

Development Program



2019

2020

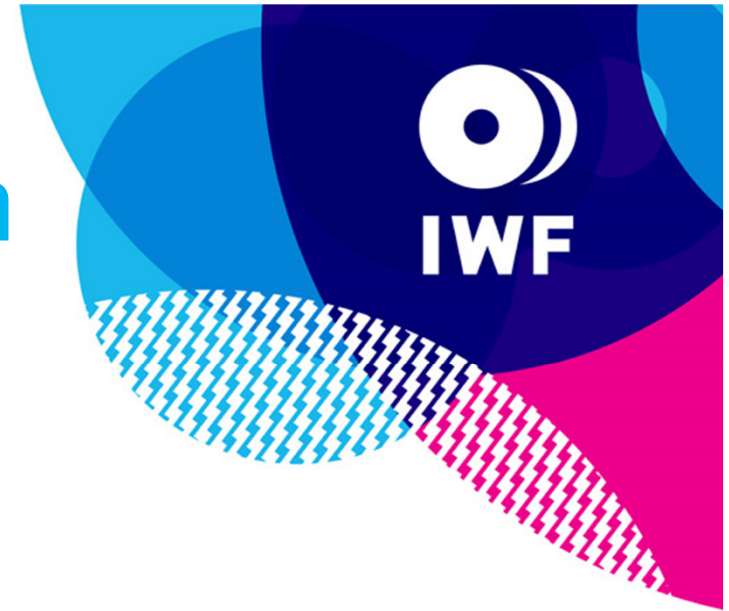
Congress
Pattaya
17 September 2019

Development Program 2019



- Maximum contribution the IWF provides:
 - 6.000 USD for MFs for equipment
 - 8.000 USD for MFs for seminar
 - 10.000 USD for RFs for seminar

Development Program 2019



- Projects to apply for:
 - Equipment
 - Barbells, discs, bars, sport clothing
 - OR
 - Seminar
 - Coaching, Anti-Doping, Technical Officials, Gender Equality, etc

Development Program 2019



- Total number of received applications in 2019:

67

- In 2018 66
- In 2017 65

The number of received applications increases every year.
->Interests of the countries to develop the sport in their respective countries.

Development Program 2019



- The interest of countries for the IWF Development Program is increasing.
- According to the guidelines the applications without all the documents sent (application form, budget, audit, survey) are not approved.
- After evaluation: 48 benefitted
- **71% support** of the total applications

Development Program 2019



- Number of countries helped for Equipment:

19

- Number of countries helped for Seminar:

29

-> Interest for seminars is increasing, mainly coaching, technical officials' and anti-doping seminars.

Development Program 2019



- The approved budget for DP 2019

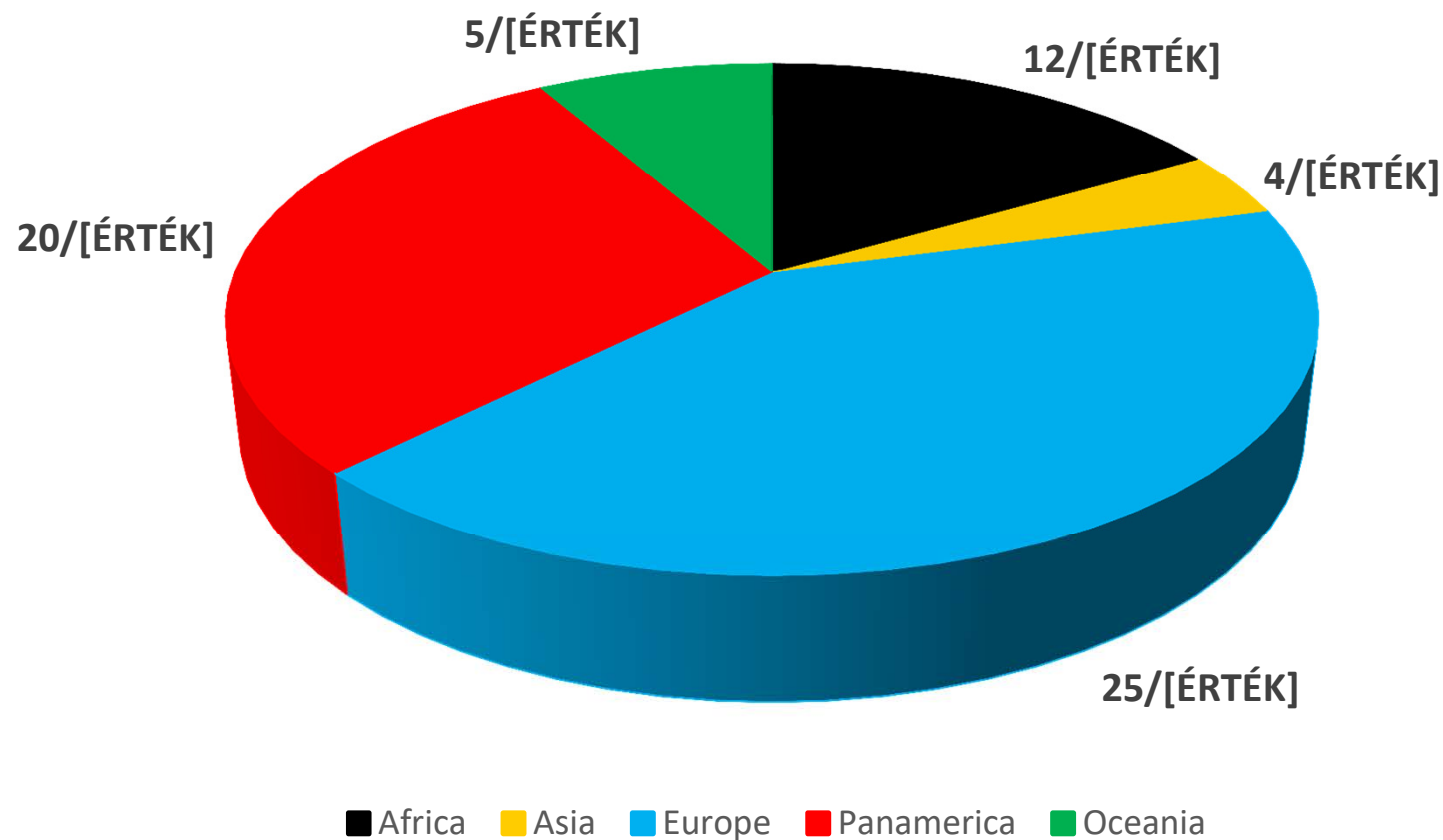
350.000 USD

- Spent: 353.493 USD

Development Program 2019



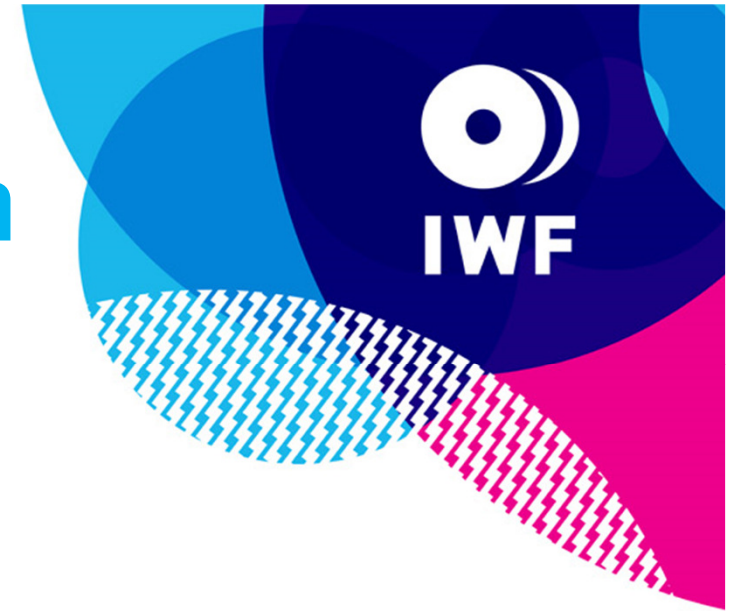
Supported MFs by Continents



Development Program 2019



Development Program 2019



- Database on the website

Download center

Search Downloads:

IWF Development Program (9) [« Downloads](#)

Sort by: [Title](#) | [Hits](#) | [Date](#)

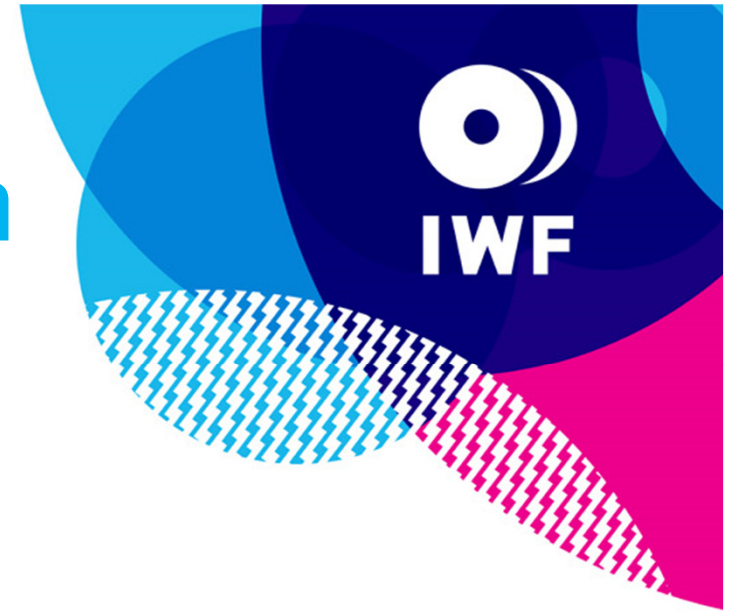
- [Application Form DP 2019](#), , (IWF Development Program)
- [Application Guidelines DP 2019](#), , (IWF Development Program)
- [Financial statements \(Sample\)](#), , (IWF Development Program)
- [IWF Auditors Report Sample document](#), , (IWF Development Program)
- [IWF Global Survey 2019 - Questionnaire MF](#), , (IWF Development Program)
- [IWF Global Survey 2019 - Questionnaire RF](#), , (IWF Development Program)
- [IWF MFs DP questionnaire database](#), , (IWF Development Program)
- [Post project report form](#), , (IWF Development Program)
- [Project financial report \(Template\)](#), , (IWF Development Program)

Development Program 2019

Crowdfunding

Workshop in Las Vegas

Successful workshop



Development Program 2019

Crowdfunding

Good example: Uruguay
They used this tool to
improve their
weightlifting center.

Take the example and
use this tool.



IWF Coach Education E-learning Platform



IWF Fairplay Certificate:

- Prerequisite for IWF Level 1 and 2 Coach Education Courses
- Language: English
- Assessment: 9 questions per section + 1 evaluation question
- Total length of video: 12-15 minutes (+ assessments at reader's pace)

IWF Coach Education E-learning Platform



Three main sections, each 4-5 minutes:

- 1. Background to the Olympic Sport of Weightlifting, Basic Information and Anti- Doping**
- 2. Strength Training for Beginners:** safe lifting, skill learning, growth spurt, avoiding injuries
- 3. Overall Growth of a Weightlifter:** Nutrition and sleep, social and psychological aspects, long term training planning

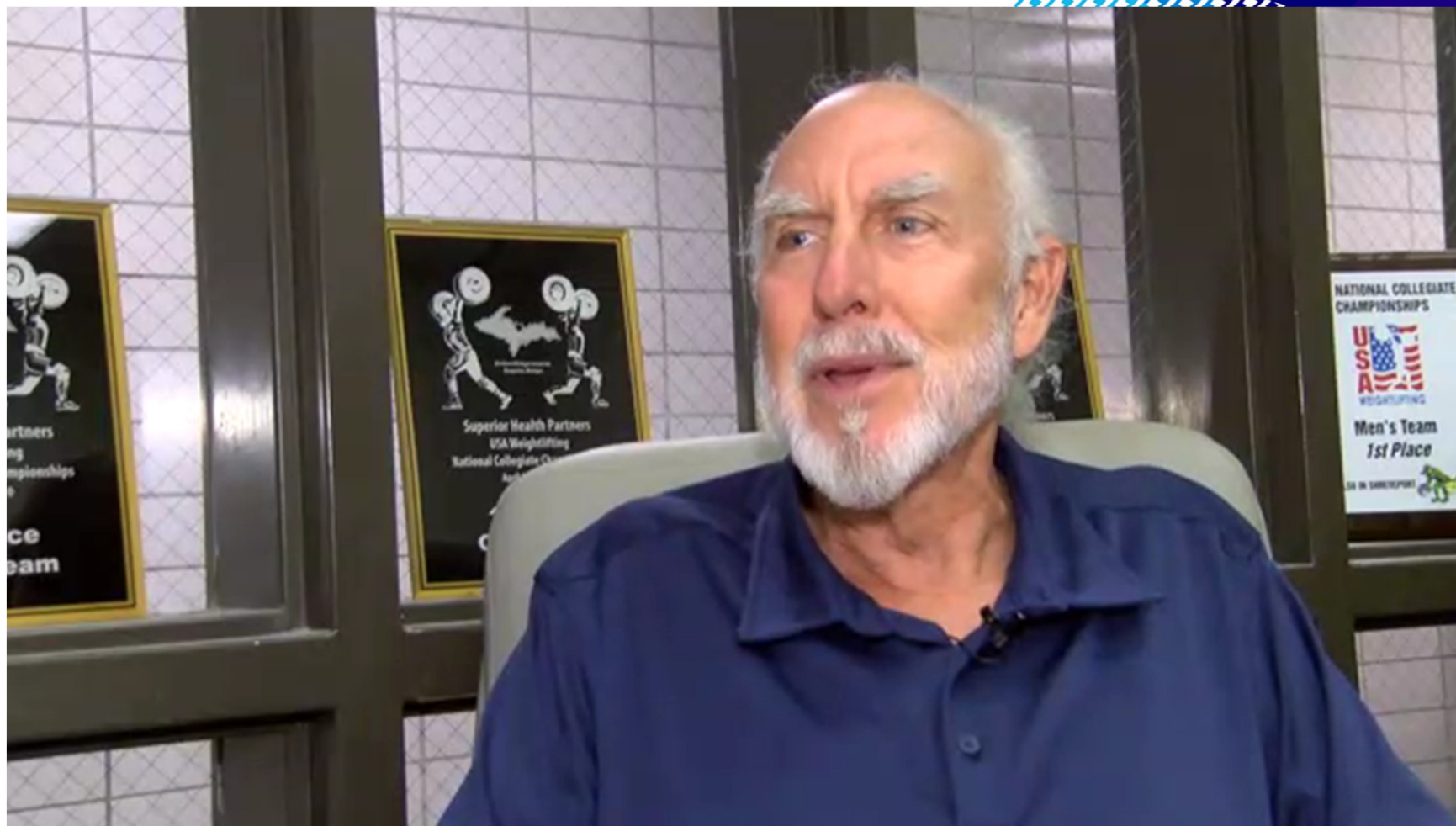
IWF Coach Education E-learning Platform



IWF Fairplay Certificate:

- At the end of each section there are 10 questions about each section
- When questions are answered correctly, an IWF Fairplay Certificate can be printed out on one's own

IWF Coach Education E-learning Platform

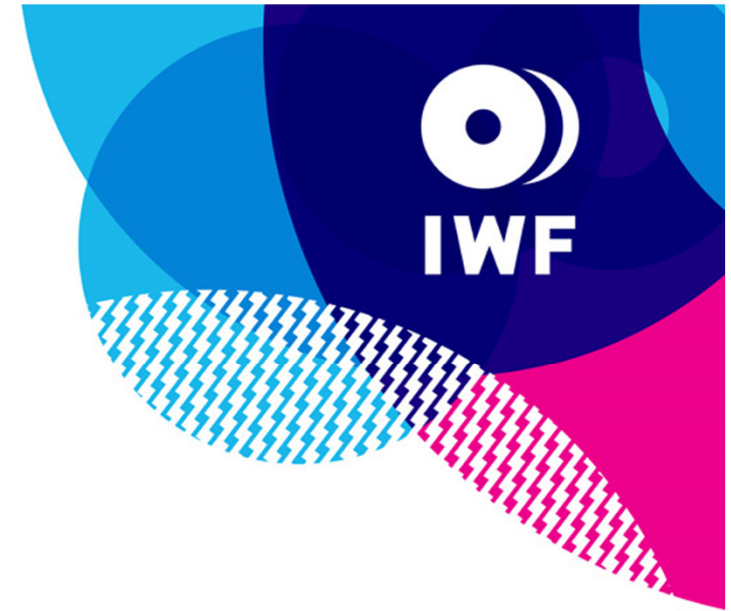


Development Program 2019



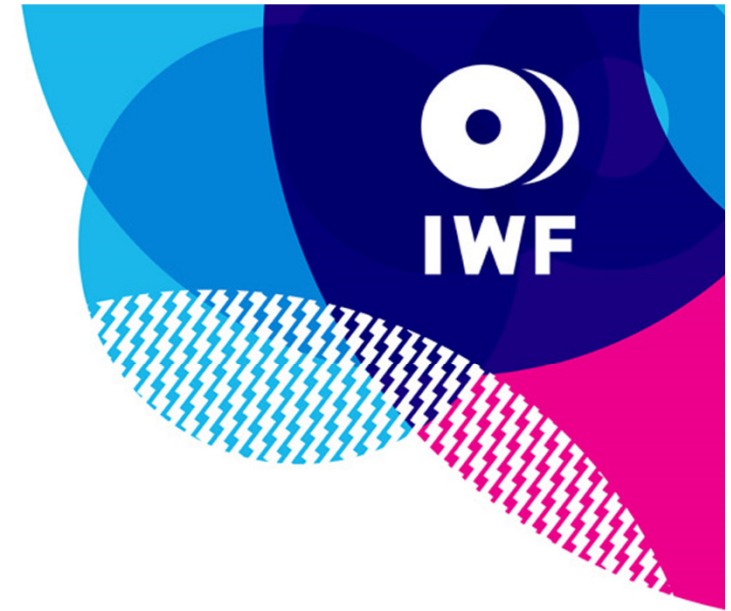
University Master Courses

- International Sports Law and Administration
 - Weightlifting Training
-
- Detailed presentation of the Spanish WL Federation



International Sports Law and Administration Master

International Sports Law and Administration Master



Where?

Universidad de Salamanca (IME Business School)

When?

September 2020

How?

80% online-20% offline

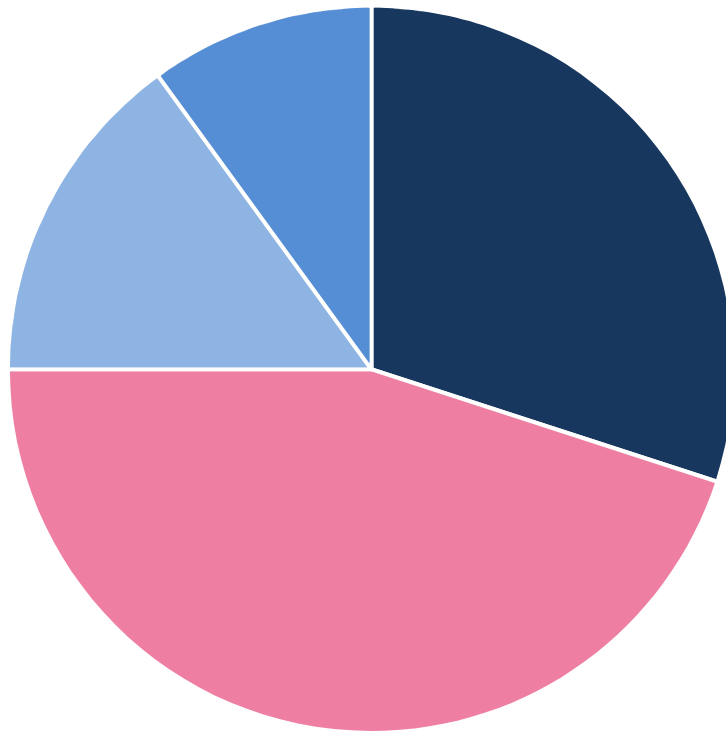
Who?

For graduates in any specialty according to the (EHEA)

International Sports Law and Administration Master



Program



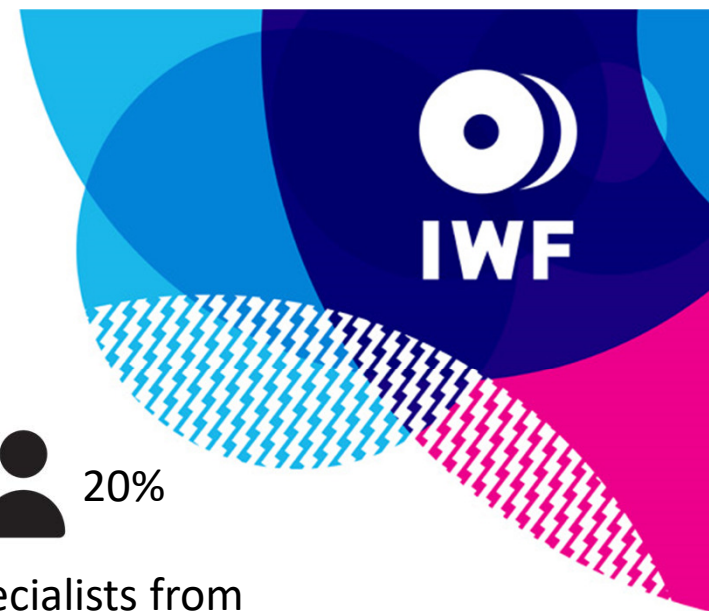
- International sports law
- International sports management
- Others
- Project

- International sport institutions and its organization: IOC, NOC, WADA, CAS...
- Private international sport organization: International federations, continental and regional federations, national federations, professional leagues.
- Image rights and brands in international sports institutions
- Intellectual right properties in international sports institutions
- International sports and doping
- International sports ethic

- International public sports management
- International private sports management
- Budget control for international sports institutions and federations
- Accounting and finances
- Taxes and international sports institutions and federations
- International sports marketing and sponsorship

- Decision making in international environments
- People Management in global contexts
- Professional Skills and capacities

International Sports Law and Administration Master



40%

IME Business School +
University of
Salamanca teachers



40%

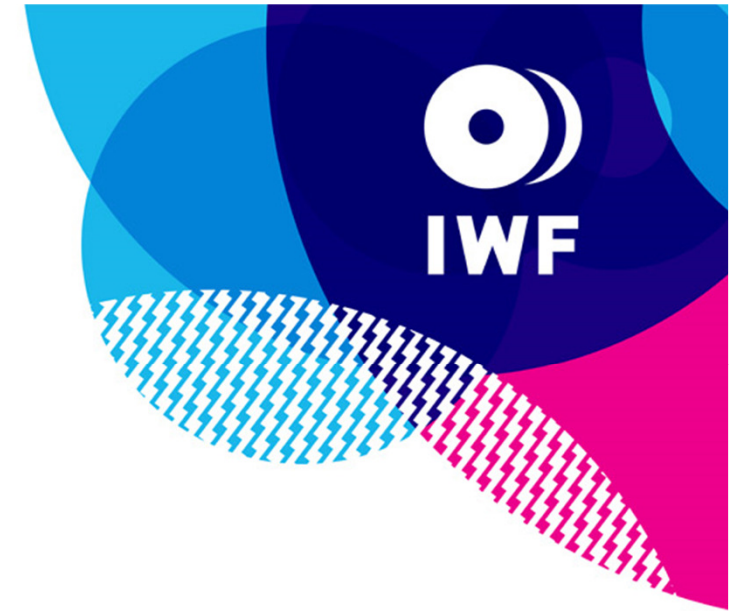
Top specialists from
companies or
institutions



20%

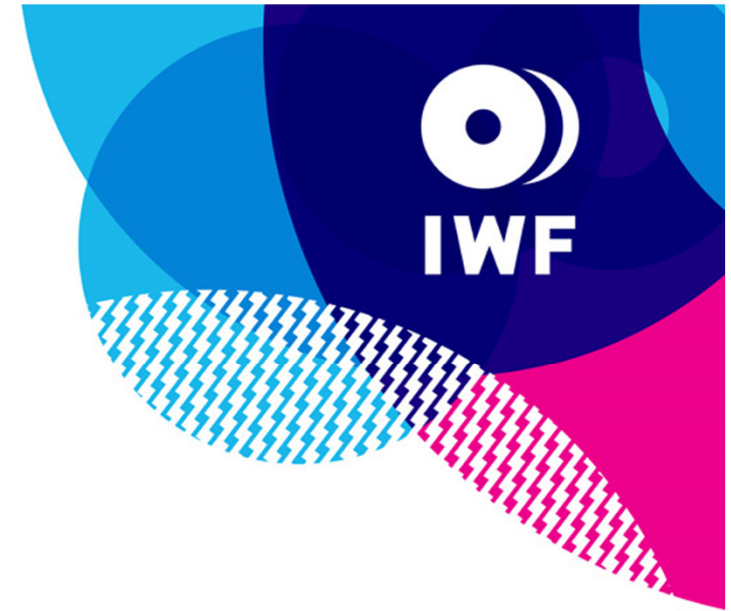
Top specialists from
int., cont., and reg.
federations





Weightlifting
training master

Weightlifting training master



Where?

Universidad Europea de Madrid

When?

September 2020

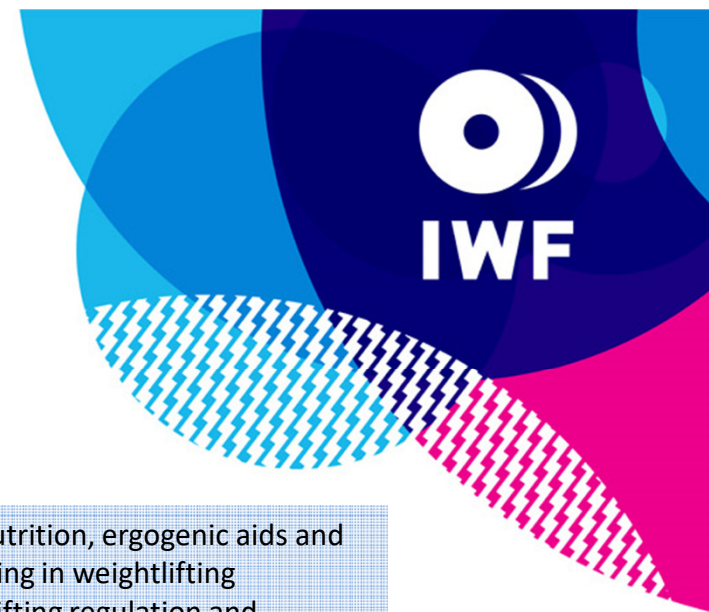
How?

80% online-20% offline

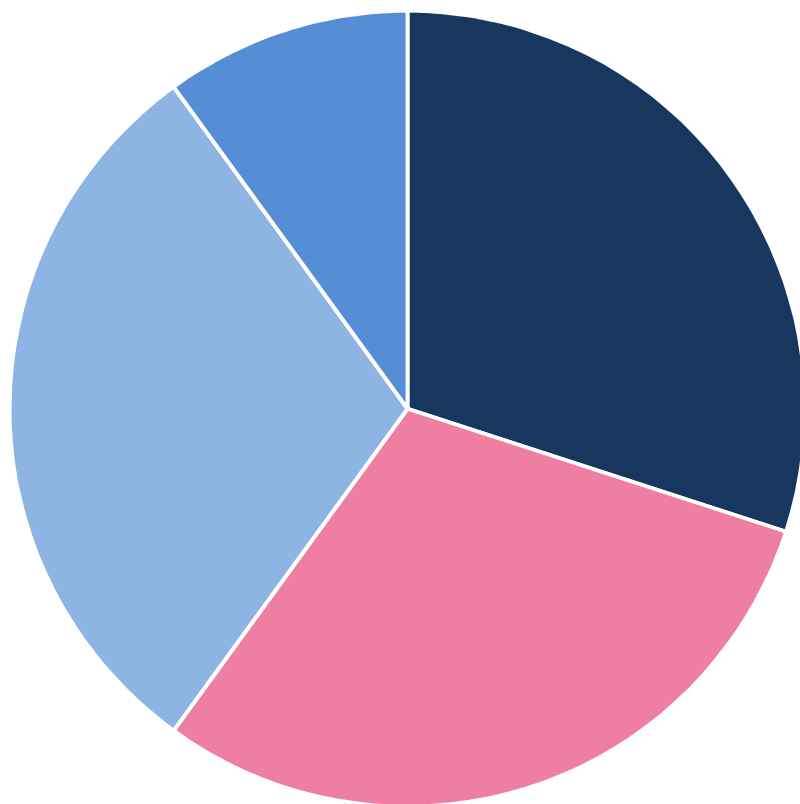
Who?

For graduates in Physical Education according to the (EHEA)

Weightlifting training Master



Program



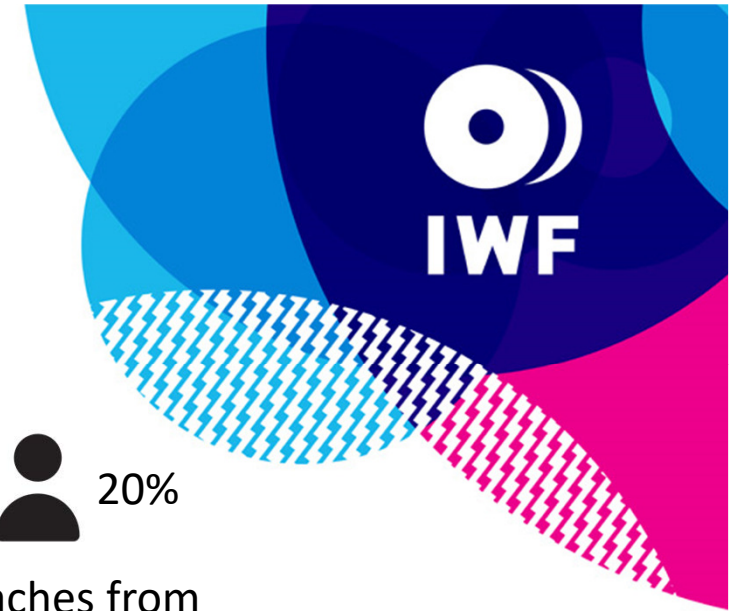
■ Training ■ Technique ■ Others ■ Project

- Sport nutrition, ergogenic aids and antidoping in weightlifting
- Weightlifting regulation and international weightlifting structure
- International weightlifting competition
- Psychological weightlifter training
- Story of the weightlifting sport
- Safety and hygiene in weightlifting
- Differences between male and female weightlifters

- Teaching methodology
- Technical foundations

- Weightlifting training planification and organization
- Weightlifting training evaluation and control
- Talent detection and technification in weightlifting
- Training theory and practice

Weightlifting training Master



40%

Universidad Europea
de Madrid professors



40%

Top researchers and
professors from other
universities

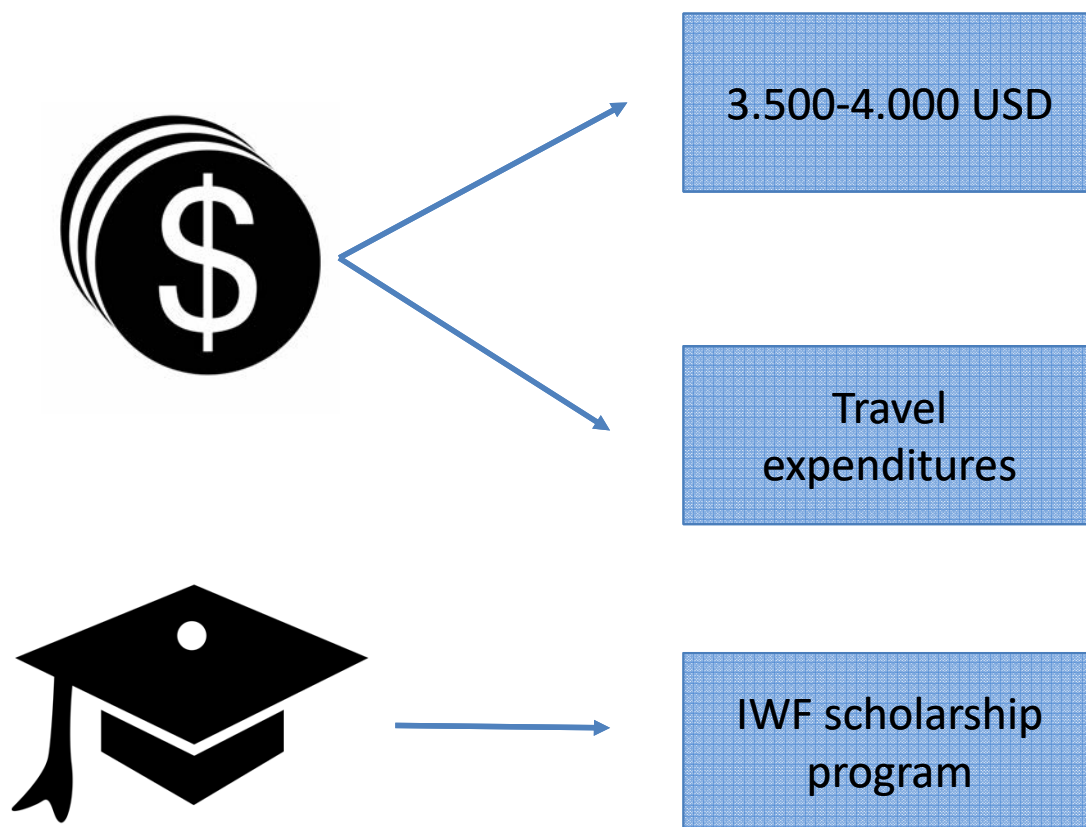


20%

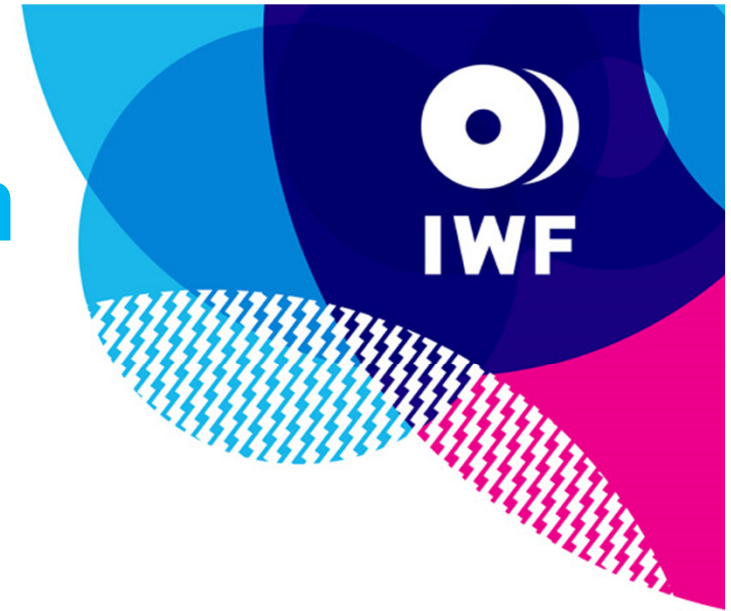
Coaches from
different weightlifting
federations: 20%



Educational project for trainers and managers



Development Program 2020



- For next year
- Budget is approved: 350.000 USD
- Conditions: similar
- Amounts changed by Executive Board
- ~~Seminar: 8.000 USD Equipment: 6.000 USD~~
- **NEW**
- **Seminar: 6.000 USD Equipment: 8.000 USD**

SHOW
THE **iLiftClean**
CERTIFICATE
AT THE ILIFTCLEAN BOOTH

VISIT
THE
iLiftClean booth
ANY TIME DURING THE
CHAMPIONSHIPS

JOIN
US AT THE EDUCATION
SEMINAR ON THE
**19TH AND 22ND
SEPTEMBER**
TO BE IN WITH A CHANCE TO WIN*

***PRIZES:
PLAYSTATION 4 BY
UESAKA AND A
BARBELL BY ELEIKO
+ MANY MORE GIFTS**

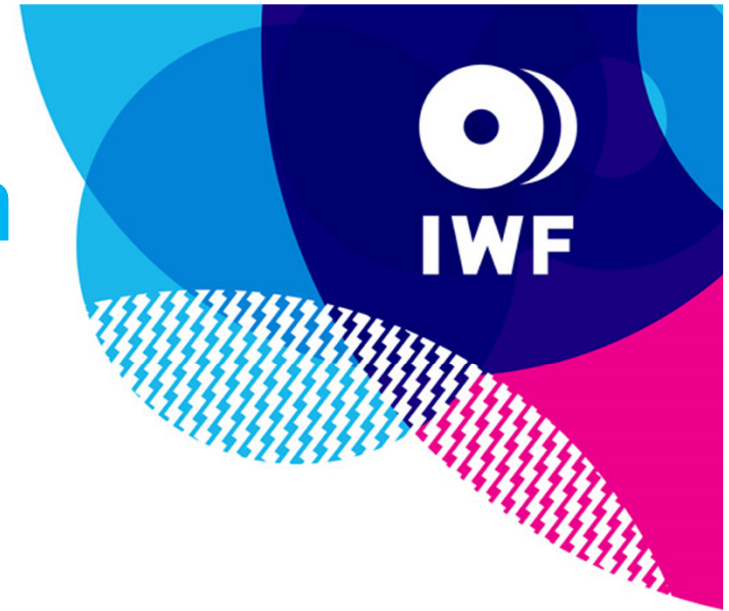
WWW.ILIFTCLEAN.COM

IWF



Education Seminar

Development Program 2019



- Thank you for your attention!
- Questions?
- Please contact us:
- timea.horvath@iwfnet.net
- development@iwfnet.net