

2020 West Asian Weightlifting Championships
(Qualification Event for 2020 Tokyo Olympic Games)
25th - 29th Feb 2020, Dubai, Uae
REGULATIONS

COMPETITION RULES AND REGULATIONS

- Competitions will be held in accordance with IWF Technical and Competition Rules & Regulations (TCRR).
- Provide us with passport copies for delegations who are unable to obtain a UAE visa before 25th Dec, 2019
- The Organizing Committee should be informed of the date and place of arrival in UAE and the details of the trip before 25th Jan 2019.

Competition Venues & training venue

Competition Site: Dubai - Al Mizhar Sports Club

Training Site: Dubai - Al Mizhar Sports Club

Bodyweight categories:

Women: 45kg , 49kg , 55kg , 59kg , 64kg , 71kg , 76kg ,81kg ,87kg ,+87kg

MEN: 55kg , 61kg , 67kg , 73kg , 81kg , 89kg , 96kg , 102kg , 109kg , +109kg

ENTRIES

Preliminary Entry, team accommodation, transportation, Media Forms must be submitted to the Organizing Committee by email: uaewf@eim.ae before 25/12/2019.

Final Entry, Forms must be submitted to the Organizing Committee before 25/01/2020.

*All Forms must be sent together with the electronic photo (3x4, with white background) and passport copies before deadline by email: uaewf@eim.ae

BARBELL

ZHANGKONG barbells will be used during both competitions and training.

DOPING CONTROL:

Doping controls will be conducted in accordance with the IWF Anti-Doping policy.

ELIGIBILITY:

Participating athletes must be 15 Years age and over the birthday 2005 or earlier.

With reference to Article 5.6.5. of IWF Anti-Doping Policy 2018, an Athlete who is not listed on the IWF's Registered Testing Pool but wishes to participate in an IWF Event shall provide accurate and complete whereabouts information as set out at Annex I of the International Standard for Testing and Investigations for a period of at least two months prior to the IWF Events in question (by 26 December 2019).

An athlete who does not comply with this provision is not eligible to compete at the IWF Event.

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FINANCIAL CONDITIONS

1. Participation fee including accommodation and meals are as follows:
 - Single Room 140 USD\$ Per person, Per night
 - Double Room 120 USD\$ Per Person, Per night
2. Entry Fee is 100 US\$ per person except for the “Technical Official” who are selected to officiate at the competitions to be paid at once.
3. IWF Anti-Doping Fee is 30 USD Per Lifter
4. All payment must be settled to the Organizing Committee upon arrival at the Accreditation Center in USD in cash.

Accommodation

Details to be announced later.

TRANSPORTATION

The organized committee will provide shuttle buses Dubai International Airport and the hotels and the local transportation service between the hotel and venues of competitions/training and meetings according to the schedule which will be announced to the teams on competition of accreditation process.
Each delegation must send their flight details to organizing committee on time.

INSURANCE

According to IWF regulations, all participants must be under insurance coverage for travel and accident/injury by their respective number Federations/Association before their departure from their hometown.

AWARDS

Gold, Silver and Bronze Medals will be awarded in the Snatch, Clean & Jerk and total in each bodyweight category.
Team trophies will be awarded to the best six teams respectively for both Men’s and women’s competitions in accordance with IWF team classification.
Trophies will be awarded to the best Lifter in the Men’s and Women’s event.

VISA

Visa entry to UAE could be obtained from the UAE Embassy in the respective countries by presenting the Official Invitation for the said Championship.

FLAG AND ANTHEM

Each participating team is kindly requested to bring along a CD of their National Anthem and 2 National Flags 1.2 x 1.8 m.
These items must be submitted upon arrival/ accreditation.

ACCREDITATION

The accreditation of the delegations will take place at the organization committee office at the hotel. Please note that Accreditation will be valid only for the days registered on the Accreditation Card at the Accreditation Centre and will be issued only after Full Payment of participation and Entry Fees.

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AVERAGE TEMPERATURE IN UAE - Dubai: 23° / 28° C

CURRENCY RATE: 1 US Dollar = 3.67 AED

ELECTRICITY: 220 Volt.

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SCHEDULE

Finally we would like to welcome you in the peaceful, Safe & Love country / UAE

West Asian Weightlifting Championship 2020, UAE - Dubai (25th - 29th Feb, 2020)

COMPETITION SCHEDULE AND PROGRAM

The schedule can be changed, depend of number of participants

Championships Director: Mr. Faisal Yousif ALHAMMADI

Day	Date	Time	Program
Tuesday	25 Feb	-----	Arrival of delegation
		19:00	Verification of the final Entries
		20:00	Technical officials meeting
Wednesday	26 Feb	10:00	Women Competitions Categories 45kg - 49kg-55kg
		14:00	Women Competitions Categories 59kg-64kg - 71kg
		17:00	Opening Ceremony
		18:00	Women Competitions Categories 76kg-81kg
Thursday	27 Feb	11:00	Women Competitions Categories 87kg- +87kg
		16:00	Men Competitions Categories 55kg-61kg
		18:00	Men Competitions Categories 67kg - 73kg
Friday	28 Feb	10:00	Men Competitions Categories 81kg - 89kg
		14:00	WAE Executive Board Meeting
		16:00	Men Competitions Categories 96kg - +102kg
Saturday	29 Feb	14:00	Men Competitions Categories 109kg - +109kg
		17:00	Closing Ceremony and Banquet
Sunday	1 st , March	All Day	Departure Of Delegations

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FURTHER INFORMATION:

Please contact:

Emirates Weightlifting Federation

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Championships Director:

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West Asia Weightlifting Federation

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