



5th International Fajr Cup (Namjou Cup)



Olympic Qualification Event for 2020 Tokyo Olympic Games

1-5 February 2020 Rasht, IRAN

COMPETITION & COURSES SCHEDULE

Day	Date	Hour	Event	
Saturday	1 Feb 2020	-----	Arrival of Delegates & Accreditation	
		17:00-19:00	Verification of Final Entries	
		19:00-20:00	Technical Meeting	
Sunday	2 Feb 2020	10:00-12:00	Talent Identification Course	
		14:00-16:00	Men	61 kg
		16:30-17:30	Opening Ceremony	
		18:00-20:00	Men	67 kg
Monday	3 Feb 2020	10:00-12:00	Designing The Training Methods Course	
		14:00-16:00	Men	73 kg
		16:30-18:30	Men	81 kg
		19:00-21:00	Men	96 kg
Tuesday	4 Feb 2020	10:00-12:00	Anti-Doping Course	
		14:00-16:00	Men	109 kg
		16:30-18:30	Men	+109 kg
		19:00-21:00	Closing Ceremony & Banquet	
Wednesday	5 Feb 2020	-----	Departure of Delegates	

Note: Timetable & Schedule is subject to change ; Any new change will be announced to participants .