



IWF Medical Committee Report

Dr. Michael S. Irani, Chairman
IWF Congress
17th September 2019 – Pattaya,
Thailand

Agenda of the MC Meeting

Important points of the Agenda:

- ❖ Reports of the Medical Committee Members
- ❖ Transgender – The Way Forward
- ❖ Research projects of the Medical Committee
- ❖ Medical aspects of doping
- ❖ Injury Surveillance
- ❖ Information regarding the WWC 2019



Reports of the Medical Committee Members



- Reports were requested in May 2019 from the MC Members of their activity in the Continental MCs or in their respective Federation;
- **Issue:** Financial support of MC Members and Competition Doctors
- **Questionnaire:**
 - Who are they funded by?
 - What is funded by the MF or CF for the Doctors? Accommodation? Flight tickets? Attendance at IWF Events or Conferences?
 - Member of Continental MC or Team Doctor?
 - How many Members are there in their CF Medical Committee?
 - Does the CF Committee have a Chair? Secretariat?
 - Who keeps their minutes?
 - When will the next meeting take place?

Transgender – The Way Forward



Followings were discussed in a presentation made by Mr. Dominik

- Clear definition of Transgender and DSD;
- Possible strategies for the IWF;
- IOC Transgender Guidelines;
- IWF Transgender Policy;
- Cooperation with other IFs; IOC/ASOIF;
- Option of „Open Class”.

Research Projects of the MC



- **Dr. Mike Irani:** Hip – waist – girth – BMI
- **Dr. Mark Lavallee:** IWF Early Sport Specialization/Injuries in Weightlifting;
- **Dr. George Tsikouris:** Hip Screening Protocol Using Ultrasound and Physical Examination. Results in different age and capacity of Weightlifters in competition;
- **Dr. Dominik Doerr:** Health promotion by International Olympic Sport Federations: priorities and barriers

Medical Aspects on anti-doping



- IWF Needle Policy was discussed;
- IWF TUE Committee no more exists -> TUE Management done by ITA
- Modification of the Needle Policy -> New e-mail address:
medical@iwfnet.net instead of tue@iwfnet.net;
- In case an Injury Declaration form arrives – MC Doctors will advise that ITA should be contacted for a possible TUE Application;
- IWF Needle Policy shall be promoted not only at the VOFE but at Education Seminars and at the Congress as well.
- IWF Performance Monitoring at IWF Competitions – Medical Aspects

Injury Surveillance 2019



- Data collated and evaluated by Dr. Dominik Doerr;
- Results from the following competitions were presented:
 - CG 2018 Gold Coast/AUS
 - Asian Games 2018 Jakarta/IND
 - JWC 2018 Tashkent/UZB
 - YOG 2018 Buenos Aires/ARG
 - YWC 2019 Las Vegas/USA
 - JWC 2019 Suva/FIJ
- New Injury Report form was discussed.
- Low injury rate 4% - Olympic Weightlifting

Information regarding WWC 2019



- Presented by: **Dr. Parameth Ladpli** MC Member – representing the Organizing Committee
- Hospital option: Bangkok Pattaya Hospital – closest one;
- Medical Service Team (At the EB Meeting, Competition area, Training area, Accommodation – Nurses and 1 Ambulance) + Available Life Saving Equipment
- Awareness: Seafood; Car accidents; Crimes.



**Thank you for
your attention!**

**Dr. Michael S. Irani,
Medical Committee Chairman**
