



6th International Solidarity Weightlifting Championships Qualification Event for the 2020 Tokyo Olympic Games

From 8th to 12th February 2020

**Dear President/General Secretary of the National Weightlifting
Federations/Associations**

On behalf of Uzbekistan Weightlifting Federation, it is my pleasure and honor to invite you to participate in the 6th International Solidarity Weightlifting Championships; that will take place in Tashkent, Uzbekistan from the 8th to 12th of February 2020 under the umbrella of the Islamic Solidarity Sports Federation (ISSF).

The Uzbekistan Weightlifting Federation, the Physical Culture and Sport Ministry and the Uzbekistan National Olympic Committee are working closely with the Organizing Committee to deliver another successful sport event. The ambition is to welcome dear participants with traditional hospitality and to present the event in new, modern way.

Welcomes athletes and countries.

Looking forward to meeting you.

Best regards.

Shakhrillo MAKHMUDOV
First Vice-President of Uzbekistan Weightlifting Federation
Vice-President of Asian Weightlifting Federation
Executive Board Member of International Weightlifting Federation



REGULATION

2019 INTERNATIONAL SOLIDARITY WEIGHTLIFTING CHAMPIONSHIPS IWF Qualification Event for the 2020 Tokyo Olympic Games

1. Dates and Place

8th to 12th February 2020, in Tashkent city Uzbekistan

2. Competition and training Venue

Uzbekistan Sport Complex, Tashkent city, Yunusabad town, Iftikhor street #1

3. Accommodation

- Uzbekistan Hotel *****
- International Tashkent hotel *****

Participants must accept accommodation to stay at the following hotel offered by the Organizing Committee. A minimum stay of 4 (four) nights is required for all participants.

4. Competition Regulation

The 6th International Solidarity Weightlifting Championships Qualification Event for the 2020 Tokyo Olympic Games will follow the IWF Technical and Competition Rules & Regulations (TCRR).

5. Terms and Conditions of Participation

Accredited Participants – athletes, team officials, technical officials (ITO), media, guests, etc. must:

- Acknowledge and fully comply with IWF Constitution and By- Laws, TCRR, Anti-Doping Policy (ADP)
- Should not participate in, support, or promote illegal betting
- Shall have no responsibility in any loss or damage of this property should irrevocable release IWF/LOC
- Accommodation, food and transportation payment prior to use of any OC or IWF facility, or for airport transfers should acknowledge that no accommodation or arrangement is guaranteed until full payment is received in advance
- All participating Federations should undertake full moral and financial responsibility of their registered/accredited delegates with regard to their health and wellness, and in the case of accidents or damages not attributable to the OC.



6. Eligibility

Athletes must be 15 years of age and over (year of birth 2005 or earlier).

With reference to Article 5.6.5 of the IWF Anti-Doping Policy, an Athlete who is not listed on the IWF's Registered Testing Pool but wishes to participate in an IWF Event shall provide accurate and complete whereabouts information as set out at Annex I of the International Standard for Testing and Investigations for a period of at least **two months prior (by 9th December 2019)** to the IWF Event in question (International Solidarity Weightlifting Championships).

An Athlete who does not comply with this provision is not eligible to compete at the IWF Event.

7. Event Categories

MEN : 55kg, 61kg, 67kg, 73kg, 81kg, 89kg, 96kg, 102kg, 109kg, +109kg

WOMEN: 45kg, 49kg, 55kg, 59kg, 64kg, 71kg, 76kg, 81kg, 87kg, +87kg

8. Awards

Gold, silver, and bronze medals will be awarded in the Snatch, the Clean & Jerk, and the Total in each bodyweight category. Team trophies will be awarded to the best six teams respectively for both Men's and Women's competitions in accordance with IWF Team Classification.

9. Preliminary & Final Entries

- Preliminary Entry is due on **8th December 2019**.
- Final Entry Team Accommodation Form, Transportation Form, and Visa Application Form are to be sent as soon as possible, latest by **8th January 2020**.

Forms must be sent together with the electronic photo (3x4, with white background), and passport copies before the deadline. All forms must be sent to the following address:

uzbek_weightlifting@yahoo.com

10. Doping Control

Doping Control will be conducted in accordance with the IWF Anti-Doping Policy.

11. Barbell

ZHANGKONG barbells will be used during the competition and training.

12. Financial Conditions:

Participation Fee (with full board)

Single room: \$140 USD per person/ per night

Double room: \$120 USD per person/ per night

Entry fee

\$100 USD/Person (including team officials) + **\$30 USD/Athlete** Special Anti-Doping Fee



13. Methods of Payment

Cash payments in U.S. dollars are preferable to the Organizing Committee.

Cash payments will be settled by the Organizing Committee upon delegations' arrival at the Accreditation Center at the hotel.

No accommodations, meal vouchers or accreditations will be offered to any delegations' member until the Organizing Committee (OC) has received payments in full.

NOTE: For any nation not providing Entry forms before the deadline in a correct way, the Organizing Committee will not guarantee the price of the room written in the regulation.

14. Accreditation

The Accreditation will take place at Uzbekistan Hotel.

NOTE:

Check-in is after 12:00

Check-out is before 12:00

15. Insurance

According to IWF Regulations, all participants must be under coverage for travel and accident/injury by their respective Federations before their departure from their hometown.

16. Temperature

The average Tashkent, Uzbekistan temperature during the Championships will be approximately between 0-10 degrees on Celsius. Electricity in Uzbekistan is 220 Volt.

17. Visas

Some countries participants are required to get visa to enter Uzbekistan.

Visa of Uzbekistan can be issued at any UZBEKISTAN Embassy or diplomatic mission abroad. Visitors, who cannot apply at the Embassy, may take UZBEKISTAN visa upon arrival at the Tashkent International Airport. Organizing Committee will supply visa invitation letters to all federations/associations if they provide all the required documents on time. It is important to send the Organizing Committee each participant's passport copies in clear format, 3x4 cm sized photos with white background and fully filled visa application forms not later than 07th December. Visa will be free of charge.

In order to support for visa issuance, it is important to send to the Organizing Committee each participant's non-expired passport copies in clear format, photos and visa application forms.

IMPORTANT NOTE: Please, send all passport copies and other required documents not later than **8th December 2019**.



Organizing Committee will not guarantee visa assistance in case passport copies are sent late. Copies of non-expired passports, colorful photos and visa forms must be sent to the following email: uzbek_weightlifting@yahoo.com

18. Anthem

Each Member Federation should bring two (2) national flags sized 100x150cm and the national anthem on CD/USB drive. This must be submitted upon arrival/accreditation to Organizing Committee (OC).

19. Transportation

The Organizing Committee (OC) will provide shuttle bus or van transportation service from the Uzbekistan International Airport. Participants must provide their full and accurate flight schedule by 8th January 2020.

Transportation forms shall state which airline, flight number and times each delegate will be arriving and departing on. Any change in travel schedule must be communicated on time.

Note:

UzWF

Tashkent city, Olmazor district
15/1, Uzbekistan
100003. Tel/fax: +998712455590
uzbek_weightlifting@yahoo.com

ISSF

Pince Faisal Bin Fahad Olympic Complex
Al Diwan St, Al Hada, Riyadh 12921
Tel: 00966 112810 895
00966 114808986
Fax: 00966 114822145
E.mail: info@issf.sa



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Date	Time	Event
Friday 07/02/2020		Delegation arrival
Saturday 08/02/2020	18:00	Verification Final Entry Meeting
	19:00	Technical Official Meeting
Monday 9/02/2020	09:00	Cat. 45 Kg - 49 Kg W
	12:00	Cat. 55 Kg M
	15:00	Cat. 61 Kg M
	17:30	Opening Ceremony
	18:00	Cat. 55 Kg /59 Kg W
Tuesday 10/02/2020	09:00	Cat. 64 Kg W
	12:00	Cat. 67 Kg M
	15:00	Cat. 71 Kg W
	18:00	Cat. 73 Kg M
Wednesday 11/02/2020	09:00	Cat. 76 Kg W
	12:00	Cat. 81 Kg M
	15:00	Cat. 81 Kg W
	18:00	Cat. 89 Kg M
Thursday 12/02/2020	09:00	Cat.87 Kg / +87 Kg W
	12:00	Cat. 96 Kg /102 Kg M
	15:00	Cat. 109 Kg /+109 Kg M
	19:00	Banquet
Friday 13/02/2020	09:00	Traveling Tour
	16:00	Anti-Doping Educational Seminar
	18:00	Coaching Seminar

***Note: Schedule is subject to change according to the Verification of Final Entries**