

**CAMPEONATO *SUB-17* PANAMERICANO**

★ WINSTON-SALEM, NORTH CAROLINA, USA ★

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**PAN AMERICAN *YOUTH* CHAMPIONSHIP**

★ WINSTON-SALEM, NORTH CAROLINA, USA ★

**President/General Secretary  
National Weightlifting Federations of the Pan American Region.**

Dear President or General Secretary:

It is with great honor we invite you to join us in Winston Salem for the occasion of the 2020 U17 Pan American Championships. The event will be held in Winston Salem, North Carolina, USA

**I must implore all federations to start their visa process as soon as possible, please email our federation for assistance where you need, we will not hesitate to provide it.**

While Winston Salem is a smaller city in the United States, we hope you will make the additional effort to come to this outstanding small city in the heart of the Southern USA.

We ask you to bring your fullest team, and make this a festival of Weightlifting in our great continent.

Alongside the event, our domestic American Open Series 2 and our National Youth Championship will occur, please stay and enjoy this competition as our guest. Additional lifters with the permission of your federation only may enter this competition if you wish.

We look forward to welcoming you to North Carolina this June.

Yours in Sport,



Phil Andrews  
CEO/General Secretary  
USA Weightlifting

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## **COMPETITION RULES & REGULATIONS**

The competition will be run in accordance with the IWF TCRR 2020.

## **TERMS AND CONDITIONS OF PARTICIPATION**

Accredited participants: athletes, team officials, Technical Officials (TOs), media, guests etc:

Agree to acknowledge and fully comply with the IWF and PAWF Constitution, Bylaws, TCRR and Anti Doping Policy (ADP).

Agree to abide by all reasonable directions given by the PAWF, TOs, Organizing Committee or IWF.

Agree to be filmed, televised, photographed, interviewed and otherwise recorded during the Event for the purpose of media coverage and promotion of the sport.

Agree that any images taken by authorized photographers are to be used without restriction by the Organizing Committee, PAWF, IWF including any media rights holders.

Agree to accept any prize or award given by the PAWF and/or Organizing Committee and/or Sponsors and will attend all special award ceremonies where prizes or awards are presented.

Agree to attend a press conference at the request of the PAWF or Organizing Committee.

Agree to not participate in, support or promote illegal betting.

Guarantee to participate in the event with the permission of their parent or guardian in the event of them being a minor .

Guarantee to irrevocably release USA Weightlifting, International Weightlifting Federation, Pan American Weightlifting Federation, United States Olympic & Paralympic Committee, and all associated venues and hotels from liability from any loss, injury or damage that they may suffer in relation to their participation in the event.

Guarantee that they participate in the event at their own risk and take all reasonable measures to protect themselves from any risks are responsible for all property they bring into the Event and that the PAWF and/or the Organizing Committee have no responsibility for loss or damage.

Guarantee that they have availed all participants of sufficient insurance coverage for this Event, including Medical Insurance coverage.

Guarantee that all participating medical personnel accompanying teams are licensed and accredited in their home nation and provide such proof if required.

Guarantee and acknowledge that by not following the above mentioned terms and conditions, sanctions may be imposed. Member Federations participate at their own risk and must undertake full moral and financial responsibility for their registered/accredited delegates with regard to their health and wellness and in case of accidents or damages not due to the negligence of the Organizing Committee.

## **ELIGIBILITY**

Athletes born between 1 January 2007 and 31 December 2003 (aged 13 years to 17 years, inclusive) are eligible to participate. In accordance with article 5.6.5 of the IWF Anti-Doping Policy, an Athlete who is not listed on the IWF's Registered Testing Pool but wishes to participate in an IWF Event shall provide accurate and complete whereabouts information as set out at Annex I of the International Standard for

Testing and Investigations for a period of at least two months prior to the IWF Event in question (by April 24).

An Athlete who does not comply with this provision is not eligible to compete at the IWF Event.

Member Federations who have arrears to the PAWF are not permitted to compete.

### **ACCOMMODATION**

All delegation members will be accommodated in:

**Embassy Suites Winston Salem\***, 460 N Cherry St, Winston-Salem NC, 33194, USA.

Single - \$140

Double - \$90

Triple - \$90

Minimum stay of (3) THREE Nights.

Nations are obliged to pay the amount declared at the Final Entry Deadline.

\*Note an alternative accommodation venue may be provided due to capacity limitations, Federations will be informed as soon as is reasonably possible.

### **VENUES**

All training and competition will take place in the venue as follows:

**Benton Convention Center**, 301 W 5<sup>th</sup> Street, Winston Salem, North Carolina, USA.

### **AIRPORT TRANSPORTATION**

Transportation will be provided to and from **Greensboro Airport (GSO)** Only. Delegates arriving to other North Carolina Airports must make their own way to the venue.

### **EVENTS**

Medals will be contested in the Snatch, Clean & Jerk and Total.

Men: 49kg, 55kg, 61kg, 67kg, 73kg, 81kg, 89kg, 96kg, 102kg and +102kg.

Women: 40kg, 45kg, 49kg, 55kg, 59kg, 64kg, 71kg, 76kg, 81kg, and +81kg.

### **ENTRIES**

Preliminary Entry Forms (inclusive of Preliminary Accommodation & Transport Request) must be submitted to the Organizing Committee no later than **20 April 2020**.

Final Entry Forms (inclusive of Preliminary Accommodation & Transport Request) must be submitted to the Organizing Committee no later than **20 May 2020**. **No Late Entries will be accepted.**

**Passport Copies and e-photo Headshots must be sent with the Final Entries.**

Media Accreditation Forms must be submitted to the Organizing Committee no later than **20 May 2020**.

**ALL FORMS MUST BE SENT TO THE FOLLOWING EMAIL ADDRESSES:**

[usaw@usaweighting.org](mailto:usaw@usaweighting.org)

[administrator@panawf.org](mailto:administrator@panawf.org)

### **SPORT EQUIPMENT**

IWF certified barbells will be used during this event.

### **DOPING CONTROL**

Doping Controls will be carried out by ITA on behalf of IWF by an appointed sample collection authority in accordance with IWF Anti-Doping Policy

### **FINANCIAL CONDITIONS**

1. Accommodation, Transportation and Meals Fees are as follows:

Triple: \$90

Double: \$90

Single: \$140

2. Participants must accept accommodation offered in the hotel by the Organizing Committee for a minimum of three (3) nights.

3. Entry fee of \$175 must be paid by each athlete delegation member, or \$125 for non-athlete delegation members.

### **PAYMENTS**

A minimum of 30% of the total must arrive by 5pm US Eastern Time (GMT – 5 hours) on **20 May 2020** to the account of USA Weightlifting. If you are paying by wire transfer (preferred), please ask your bank and consider the time it takes to process the transfer in order for it to arrive ahead of this deadline.

***Federations who do not pay the 30% minimum by 20 May 2020 may be removed from the event.***

***All participants must pay the remaining payment (70%) on or before they check in to the accommodation or receive their credential.***

***No accommodation or credential is guaranteed until the full amount is received by the organizing committee. 30% deposit is non-refundable.***

### **NO-SHOWS**

If one or more delegation participants do not arrive on the date specified on the final entry form, and have not informed USA Weightlifting in writing a minimum of 10 business days before the arrival, the delegation must pay in full for their stay to the Organizing Committee, previous to the accreditation. This charge is required by the hotel from the Organizing Committee. If one or more participants are delayed one or more days, the delegation must pay all of the days specified in the final entry form.

### **PROOF OF PAYMENT**

Please send no less than 15 (fifteen) days prior to the event, the bank document that accredits the funds transfer to [usaw@usaweightlifting.org](mailto:usaw@usaweightlifting.org) in order that we may validate your payment with our bank.

Account Name: **USA Weightlifting, Inc.**

Account Number: **000000220536723**

Bank Name: **JP Chase Morgan Bank NA**

Branch: **2696 S. Colorado Blvd, Suite 105, Denver, CO 80222, USA**

Routing Number (Wires): **021000021**

SWIFT: **CHASUS33**

Routing Number (ACH Transfer): **102001017**

Contact at Bank: **David Servatius**, [david.o.servatius@chase.com](mailto:david.o.servatius@chase.com)

All payments are to be made in US dollars currency. Any bank charges for transfers or other transactions are the responsibility of the Member Federation. No accommodation or accreditation will be permitted to any member of the delegation until all funds have been paid in full to the above bank account.

If you require additional accommodation after the 28 June 2020, the Organizing Committee will use their best efforts to provide but this cannot be guaranteed. Cancellations will not be accepted after 20 May 2020 and refunds cannot be given.

### **VISAS FOR ENTRY TO THE UNITED STATES OF AMERICA**

Visas for entry to the United States of America can be obtained from the US Embassy servicing your nation.

Please see separate letter regarding visas to the United States of America.

### **INSURANCE**

All participating member federations must undertake full moral and financial responsibility in of the registered athletes/delegates/personnel with regard to their health and wellness and in case of accidents or damages.

### **ACCREDITATION**

Accreditation will take place onsite at the Benton Convention Center on arrival. **For fast processing, please provide all e-photo headshots, passport copies and payment at least 15 days before arrival to [usaw@usaweightlifting.org](mailto:usaw@usaweightlifting.org)**

### **FLAG AND NATIONAL ANTHEM**

Each participating team is requested to bring a USB drive with their National Anthem and two (2) flags of their nation measuring 1m x 1.5m. These must be submitted by the team leader at the time of accreditation.

### **WEBCAST**

The event will be webcast live on [www.usaweightlifting.org](http://www.usaweightlifting.org) – please feel free to share with Weightlifting fans in your country. The direct link will be <http://www.teamusa.org/usa-weightlifting/live>

### **WEATHER IN WINSTON SALEM, NORTH CAROLINA, USA**

The average temperature in Winston Salem NC, USA at that time ranges between 21 degrees Celsius and 30 degrees Celsius, with some rain showers likely.

### **ABOUT THE HOST CITY: WINSTON SALEM, NORTH CAROLINA, USA**

Time Zone: US Eastern Time (GMT -5)

Power: 120v/60Hz – Plug Types A & B. See: <http://whatplug.info/from/usa/>

Information: [www.visitwinstonsalem.com](http://www.visitwinstonsalem.com)

### **CONTACT INFORMATION**

For more information contact USA Weightlifting, [usaw@usaweightlifting.org](mailto:usaw@usaweightlifting.org)

+1 719-866-4508. 1 Olympic Plaza, Colorado Springs, Colorado, 80909, USA.

Website: [www.usaweightlifting.org](http://www.usaweightlifting.org)

Follow for Information: [www.facebook.com/USAWeightlifting](https://www.facebook.com/USAWeightlifting) [www.twitter.com/USWeightlifting](https://www.twitter.com/USWeightlifting)

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**PRELIMINARY PROGRAM**

Please note the program may change after the Verification of Final Entries meeting. It is the responsibility of the member federation to check the Start Book for any changes to the schedule or groups.

Preliminary Program				
Day	Date	Activity/Hour		
Monday	22-Jun	Arrival of the Delegation		
Tuesday	23-Jun	Final Verification Meeting 08:00		
Tuesday	23-Jun	Technical Officials Meeting 09:00		
Tuesday	23-Jun	Pan American Congress 10:00		
Tuesday	23-Jun	Opening Ceremony 18:00		
		Division	Weigh In	Compete
Wednesday	24-Jun	F 40 & 45kg	12:00	14:00
Wednesday	24-Jun	M 49kg	14:00	16:00
Wednesday	24-Jun	F 49kg	16:00	18:00
Thursday	25-Jun	M 55kg	12:00	14:00
Thursday	25-Jun	F 55kg	14:00	16:00
Thursday	25-Jun	M 61kg	16:00	18:00
Friday	26-Jun	F 59kg	12:00	14:00
Friday	26-Jun	M 67kg	14:00	16:00
Friday	26-Jun	F 64kg	16:00	18:00
Saturday	27-Jun	M 73kg	12:00	14:00
Saturday	27-Jun	F 71kg & 76kg	14:00	16:00
Saturday	27-Jun	M 81kg & 89kg	16:00	18:00
Sunday	28-Jun	M 96kg	10:00	12:00
Sunday	28-Jun	F 81kg & +81kg	12:00	14:00
Sunday	28-Jun	M 102 & +102kg	14:00	16:00
Sunday	28-Jun	Closing Ceremony 8pm		
Monday	29-Jun	Departure of the Delegation		