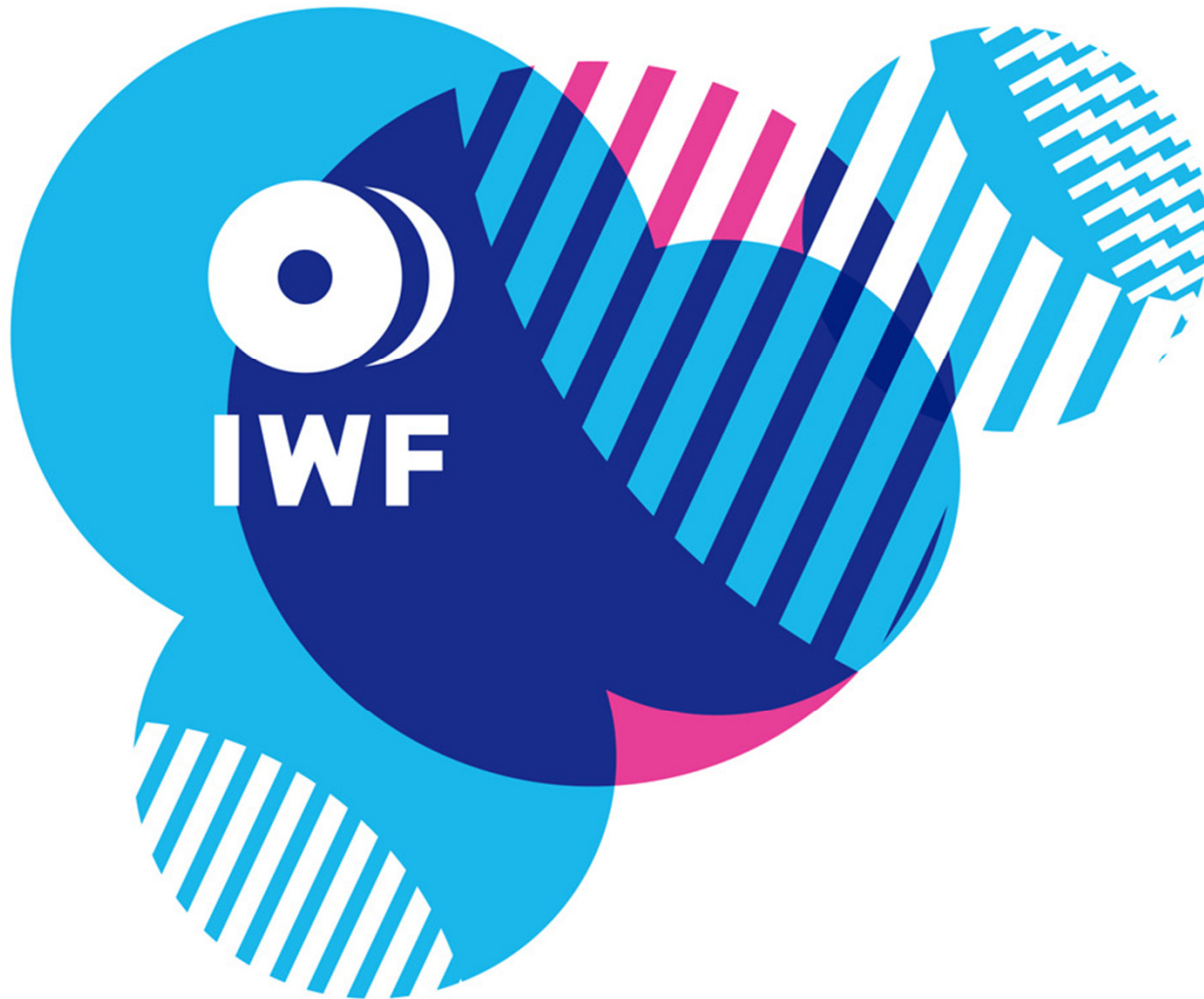


IWF Education Program



Congress
7 March 2019
Las Vegas

IWF Education Program



- Anti-Doping E-Learning Platform
 - <https://iliftclean.com/>
 - Working well
- Opportunity to welcome newcomers to our sport in an online platform for Coaches
- Showcase our sport to newcomers, to share our Olympic Spirit and fairplay attitude

IWF Education Program



- New material to be produced for the platform aiming for a safe and ethical approach on how to start strength training with children and youth
- Free platform learning available in many languages works as stepping stone for Level 1 and 2 courses
- Assessment after each module, certificate at the end
- CRC and DEC working on this project currently
- Next update at Senior World Championships

IWF Education Program



- Publication Corner on IWF Website
 - Everyone with a passion for Olympic weightlifting can learn and share knowledge
 - The aim is to provide knowledge from expert contributors around the world via our website
- Coaches' Corner: informal publications
- Scientific Corner: formal publications
- Articles approved by IWF CRC