



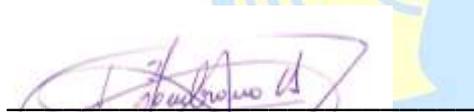
INVITATION

Dear friends, the Ecuadorian Federation of Weightlifting with the endorsement of the Pan American Federation of this sport has the honor of inviting the National Federations of the continent to participate in the Absolute Pan American Championship to be held in the city of Guayaquil from 1 to 8 of November 2021, Santiago 2023 Pan American Games Qualifier.

This event is the opportunity to receive the American fishing family, for which we hope to have the valuable participation of athletes from all over the continent, the same ones who will enhance this important event of our sport, hoped that your stay in Guayaquil -Ecuador is unforgettable.

Attached you will find the competition regulations for participation in this sports festival in America.

Attentively,



Ab. Luis Zambrano Andrade
President of the Ecuadorian Federation of Weightlifting





COMPETITION RULES

1. General Conditions

The competitions will be carried out in accordance with the Technical and Competition Rules & Regulations of the International Weightlifting Federation (IWF TCRR), under the supervision of the Pan American Federation of our sport.

Minimum age to participate 15 years (born until 2006)

Information on the Athletes' whereabouts must be provided at least two months before the Event (before September 3, 2021).

Only athletes accredited by the National Federations affiliated with the Pan American Weightlifting Federation may participate.

2. Place and dates of competitions

The event will be held in the city of Guayaquil at the Voltaire Paladines Polo Coliseum, located on Avenida de Las Américas and Avenida Kennedy, from November 1 to 8

3. Eligibility

In accordance with Article 5.5.16 of the 2021 IWF Anti-Doping Rules, information on the Athletes' whereabouts must be provided at least two months before the Event (before September 3, 2021).

4. Events

The categories to compete are the official IWF, for the senior category.

Female: 45, 49, 55, 59, 64, 71, 76, 81, 87 and +87 Kg.

Male: 55, 61, 67, 73, 81, 89, 96, 102, 109, and +109 Kg.

5. Registration

Preliminary registrations will be received until September 2, 2021 to the following email federaciondelevdepesas@gmail.com

The Final Registrations will be received until October 2, 2021 to the following email federaciondelevdepesas@gmail.com

6. Financial Conditions

Accommodation and meals for the participating delegations will be at the Hotel Holiday Inn - Guayaquil (5 stars). (located 150 meters from the airport where the delegations will arrive)

- Single rooms have a cost of US \$ 140.00 (one hundred and forty dollars) per day and per person.
- Double and triple rooms have a cost of US \$ 90.00 (ninety dollars) per day and per person.
- Food buffet
- Minimum stay: four (4) nights.

NOTE: Participating delegations must present their negative PCR test, taken a maximum of 72 hours before entering the hotel



7. Registration Fee

Participating athletes: US \$ 125.00 each

Officers US \$ 125.00. each

- Payments for accommodation and registration will be made in cash in US dollars upon arrival of the delegations at the hotel prior to accommodation.

8. Competition Team

The equipment to be used will be ZKC brand

9. Final Verification

It will be held on November 2, 2021 at 5:00 p.m. at the hotel hosting the event

10. Meeting of Technical Officials

It will be held on November 2, 2021, at 6:00 p.m. at the hotel hosting the event

11. Doping Control

Doping control will be carried out by the ITA on behalf of the IWF for appointment of a sampling authority in accordance with the IWF Anti-Doping Rules.

12. Awards

- The three (3) best lifters in each bodyweight division in the men's and women's branches will be awarded in snatch, clean and jerk and total, with gold, silver and bronze medals.
- The three (3) best teams in the male and female branch will be awarded.
- The best male and female weightlifter will be awarded a Trophy.

13. Anthem / Flag.

- Please bring your flags and hymns and return at accreditation.

14. Technical Officials

All participating countries with a full team may accredit up to two (2) Referees with a valid international card; and the participating countries with incomplete teams will be able to accredit one (1) referee with a valid international card, to all of them the headquarters offers accommodation and meals at no cost. From the 1st to the 8th of November, departure date

15. Internal Transportation

The Organizing Committee will provide internal transportation throughout the event, from arrival to departure from Guayaquil to the participating delegations.

16. Travel insurance:

All participating Delegations are morally and financially responsible for their delegations in relation to their health and well-being and in case of any accident or damage they will not be attributed to the Organizing Committee.

17. Covid testing.

- The members of the delegations must present their negative covid test upon arrival at the hotel
- Prior to the departure of the delegations to their countries of origin, the PCR test must be carried out as a requirement for their return air flights, whose value per person is US \$ 45.



FELP
Federación
Ecuatoriana
de Levantamiento
de Pesas.

MINISTERIO DEL DEPORTE

ADDITIONAL DATA:

Weather forecast for the event dates: historical average 22 ° / 30 °

The electrical service voltage is 110v.

The legal tender is the US dollar

CONTACT INFORMATION:

Ecuadorian Federation of Weightlifting: federaciondelevdepesas@gmail.com

LUIS ZAMBRANO PRESIDENT FELP: luiszambrano24@yahoo.com

JOSE QUIÑONES PRESIDENT PANAMERICANA CELLULAR +51994516230

ECUADOR COORDINATOR: DIANA BALLADARES +593959719078



PRELIMINARY PROGRAM

Date	Day	Descripción		Hour	
nov-01	Monday	Arrival of delegations			
nov-02	Tuesday	CONGRESS OF THE PAN AMERICAN WEIGHTLIFTING FEDERATION		10:00	
		Final Verification Meeting		17:00	
		Technical meeting		18:00	
Date	Day	Branch	Categoría	Pesaje	Competencia
nov-03	Wednesday	Male	55 Kg	12:00	14:00
		Feminine	45 Kg	14:00	16:00
			INAUGURACIÓN		17:45
		Male	61 Kg	16:30	18:30
nov-04	Thursday	Feminine	49 Kg	10:00	12:00
		Male	67 Kg	12:00	14:00
		Feminine	55 kg	14:00	16:00
		Male	73 kg	16:00	18:00
nov-05	Friday	Feminine	59 Kg	10:00	12:00
		Male	81 Kg	12:00	14:00
		Feminine	64 kg	14:00	16:00
		Male	89 Kg	16:00	18:00
nov-06	Saturday	Feminine	71 Kg	10:00	12:00
		Male	96 Kg	12:00	14:00
		Feminine	76 Kg	14:00	16:00
		Male	102 kg	16:00	18:00
nov-07	Sunday	Feminine	81 Kg	8:00	10:00
		Male	109 Kg y +109 Kg	10:00	12:00
		Feminine	87 Kg y +87Kg	12:00	14:00
nov-08	Monday	Salida de las delegaciones			

Program subject to change according to final verification