

# IWF Education Program



**Congress**  
**7 March 2019**  
**Las Vegas**

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- Anti-Doping E-Learning Platform
  - <https://iliftclean.com/>
  - Working well
- Opportunity to welcome newcomers to our sport in an online platform for Coaches
- Showcase our sport to newcomers, to share our Olympic Spirit and fairplay attitude

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- New material to be produced for the platform aiming for a safe and ethical approach on how to start strength training with children and youth
- Free platform learning available in many languages works as stepping stone for Level 1 and 2 courses
- Assessment after each module, certificate at the end
- CRC and DEC working on this project currently
- Next update at Senior World Championships

# IWF Education Program



- Publication Corner on IWF Website
  - Everyone with a passion for Olympic weightlifting can learn and share knowledge
  - The aim is to provide knowledge from expert contributors around the world via our website
- Coaches' Corner: informal publications
- Scientific Corner: formal publications
- Articles approved by IWF CRC