

# International Weightlifting Federation Coaching and Research Committee



## Recognized Prior Learning\* (RPL) Guidelines

\*The IWF CRC RPL includes Recognized Prior Coaching (RPC)

The International Weightlifting Federation offers different levels of Coaching Courses. Some weightlifting coaches may have acquired coaching competency in the sport of weightlifting through practical experience, or by completing national weightlifting coaching courses. The IWF recognizes prior learning or coaching experiences and offers the following pathway for RPL.

A decision in Recognized Prior Learning (RPL) guidelines was made that in cases where a Coach has completed Member Federation's Coaching Courses, it is possible to apply RPL rule for participation of IWF Level 1 course. When the MF recommends that a coach has completed a higher level MF-Coaching Education Course, the coach may move forward to IWF Level 2 when the following points have been fulfilled:

- Coach has studied IWF Level 1 material on his/her own and passed an online assessment test
- Coach has passed previous MF Coaching Education Courses
- MF applies for advancement to Level 2
- Application to be reviewed by CRC based on sanction from MF

When the MF has no current Coaching Education program, RPL cannot be applied. In this case the IWF offers to give a Level 1 Coaching Course in the MF.