



Preview Weightlifting 2019 World Championships - Women

- China has won 374 of the 645 world titles in women's events (58%). Russia (57) and Chinese Taipei (34) complete the all-time top three.
- China has claimed 559 medals in women's events in the world championships. Russia (158) and Chinese Taipei (155) are next.
- In each of the 26 world championships in which China participated in women's events, the country won at least five women's world titles and claimed at least 14 podium finishes in women's events.
- The last time a country from another continent than Asia won outright most women's world titles at a world championships was in 2011, when Russia (8) finished ahead of China (6).
- Tatiana Kashirina (RUS) has won 15 world titles, a record in women's events.
- Kashirina has won 21 medals in world championships and she could join Maria Isabel Urrutia (COL, 24) and Chen Shu-Chih (TPE, 24) in second place all-time in women's events, behind Maria Takacs (HUN, 33).
- Kashirina has won a world title at seven different world championships (2009, 2010, 2011, 2013, 2014, 2015 and 2018), also a record in women's weightlifting.
- Deng Wei (CHN) has won 11 gold medals in world championships, including winning the Total, Snatch and Clean & Jerk in the women's 58kg, the 63kg and 64kg categories. She won all three events in the 64kg in 2018.
- In 2018, 19 countries won medals in women's weightlifting. In 2017, a record 21 countries claimed a medal.
- Six current world records in women's weightlifting were set at the 2018 World Championships in Ashgabat.
- Nigora Abdullaeva (UZB) was born on 13 May 2004. She is the youngest athlete on the entry list for the 2019 World Championships and is registered to start in the women's 49kg.