



**ZONE 3 SENIOR AFRICA OLYMPIC WEIGHTLIFTING QUALIFICATION CHAMPIONSHIPS
ZONE 3 JUNIOR AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS
NOVEMBER 06 TO NOVEMBER 10, 2019 / ANTANANARIVO, MADAGASCAR**

August 5, 2019

The Hon. President /Gen. Secretary
Africa National Weightlifting Federations/Associations

Dear Sir/Madam,

Re: Zone 3 Youth and Juniors, Senior Men & Women Africa Olympic Weightlifting Qualification Championships, November 06th to 10th, 2019 Antananarivo, Madagascar.

The Madagascar Weightlifting Federation is very delighted to invite your National weightlifting team to participate in Zone 3 Youth and Juniors, Senior Men & Women Africa Olympic Weightlifting Qualification Championships, **November 06 to 10 th 2019** which will be held in Antananarivo, Madagascar.

COMPETITION DATE AND VENUE:

Zone 3 Silver Olympic Africa Weightlifting Championship event will be held in ANKORONDRANO Gymnasium from **November 06th to 10th 2019**.

COMPETITION RULES AND REGULATIONS:

The competition will be held and organized in accordance to the IWF Technical and Competition rules & regulations (TCRR), 2018 IWF Calendar Policy and IWF Anti-Doping Policy.

Only the Senior competition will be qualification event for 2020 Tokyo Olympic Games.

The WFA will appoint the technical officials (ITOs) whom will be nominated by their national Federations/Associations to officiate for the championships.

ELIGIBILITY:

According to the IWF Technical and Competition rules & regulations (IWF TCRR), the athletes have the eligibility to participate as follows:

- a) **Senior age group:** +15 years of age (from 2004 or earlier)
- b) **Junior age group:** 15 – 20 years of age (from 2004 to 1999)
- c) **Youth age group:** 13 – 17 years of age (from 2006 to 2002)

The passport is considered as the sole official document to prove the age and the eligibility of the Athlete.

Zone three countries include; Botswana, Comoros Islands, Lesotho, Madagascar, Malawi, Mauritius, Seychelles, South Africa, Swaziland, Tanzania, Zambia, Zanzibar and Zimbabwe.

Any national weightlifting federation/association from the other African zones have the eligibility to participate in the zone three Senior competition to give the opportunity to their athletes to compete and collect qualified points for 2020 Tokyo Olympic Games.



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In accordance with Article 5.6.5 of the IWF Anti- Doping Policy an Athlete who is not listed on the IWF's Registered Testing Pool but wishes to participate in an IWF Event shall provide accurate and complete whereabouts information as set out at Annex I of the International Standard for Testing and Investigations **for a period of at least two months** prior to the IWF Event in question (by September 07). An Athlete who does not comply with this provision is not eligible to compete at the IWF Event.

Only IWF Member Federations or their competitors that has no arrears towards the IWF & WFA are eligible to participate.

A maximum of ten (10) men and ten (10) women senior competitors could be registered plus two (2) reserves for each gender may also be entered but during the verification of final entries each country can only register (10) men and (10) women senior competitors as a final entry without any reserves.

It is possible to change the bodyweight categories and the entry total latest on the Verification of Final Entries.

The maximum participating team must be spread amongst the bodyweight categories with a maximum of two (2) athletes per category.

The IWF and WFA will not accept any preliminary or final entries after the stated dates.

COMPETITION EVENTS AND CATEGORIES:

Youth:

- **Men:** 49kg, 55kg, 61kg, 67kg, 73kg, 81kg, 89kg, 96kg, 102kg, +102kg
- **Women:** 40kg, 45kg, 49kg, 55kg, 59kg, 64kg, 71kg, 76kg, 81kg, +81kg

Junior & Senior:

- **Men:** 55kg, 61kg, 67kg, 73kg, 81kg, 89kg, 96kg, 102kg, 109kg, +109kg
- **Women:** 45kg, 49kg, 55kg, 59kg, 64kg, 71kg, 76kg, 81kg, 87kg, +87kg

ENTRY FORMS:

Enclosed are both preliminary and final entry forms. Preliminary entry forms to be submitted to both the Organizing Committee (MAD WF) and WFA respectively no later than **05th of September 2019**.

Final entry forms to be submitted to both the Organizing Committee (MAD WF) and WFA respectively no later than **October 05TH 2019**.

Maximum athletes allowed on preliminary and final entry forms for each age group and gender are 12 competitors.

According to the IWF Technical and Competition rules & regulations, any national federation/association will not send the entries on the stated deadline will not be accepted by the IWF to participate.

EQUIPMENT:

Sport Equipment: IWF approved sport equipment will be provided.

TIS Result System: Approved by IWF.



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DOPING CONTROL:

Doping Control will be conducted during the competition in accordance with the IWF Anti-Doping Policy and will be carried out by the IWF selected DCOs.

ACCREDITATION:

The federations/associations must send the colored photos for all the delegates (athletes and officials) with the final entry forms.

Accreditation of the delegations will take place at IBIS Hotel upon arrival.

Please note that the Accreditation will be valid only for the days registered on the Accreditation Card at the Accreditation Centre and will be issued only after full payment of accommodation, entry and Anti-Doping Fees.

ACCOMMODATION:

The accommodation for all delegations will be IBIS Hotel Antananarivo Madagascar

Address: Route des hydrocarbures, Ankorondrano, Tanarive 101

Antananarivo Madagascar

Level: 4 star Hotel

Tel: 00261 34 49 473 79

Webpage: ibis.accorhotels.com/ibis/Site-Officiel

The hotel will be provided from November 05 to 11 2019 to the end of the competition with the following normal rates:

- a) **USD \$120** full board per person per night for standard single rooms.
- b) **USD \$110** full board per person per night for standard twin rooms.

FINANCIAL CONDITIONS:

Only affiliated national federations/associations that have paid their IWF and WFA subscription fees have the right to participate in this competition.

- Entry Fee of US \$130 per athlete (including US \$30 Anti-Doping Fee).
- Other participants including Junior and Youth competitors shall be paid US \$100 per person, except the officials whom will be appointed to officiate during the competition.

All payments must be made in cash to the Organization Committee preferably in US Dollars upon Arrival at the accreditation center located at ANKORONDRAVO GYMNASIUM.

The WFA is responsible for providing the Trophies, Medals and Certificates for Senior men and women competitors and teams.

The MAD Weightlifting Federation is responsible for providing the Trophies, Medals and Certificates for Junior & Youth men and women competitors and teams.



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Reference to IWF Regulations, a minimum 30% of all fees for the team is required with the final entries. Balance of total payment will be made on arrival at the Accreditation Centre. To enable us make proper booking for your accommodation; All Teams must submit their Registration Forms for accommodation by 05 October, 2019.

According to the IWF TCRR, and as this championship is qualification event for the 2020 Tokyo Olympic Games, therefore the WFA will appoint Cat. (1) ITOs from the nomination list of their national federations to be officiated in the championship and the Organizing Committee will cover the accommodation and board costs for the technical officials who will be appointed to officiate for the competition.

The Organizing Committee will cover the accommodation and board costs for the WFA President and General Secretary or one of WFA delegate, one of IWF delegate, the WFA TIS staff members, one of the WFA secretariat and appointed IWF DCOs.

All teams will be received at Ivato International Airport upon their arrival and they will be transported by shuttle bus to the Hotel, and return.

Accommodation and Transportation forms (in the Final Entry form) shall state the date and time of arriving and departure, which airline and flight number of each delegate will be arriving on.

COMPETITION AND TRAINING VENUES:

Competition and training venues will be at Ankorondrano 10 minutes drive from the Hotel.

TRANSPORT:

Local transportation will be provided from/to Ivato International Airport for all delegations upon their arrival and departure.

Buses will be provided to/from competition and training venue.

VISA:

All participants should contact the respective Embassy in their own country for Entry Visas to Madagascar.

Entry Visa on arrival is USD 40. For those who do not have Madagascar Embassy will get their visa upon their arrival at International Ivato Airport.

YELLOW FEVER CERTIFICATE:

Valid yellow fever certificate is a requirement and must be produced at the Airport.

INSURANCE:

According to IWF Rules, the participating Federations must undertake full moral and financial responsibility of their registered/ accredited delegates with regard to their health and wellness and in case of accidents or damages not attributable to the OC.



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FLAG AND ANTHEM:

All participating delegates of each country are kindly requested to bring with them an DVD or CD of their National Anthem and two National Flags with a size of 100 x 150cm. These Items will be submitted on arrival at the Accreditation Centre. You can also send an attachment of the Anthem's Audio file by E-mail, CD or flash Drive.

AWARDS:

a) The WFA will be responsible, for men and women Seniors age groups qualification competitions as the following:

- Gold, Silver and Bronze medals will be awarded in each bodyweight category for both men and women in Total.
- Trophies will be awarded to the best three teams in total respectively, men's and women's in accordance with IWF Team Classification.
- Certificates for all Senior participants and countries.

b) The Organizing Committee (National Federation of Madagascar) will be responsible, for Junior and Youth age groups competitions as the following:

- Gold, Silver and Bronze medals will be awarded in each bodyweight category for both men and women Junior and Youth in Total.
- Trophies will be awarded to the best three teams in total respectively, men's and women's Junior and Youth in accordance with IWF Team Classification.
- Certificates for all Junior and Youth participants and countries.

GENERAL INFORMATION:

All electrical Alternate Current (AC) power sources have 220/240 Volts and DC batteries range From 1.5 Volts onwards, types including (AA & AAA, etc). European plug types are readily available.

Average temperature in Antananarivo during the Championships is 28°C - 14°C.

Smoking is prohibited in public areas but only on designated points, kindly take note.

Currency rate is US\$ (1 US dollar = 3500 Ariary).

TENTATIVE PROGRAM:

Tuesday November 05 , 2019: Arrival of delegations

Wednesday November 06, 2019:: 10.00 am Verification of entries / opening ceremony at 18:00 Hrs

Thursday November 07, 2019: Competition from 10.00 am

Friday November 08, 2019: Competition from 10.00 am

Saturday November 09, 2019: Competition from 10.00 am

Sunday November 10 2019: Competition and closing ceremony at 18.00 Hrs

Monday November 11, 2019: Departure



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BANK DETAILS:

Beneficiary: FEDERATION MALAGASY D'HALTEROPHILIE DE MUSCULATION

Address of the Beneficiary: Immeuble Jardins D'Ivandry 2 Bat J Appt 20 Ivandry Antananarivo 101 Madagascar

IBAN: MG46 0000 9055 0022 0087 4000 758

BANK: BOA MADAGASCAR

SWIFT: AFRIMGMG

Address of the bank: Avenue de l'Independance Analakely Antananarivo 101 Madagascar

We are looking forward to receiving you in Antananarivo as our valuable guests.

Attached;

- Entry Forms (Preliminary and final)
- Flight Details
- Accommodations

CONTACT DETAILS:

Madagascar Weightlifting Association

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Mrs RANDRIAMALALA Jackie, Treasurer +261 34 49 473 79

Email: fmhrh@yahoo.fr

**RANDRIAMANARIVO H Jean Alex
President of Madagascar Weightlifting Federation**

