



FEDERACIÓN COLOMBIANA DE LEVANTAMIENTO DE PESAS
JUNIOR PAN AMERICAN CHAMPIONSHIP
CLASIFICACION FOR PAN AMERICAN YOUTH GAMES
MANIZALES-CALDAS COLOMBIA
FROM 20 AL 28 TO NOVEMBER DE 2020.



JUNIOR PAN AMERICAN CHAMPIONSHIP
CLASIFICACION FOR PAN AMERICAN YOUTH GAMES
MANIZALES-COLOMBIA
FROM NOVEMBER THE 20TH TO 28TH, 2020

FEDERACION COLOMBIANA DE LEVANTAMIENTO DE PESAS
Carrera 39 9-31 Santiago de Cali. Fedepesascalombia@gmail.com



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Santiago de Cali, September 09th 2020

DEAR

PRESIDENTS

NATIONAL WEIGHTLIFTING FEDERATIONS OF PAN AMERICA

The Colombian Weightlifting Federation, by designation of the Pan American Weightlifting Federation, has the commitment to organize the Pan American Junior Championship CLASIFICATION FOR PAN AMERICAN JUNIOR GAMES that will be celebrated in Manizales-Caldas, COLOMBIA from November the 20th to 28th, 2020.

For this reason, we allow ourselves to invite the National Federations of the continent to participate in the Junior Pan American Championship.

The Regulations of the champions are attached.

Manizales tourist city for excellence, put in disposition the hospitality, and people`s human heat, its hotel and sports infrastructure and the desire to serve the visitors.

Kind regards,

WILLIAM PEÑA
President



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GENERAL CONDITIONS

1. RULES AND REGULATIONS OF THE COMPETITION

The competitions will be held in accordance with the IWF Constitution and By-Laws and IWF Technical and Competition Rules and Regulations and will be under the control of the Pan American Federation.

Athletes born between 01 January 2000 and 31 December 2005 (aged 15 - 20 years). In accordance with Article 5.6.5 of the IWF Anti- Doping Policy an Athlete who is not listed on the IWF's Registered Testing Pool but wishes to participate in an IWF Event shall provide accurate and complete whereabouts information as set out at Annex I of the International Standard for Testing and Investigations for a period of at least two months prior to the IWF Event in question and in this case, not later than 23th September 2020. An Athlete who does not comply with this provision is not eligible to compete at the IWF Event. Member Federations who have arrears to the PAWF are not permitted to compete.

Only athletes nominated by their National Federations affiliated to the Pan American Weightlifting Federation are allowed to compete.

2. PLACE OF COMPETITION AND TRAINING

The competition and training will be staged in the coliseum "**RAMON MARIN VARGAS**" in **Manizales city**.

The Enrollment Verification Meeting will take place on November 22 at 6:00 PM, in the special events room of HOTEL LAS COLINAS.

The training hall will available after November the 22th, 2020, from 9:00 am, the same as the venue.

3. DATE OF THE EVENT

ARRIVAL OF DELEGATIONS: November the 20th, 2020.

DEPARTURE OF DELEGATIONS: November the 28th, 2020.



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4. EVENTS

The categories in which will be competed are those established by the IWF, FOR JUNIOR BODY WEIGHT CATEGORY:

FEMALE: 45Kg,49Kg, 55Kg, 59Kg, 64kg, 71kg, 76kg,81Kg, 87kg, + 87Kg.

MALE: 55Kg, 61Kg, 67Kg, 73Kg, 81Kg, 89Kg, 96Kg, 102Kg,109Kg y +109Kg.

5. ENTRIES

a. PRELIMINARY ENTRY

The organization will be received preliminary registrations until September 20th, 2020.

b. FINAL ENTRY

The final entries will be received until October 20th, 2020.

The entries can be sent:

a) By mail: Colombian Weightlifting Federation, Carrera 39 9-31 – headquarters of the FEDERACIÓN COLOMBIANA DE LEVANTAMIENTO DE PESAS.

b) E-mail: fedepesascolombia@gmail.com

eventosfedepesascol@gmail.com

c) Pan American Weightlifting Federation
eventos@pesasamerica.org



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ENTRY FEE:

US\$125 / person (including Special Anti-Doping Fee) shall be paid by each delegation for all their athletes and officials.

TRANSFERS TO:

BANCO DE COLOMBIA

SAVINGS ACCOUNT 787-289438-14

SWIFT COLOCOB-M

Oficina Av Roosevelt # 25-67 Cali (Valle del Cauca).

FEDERACION COLOMBIANA DE LEVANTAMIENTO DE PESAS

NIT 890480912-1

c. ACCREDITATIONS

The accreditations will be given at the arrival of the delegations, for which it is requested to send a copy of the passport and passport type photo, with preliminary registration.

6. FINANCIAL CONDITIONS

-DOUBLE OR TRIPLE ROOM: US\$90 per person per night (3 meals/day, airport transfer, accreditation).

-SINGLE ROOM: US\$140 per person per night (3 meals/day, airport transfer, accreditation).

-Minimum 4 days of stay per person.

The delegations will stay at the COLINAS HOTEL in Manizales-Caldas, Colombia.

7. COMPETITION EQUIPMENT

The Competition equipment of the JUNIOR PAN-AMERICAN Championship will be Eleiko endorsed by the International Weightlifting Federation (IWF).

8. FINAL VERIFICATION.

The Final Verification will be on **NOVEMBER THE 22TH** at **18:00 HOURS** in the **special events room in COLINAS HOTEL**

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9. TECHNICAL OFFICIALS MEETING

This will take place on **November 22th at 19:00 hours.**

10. DOPING CONTROL

Doping Controls will be carried out by ITA on behalf of IWF by an appointed sample collection authority in accordance with the IWF Anti-Doping Policy.

11. AWARD

- Snatch, Clean & Jerk and Total will be awarded with gold, silver and bronze medals for the First, Second and Third place respectively.
- A trophy will be awarded for the best three team in men and women
- A trophy will be awarded for the best lifter in Men and Women.

12. TECHNICAL OFFICIALS

The officials will be appointed by the Pan American Weightlifting Federation and will be free of charge of room and board during the event.

13. COMPETITION SOFTWARE SYSTEM.

People in charge of the competition software system

German Felipe Arias Espinosa

Manuel Arias Espinosa

William Arias Espinosa

14. INTERNAL TRANSPORTATION

The Organizing Committee will provide internal transportation during the event, from arrival to return.

Any question, please send to:

fedepesacolombia@gmail.com

eventosfedepesacol@gmail.com

eventos@pesasamerica.org

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15. ORGANIZING COMMITTEE
FEDERACION COLOMBIANA DE LEVANTAMIENTO DE PESAS
WILLIAM PEÑA
PRESIDENT
CEL +57 300-5261815
fedepesacolombia@gmail.com
eventosfedepesacol@gmail.com

ANA EDURNE CAMACHO
TREASURER
CEL +57 3138652001

LUZ ÁNGELA MUÑOZ
MANAGEMENT SUPPORT COORDINATOR
CEL +57 318-7584108

MYRIAN ANDREA PEÑA
SYSTEMS AND ACCREDITATION COORDINATOR
CEL +57 300 8246938

FEDERACION PANAMERICANA DE LEVANTAMIENTO DE PESAS
eventos@pesasamerica.org

The airport is called La Nubia (MZL)

The weather in Palmira is around 22 and 27 Celsius

The electricity is 110 watts

The local currency is Peso Colombian and the exchange rate is around 3,800 per dollar

COMPETITION CALENDAR

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NOV 20	FRIDAY	Arrival of Delegations				
NOV 21	SATURDAY	09:00	CONGRESO FEDERACION PANAMERICANA			
NOV 22	SUNDAY	18:00	Final Verification of Registrations			
		19:00	Technical Officials Meeting			
DATE	DAY	GROUP	CATEGORY	WEIGH ING	COMPETITION	
NOV 23	MONDAY	MEN	55kg	12:00	14:00hours	
		WOMEN	45KG	14:00	16:00hours	
		OPENING CEREMONY 15:00				
		MEN	61kg	16:00	18:00	
NOV 24	TUESDAY	WOMEN	49kg	12:00	14:00	
		MEN	67kg	14:00	16:00	
		WOMEN	55kg	16:00	18:00	
NOV 25	WEDNESDAY	MEN	73kg	12:00	14:00	
		WOMEN	59kg	14:00	16:00	
		MEN	81kg	16:00	18:00	
NOV 26	THURSDAY	WOMEN	64Kg	12:00	14:00	
		MEN	89kg y 96Kg	14:00	16:00	
		WOMEN	71kg y 76kg	16:00	18:00	
NOV 27	FRIDAY	MEN	102kg,109kg y +109kg	12:00	14:00	
		WOMEN	81kg,87kg +87kg	14:00	16:00	
NOV 28	SATURDAY	Departure of Delegations				
SUBJECT TO CHANGES DURING FINAL VERIFICATION						

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