

Summary of the Medical Committee Meeting

The IWF Medical Committee conducted a fruitful meeting on 3rd July 2018 in Tashkent.

- **Attended** – Mike Irani, Parameth Ladpli, Fathi Masmoudi, Zurab Kakhbrishvili, Patrick Schamasch
- **Via Skype** – Dominik Doerr, Dogan Atlihan, Maria Dolores Rubio
- **IWF Secretariat** – Eva Nyirfa, Lilla Sági, Réka Földesi

The Agenda covered several topics, which will be key challenges for the IWF in the upcoming months:

- The Medical Committee discussed health effects on athletes of the bodyweight category changes. The Committee highlighted the risks for the athletes gaining or losing weight to comply with the new categories.
The new bodyweight categories were welcomed by the Members. The proposal prepared by the IWF Bodyweight Categories Working Group was based on scientific evidence also assisted by two Members of the Medical Committee, Mr. Mike Irani and Mr. Mark Lavallee.
- Mr. Irani emphasized the importance of the Transgender Policy of the International Olympic Committee. The main goal of the IWFs' Medical Committee is to focus on weightlifting specific aspects, creating the IWFs' own Transgender Policy.
The IWFs Guideline shall be drafted for the next Medical Committee Meeting held in Ashgabat at the IWF 2018 WWC.
- The Committee also discussed the system of Electronic Medical Records which will be used to manage health data including the injury reports of the athletes. The

establishment of electronic injury reports shall be introduced in order to assure a proper and professional medical treatment for athletes on competition sites in compliance with the new general data protection rules.

- Concerns were raised by the Members regarding the support of Medical Doctors by the Member Federations and Continental Federations.