

Implementation of the Clean Sport Commission's recommendations

Executive Board meeting, IWF
Congress – Ashgabat - October 2018

Recommendations of the first report



- Submitted to the EB in November 2017 – **unanimously approved** on 25 November
- **Recommendations were related to**
 - Anti-Doping rules
 - Testing
 - Athlete Support Personnel
 - Sample analysis
 - Anti-Doping Education
- EB also agreed that the Commission should stay on for four years to review and assist implementation
- Second report was submitted to the IOC on 15 June 2018
- **Third report requested by the IOC by 15 November 2018**

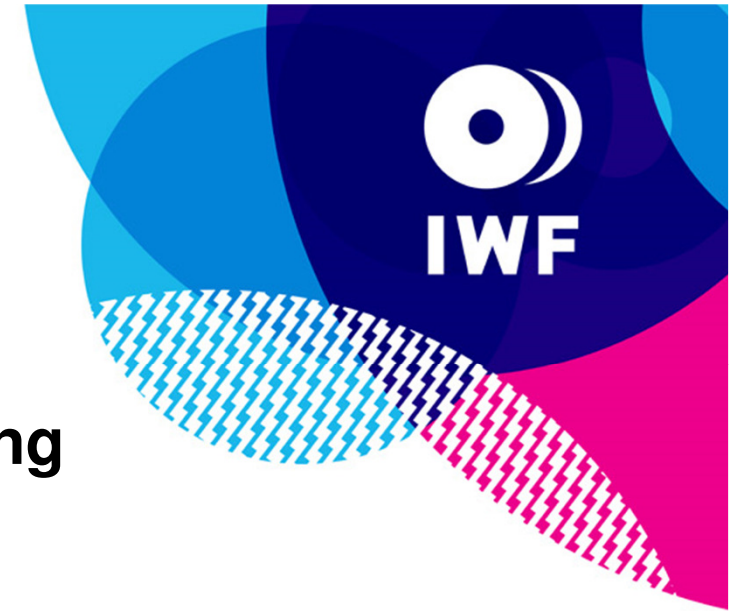
Recommendations

Anti-Doping Rules



- **IWF Anti-Doping Policy 2018**
 - Effective with 15 April 2018
 - Contains all the recommendations -> all recommendations related to rule changes have been implemented
 - **Independent Member Federations Sanctions Panel** appointed by the Executive Board
 - **Richard YOUNG**
 - **Andrea GOTZMANN**
 - **Ulrich HAAS**
 - **Andrew PIPE**
 - **Ben SANFORD**
- Introduction of two further provisions in June 2018 – notification to Member Federations prior to entry in force
 - MFs' obligation – efficient no advance notice OOC testing
 - AD Education

Recommendations Testing



- **Increased out-of-competition testing**
- Agreement with **CCES**
 - More detailed and sophisticated Test Distribution Plan
 - Bigger network of Sample Collection Authorities involved
 - The number of OOC tests has been constantly significantly higher throughout 2018

Recommendations

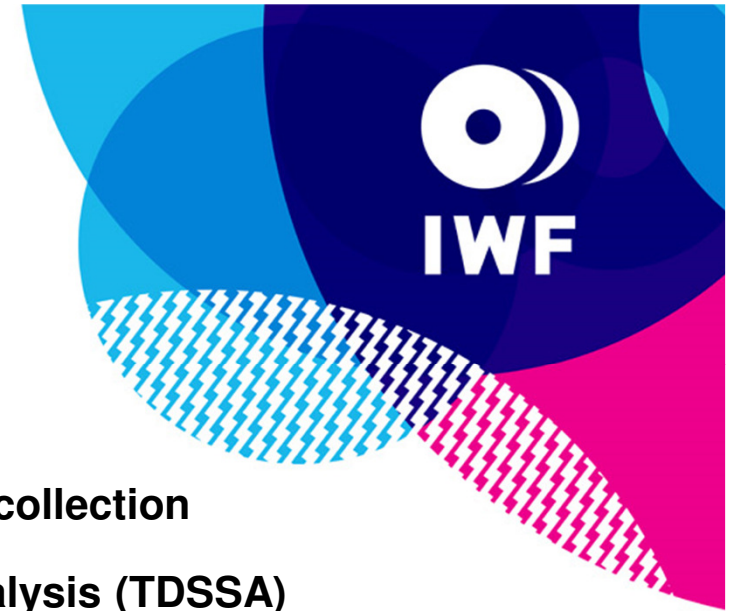
Athlete Support Personnel



- **2018 Anti-Doping Policy – Member Federations to provide the IWF with information about Coaches, Doctors etc affiliated to**
 - National Team Athletes
 - Athletes in the International Registered Testing Pool
- **Prior to the report**
 - As of 2015 mandatory registration of Athletes' Entourage for IWF Events
 - Information about Coaches available on Doping Control Forms
 - Information available through previous investigations
- **Assessment and comparision of data -> investigations with the assistance of the I&I Department of WADA**
- **CURRENT NUMBERS IN THE ADC REPORT**

Recommendations

Sample Analysis



- **Reallocation of resources with the decrease of blood collection**
- **The WADA Technical Document for Sport Specific Analysis (TDSSA)**
 - Defines Minimum Level Analysis for each substance per Sport/Discipline
 - Blood analysis in Weightlifting – Growth Hormone (hGH)
 - Minimum Level as per TDSSA was 15% until 1 January 2018
 - **IWF submitted application to the TDSSA Expert Group and WADA**
 - **Request of increase in analyses for emerging drugs enhancing muscle growth and potentially beneficial for weightlifters and most sensitive methods for Stanozolol and Trenbolone detection**
 - **Request of decrease in hGH blood analysis from 30% to 15%**

Recommendations

Sample Analysis



- **Application included:**
 - Analysis plan -> focusing on targeted analysis for emerging drugs in weightlifting synchronized with state-of the art OOC targeting
 - Supporting Documentation of the scientific validity of the IWF analysis plan
 - The 2018 IWF Test Distribution Plan – both IC and OOC
 - Testing Statistics as of 2015
 - A description of the IWF's currently administered Anti-Doping Program
- **The TDSSA Expert Group and WADA GRANTED the IWF's application**
 - For a period of **two years** starting **with 1 January 2018**
 - Under the **condition** that the **IWF carries on with the currently applied analysis program** proposed by the CSC and accepted by the EB
 - And **reports to WADA** again on the related progress **by March 2019**

Recommendations

Anti-Doping Education



- Detailed information in the report of the Anti-Doping Commission



**Thank you for
your attention!**