailto:adel@wada-ama.org) and the IWF at [education@iwfnet.net](mailto:education@iwfnet.net).

### **14. Event Categories**

MEN: 55kg, 61kg, 67kg, 73kg, 81kg, 89kg, 96kg, 102kg, 109kg, +109kg

WOMEN: 45kg, 49kg, 55kg, 59kg, 64kg, 71kg, 76kg, 81kg, 87kg, +87kg

### **15. Awards**

Gold, silver, and bronze medals will be awarded in the Snatch, the Clean & Jerk and the Total in each bodyweight category.

Team trophies will be awarded to the best six teams respectively for both Men's and Women's competitions in accordance with IWF Team Classification.

### **16. Doping Control**

Doping Control will be carried out by ITA on behalf of IWF by an appointed sample collection authority in accordance with the IWF Anti-Doping Rules.

### **17. Barbell**

IWF approved Werksan barbells will be used during the competition and training.

### **18. Insurance**

According to IWF Regulations, all participants must be under coverage for travel and accident / injury / illness (Covid-19) by their respective Federations before their departure from their hometown.

### **19. Temperature**

The average Tashkent, Uzbekistan temperature during the Championships will be approximately between 0-10 degrees on Celsius. Electricity in Uzbekistan is 220 Volt.

### **20. Commonwealth Championships**

The 2021 Commonwealth (Senior) Championships will be held in conjunction with the 2021 IWF World Championships, which will be open only to Commonwealth Nations.

For further information, please contact Mr Paul Coffa, CWF General Secretary at [owf@bigpond.com](mailto:owf@bigpond.com)





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Contact details:

**International Weightlifting Federation**

Lausanne Office  
Maison du Sport International  
Av. de Rhodanie 54  
Switzerland -1007, Lausanne  
Phone: +41 21 601 3227  
E-Mail: [iwf@iwfnet.net](mailto:iwf@iwfnet.net)

**Uzbekistan Weightlifting Federation**

**Local Organizing Committee**  
Tel: +. Tel/fax: +998712455590  
Address: Uzbekistan 100003, Olmazor district  
15/1, Tashkent, Uzbekistan  
E-Mail: [iwfwc2021@gmail.com](mailto:iwfwc2021@gmail.com)

### PRELIMINARY TIMETABLE

<b>05 December / Sunday</b>	10:00	Verification of Final Entries <b>ONLINE</b> / Further details to follow		
<b>06 December / Monday</b>	18:00	Technical Officials' Meeting		
<b>07 December / Tuesday</b>	09:00	Women	49	C
	11:30	Women	45	B
	14:00	Men	55	B
	17:00	<b>OPENING CEREMONY</b>		
	18:00	Men	55	A
	20:30	Women	49	B
<b>08 December / Wednesday</b>	09:00	Women	55	D
	11:30	Men	61	C
	14:00	Men	61	B
	16:30	Women	45	A
	19:00	Women	49	A
	21:30	Women	55	C
<b>09 December / Thursday</b>	09:00	Men	73	D
	11:30	Men	67	C
	14:00	Women	55	B
	16:30	Women	55	A
	19:00	Men	61	A
	21:30	Men	73	C
<b>10 December / Friday</b>	09:00	Women	59	D
	11:30	Men	73	B
	14:00	Men	67	B
	16:30	Men	67	A
	19:00	Men	73	A
	21:30	Women	59	C
<b>11 December / Saturday</b>	09:00	Men	81	D
	11:30	Women	64	D
	14:00	Men	81	C
	16:30	Women	59	B
	19:00	Women	59	A
	21:30	Women	64	C

<b>12 December / Sunday</b>	09:00	Men	89	C
	11:30	Women	64	B
	14:00	Men	81	B
	16:30	Women	64	A
	19:00	Men	81	A
	21:30	Women	71	C
<b>13 December / Monday</b>	09:00	Men	96	D
	11:30	Men	89	B
	14:00	Women	71	B
	16:30	Men	89	A
	19:00	Women	71	A
	21:30	Men	96	C
<b>14 December / Tuesday</b>	09:00	Women	81	B
	11:30	Women	76	B
	14:00	Men	96	B
	16:30	Men	96	A
	19:00	Women	76	A
<b>15 December / Wednesday</b>	09:00	Women	87	C
	11:30	Women	87	B
	14:00	Men	102	B
	16:30	Women	81	A
	19:00	Men	102	A
	21:30	Men	109	C
<b>16 December / Thursday</b>	09:00	Women	+87	C
	11:30	Women	+87	B
	14:00	Men	109	B
	16:30	Men	109	A
	19:00	Women	87	A
<b>17 December / Friday</b>	09:00	Men	+109	C
	11:30	Men	+109	B
	14:00	Women	+87	A
	16:30	Men	+109	A
	20:00	CLOSING CEREMONY		
<b>18 December / Saturday</b>	10:00	IWF Committee Meetings <b>ONLINE</b> / Further details to follow		
<b>19 December / Sunday</b>	10:00	IWF Executive Board Meeting		

**\*\*Please note:**

**The competition schedule is subject to change after the verification of final entries\*\***