

# **IWF Coaching and Research Committee**

## **IWF Congress**

### **17th September 2019**

### **Pattaya, Thailand**

It was an excellent meeting with the Coaching and Research Committee as we had full attendance except for one person who joined us via skype.

The Committee discussed and set guidelines to IWF Coaching courses. The Executive Board approved the purchase of 6 IWF Coaching course banners, so the Coach Developers can take with them to each course in order to promote the IWF courses.

In order to improve the effectiveness of IWF Coaching Seminars the idea was discussed that instead of several national level seminars a single coaching symposium on regional level would be more effective.

Understanding the work load of the Continental Federation Officers, the CRC proposed to the Executive Board that a possible position of a Development Officer in each Continental Federation could assist in the implementation of projects in their respective continents.

The committee discussed the scientific report of Japan about the Junior World Champs in Fiji. Moreover it was decided to set the conditions of the IWF Weightlifting Academy.

Lastly a proposal was made by a committee member that coaches should go on the stage after their athletes are presented but before the Technical Officials' presentation. This way the coaches can also be promoted. However this proposal was not approved by the Executive Board.