



2020 ASIAN YOUTH & JUNIOR WEIGHTLIFTING CHAMPIONSHIPS
(Qualification Event for 2020 Tokyo Olympic Games)
13 – 19 February, 2020, Tashkent, Uzbekistan

OFFICIAL INVITATION

To: President/General Secretary
AWF Member Federations/Associations

Dear Sir/Madam,

On behalf of Uzbekistan Weightlifting Federation and the Organizing Committee, it is our pleasure to invite you to the 2020 Asian Youth and Junior Weightlifting Championships under the patronage of the Asian Weightlifting Federation.

The Championships will be held in the beautiful and sunny city of Tashkent, Uzbekistan on February 13-19, 2020.

The Uzbekistan Weightlifting Federation is proud to host this 2020 Asian Youth and Junior weightlifting competitions and the Organizing committee will do its utmost to offer the best facilities in order to make this one of the most successful and memorable event.

We are looking forward to welcoming you in Tashkent!

With best regards,

Shakhrillo Makhmudov
First Vice-President of Uzbekistan Weightlifting Federation
Vice-President of Asian Weightlifting Federation
Executive Board Member of International Weightlifting Federation



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REGULATIONS

1. Dates and Place

13th – 19th February 2020 in Tashkent city, Uzbekistan

2. Competition Venue & Training Venue

Uzbekistan Sport Complex, Tashkent city, Yunusabad town, Iftikhor street #1

3. Accommodation

- Uzbekistan Hotel ****
- International Tashkent hotel *****

Participants must accept accommodation to stay at the following hotel offered by the Organizing Committee. A minimum stay of 4 (four) nights is required for all participants.

4. Financial Conditions

Single room: USD 140 per person per day, with three meals

Double room: USD 120 per person per day, with three meals

Entry fee:

- Athletes:

JUNIOR: USD 170 per person, includes USD 50 IWF Special Anti-Doping Fee

YOUTH: USD 170 per person, includes USD 50 Special Anti-Doping Fee

- Delegates, Team Officials & Media:

USD 120 per person

The entry fee must be paid by each delegation member for both competitions.

5. Methods of Payment

All payment must be paid by US dollars cash (Cash Only) upon arrival to the Organizing Committee at the Accreditation Center in the hotel.

6. Entry Forms

PRELIMINARY ENTRY

Preliminary Entry form must be submitted to the Organizing Committee by email uzbek_weightlifting@yahoo.com before **12th December 2019**.



FINAL ENTRY

Final Entry, Team Accommodation Form, Transportation Form, and Visa Application Form must be submitted to the Organizing Committee by email uzbek_weightlifting@yahoo.com before **12th January 2020**.

*All Forms must be sent together with the electronic photo (3x4, with white background), and passport copies before the deadline.

*All forms must be sent to the following email: uzbek_weightlifting@yahoo.com

MEDIA ACCREDITATION FORM

Media Accreditation Form must be submitted to the Organizing Committee by email uzbek_weightlifting@yahoo.com before **12th January 2020**.

7. Visas

Some countries participants are required to get visa to enter Uzbekistan.

Visa of Uzbekistan can be issued at any UZBEKISTAN Embassy or diplomatic mission abroad. Visitors, who cannot apply at the Embassy, may take UZBEKISTAN visa upon arrival at the Tashkent International Airport. Organizing Committee will supply visa invitation letters to all federations/associations if they provide all the required documents on time. It is important to send the Organizing Committee each participant's passport copies in clear format, 3x4 cm sized photos with white background and fully filled visa application forms not later than 12th December. Visa will be free of charge.

In order to support for visa issuance, it is important to send to the Organizing Committee each participant's non-expired passport copies in clear format, photos and visa application forms.

8. Accreditation

The Accreditation will take place at Uzbekistan Hotel upon arrival.

NOTE:

Check-in is after 12:00

Check-out is before 12:00

9. Flag and National Anthem

Each Member Federation should bring two (2) national flags sized 100cm x 150cm and the national anthem on USB drive. This must be submitted upon arrival/ accreditation to Organizing Committee (OC). National anthems may be sent by email as well.

10. Transportation

The Organizing Committee (OC) will provide shuttle bus or van transportation service from the Uzbekistan International Airport. Participants must provide their full and accurate flight schedule by **12th January 2020**.

Transportation forms shall state which airline, flight number and times each delegate will be arriving and departing on. Any change in travel schedule must be communicated on time.

11. Competition Regulation

The 2020 Asian Youth & Junior Weightlifting Championships will follow the latest IWF Technical and Competition Rules & Regulations (TCRR).



12. Eligibility

Only national federations/associations affiliated in the IWF/AWF are eligible to participate in the events as follows:

Asian Youth Weightlifting Championships

- Athletes born between 1st January 2003 and 31st December 2007 (aged 13 – 17 years)

Asian Junior Weightlifting Championships (Qualification Event for 2020 Tokyo Olympic Games)

- Athletes born between 1st January 2000 and 31st December 2005 (aged 15 – 20 years)

With reference to Article 5.6.5 of the IWF Anti-Doping Policy 2018, an Athlete who is not listed on the IWF's Registered Testing Pool but wishes to participate in an IWF Event shall provide accurate and complete whereabouts information as set out at Annex I of the International Standard for Testing and Investigations for a period of **at least two months prior** to the IWF Event in question (**by 14th December 2019**).

An athlete who does not comply with this provision is not eligible to compete at this event.

13. Bodyweight Categories

Asian Youth Weightlifting Championships

- MEN: 49kg, 55kg, 61kg, 67kg, 73kg, 81kg, 89kg, 96kg, 102kg, +102kg

- WOMEN: 40kg, 45kg, 49kg, 55kg, 59kg, 64kg, 71kg, 76kg, 81kg, +81kg

Asian Junior Weightlifting Championships

- MEN: 55kg, 61kg, 67kg, 73kg, 81kg, 89kg, 96kg, 102kg, 109kg, +109kg

- WOMEN: 45kg, 49kg, 55kg, 59kg, 64kg, 71kg, 76kg, 81kg, 87kg, +87kg

14. Awards

Gold, silver, and bronze medals will be awarded in Snatch, Clean & Jerk, and Total in each bodyweight category.

Team trophies will be awarded to the best six teams respectively for both Men's and Women's competitions in accordance with IWF Team Classification.

Trophies will be awarded to the Best Lifter in the Men's and Women's events.

15. Doping Control

Doping Control will be conducted in accordance with the IWF Anti-Doping Policy.

16. Barbell

IWF approved barbells will be used during both competitions and training.

17. Insurance

According to IWF Regulations, all participants must be under insurance coverage for travel and accident/injury by their respective member Federations/Associations before their departure from their hometown.

18. Temperature & Electricity

The average Tashkent, Uzbekistan temperature during the Championships will be approximately between 0-10 degrees on Celsius. Electricity in Uzbekistan is 220 Volt.



19. Contact

UzWF

Tashkent city, Olmazor district 15/1, Uzbekistan

100003. Tel/fax: +998712455590

uzbek_weightlifting@yahoo.com

Asian Weightlifting Federation

P.O. Box 2473, Doha, Qatar

Email: awfederation@yahoo.com and info@awfederation.com

Website: www.awfederation.com



13 – 19 February, 2020, Tashkent, Uzbekistan

SCHEDULE

12th February	Arrival of delegation	
13th February	10:00	AWF Executive Board Meeting
	14:00	Verification of Final Entries (Youth and Junior)
	15:00	Technical Officials Meeting
	16:00	Anti-Doping Seminar
	18:00	Coaching Seminar
14th February	09:00	Women 49/55 kg Group B
	12:00	Men 61 kg Group B
	15:00	Women 40/45 kg Group A
	17:00	Opening Ceremony
	18:00	Men 49 kg Group A
	21:00	Women 49/55 kg Group A
15th February	09:00	Women 59/64 kg Group B
	12:00	Men 67 kg Group B
	15:00	Men 55 kg Group A
	18:00	Women 59/64 kg Group A
	21:00	Men 61 kg Group A
16th February	09:00	Men 73 kg Group B
	12:00	Women 71/76 kg Group B
	15:00	Men 67 kg Group A
	18:00	Women 71/76 kg Group A
	21:00	Men 73 kg Group A
17th February	09:00	Men 81 kg Group B
	12:00	Women 81/81+ kg Group B
	15:00	Men 89/96 kg Group B
	18:00	Women 81/81+ kg Group A
	21:00	Men 81 kg Group A
18th February	09:00	Women 87/87+ kg Group B
	12:00	Men 89/96 kg Group A
	15:00	Men 102/102+ kg Group B
	18:00	Women 87/87+ kg Group A
	21:00	Men 102/102+ kg Group A
19th February	12:00	Men 109/109+ kg Group B
	15:00	Men 109/109+ kg Group A
	19:00	Closing Ceremony and Banquet
20th February	Departure of delegation	

***Note: Schedule is subject to change according to the Verification of Final Entries**