



ALEXANDER CUP
International cup
in memory of the Two-time Olympic Champion Alexander Kurlovich
will be the Tokyo 2020 Qualification Event Silver Event
1 - 4 November 2019, Grodno, Republic of Belarus

President of the National Weightlifting Federation

Dear friends,

Many of you remember our dear Two-time Olympic Champion Alexander Kurlovich.

Alexander Kurlovich has done a lot for the development of weightlifting of the Republic of Belarus and the whole world.

In 2018, we lost Alexander Kurlovich.

Alexander Kurlovich has always dreamed that in his hometown city of Grodno there was a big celebration of weightlifting.

The Belarusian Weightlifting Union (BWU) with great pleasure invites you to the International Weightlifting Tournament in memory of the Two-time Olympic Champion Alexander Kurlovich (ALEXANDER CUP), which will be held November 1-4, 2019 in his native city of Grodno, Belarus.

The International Weightlifting Federation (IWF) has granted BWU the honor of organizing this event as an IWF Qualification Event for the Tokyo Olympic Games 2020 Silver Event.

The city of Grodno is the native and beloved city of Alexander Kurlovich.

Grodno city is a small town located in the west of the Republic of Belarus, near the border with Poland and Lithuania.

On behalf of BWU and all the people who loved and respected Alexander Kurlovich, I want to express my sincere gratitude to all the people who will take part in the tournament and honor the memory of our dear Alexander Kurlovich.

BWU President
Mikhail Rabikouski

ALEXANDER CUP
International cup
in memory of the Two-time Olympic Champion Alexander Kurlovich
will be the Tokyo 2020 Qualification Event Silver Event
1 - 4 November 2019, Grodno, Republic of Belarus

COMPETITION RULES AND REGULATIONS

The 2019 Alexander Kurlovich Cup Grodno city will follow IWF Technical and Competition Rules & Regulations (TCRR).

ELIGIBILITY

Participating athletes must be 15 Years age and over the birthday 2004 or earlier.

With reference to Article 5.6.5. of IWF Anti-Doping Policy 2018, an Athlete who is not listed on the IWF's Registered Testing Pool but wishes to participate in an IWF Event shall provide accurate and complete whereabouts information as set out at Annex I of the International Standard for Testing and Investigations for a period of at least two months prior to the IWF Events in question (by 02 September 2019). An athlete who does not comply with this provision is not eligible to compete at the IWF Event.

ARRIVAL

Arrival at Minsk National Airport

Transfer from Minsk National Airport to Grodno is about 330 km.

Travel time is about 4 hours.

ACCOMMODATIONS

Hotel Apart-Hotel Semashko – <https://hotelsemashko.by/en>

Hotel Neman – <http://www.hotel-neman.by>

Hotel Kronon Park Hotel – <http://kronon.by/en/>

Tourism and health complex “Pyshki” - <http://grodnoturbaza.by/>

Hotel Tourist - <http://grodnotourist.by/>

There may be a slight change in hotels

VENUES

Competition venue: Ice Arena of the Neman Hockey Club, www.icepalace.by

Training venue: The building is located nearby

EVENTS

Males: 55 kg, 61 kg, 67 kg, 73 kg, 81 kg, 89 kg, 96 kg, 102 kg, 109 kg, + 109 kg

Women: 45 kg, 49 kg, 55 kg, 59 kg, 64 kg, 71 kg, 76 kg, 81 kg, 87 kg, + 87 kg

ENTRIES

Preliminary Form must be submitted to the Organizing Committee before September 1, 2019.

Final Entry Form must be submitted to the Organizing Committee before October 1, 2019.

SPORT EQUIPMENT

ELEIKO (approved by IWF) equipment (men and women) will be used for the competitions.

ALEXANDER CUP
International cup
in memory of the Two-time Olympic Champion Alexander Kurlovich
will be the Tokyo 2020 Qualification Event Silver Event
1 - 4 November 2019, Grodno, Republic of Belarus

DOPING CONTROL

Doping control shall be carried out in accordance with the IWF Anti-Doping Policy.

FINANCIAL CONDITIONS

Paid to the Organizer

1. The participation fee, including room and board, is as follows:

- Double room type: US \$ 100 per person per day.
- Single room type: US \$ 120 per person per day.

2. Entry Fee: US \$ 60 per delegation, athlete and official.

3. Anti-Doping Fee: US \$ 30 per athlete.

All payments must be paid in cash upon arrival at the Accreditation Center in BELARUSIAN RUBLES (BYN).

All payments are calculated in accordance with the exchange rates of the National Bank of the Republic of Belarus on the payment day (<http://www.nbrb.by/eng/statistics/rates/ratesdaily.asp>).

A minimum stay of 3 (three) days is required for all participants.

TRANSPORTATION

All teams will be accepted at the Minsk National Airport upon arrival.

The OC will provide local transportation between the official places and the hotel.

INSURANCE

All participants would have to be under insurance coverage for travel and accident by their respective Federations before their departure.

VISA

A visa for entry into the Republic of Belarus can be obtained at the embassy of the Republic of Belarus in the respective countries by submitting an official invitation to this tournament. If you need help, please contact the Organizing Committee.

There are countries that can apply for a visa upon arrival at the National Airport Minsk

There are also countries that do not need a visa when visiting the Republic of Belarus for a period of 30 days.

Please check this website: <http://mfa.gov.by/en/visa/>

According to the decision of the Government of the Republic of Belarus, visas for participants of the Alexander Cup will be issued free of charge.

If you want to request VISA issuance, please send a full list of names with passport data, route schedule (flight booking) and fax number / postal address to be sent to the Organizing Committee in time for issuing invitation letters, the process will take at least 20 days.

ALEXANDER CUP
International cup
in memory of the Two-time Olympic Champion Alexander Kurlovich
will be the Tokyo 2020 Qualification Event Silver Event
1 - 4 November 2019, Grodno, Republic of Belarus

FLAG AND ANTHEM

Each participating team is invited to bring along a CD with their national anthem and two national flags of 1.0 x 1.5 meters.

They must be submitted upon arrival / accreditation.

AWARD

Gold, silver and bronze medals will be awarded in snatch, clean & jerk and total in each weight category.

Prize will be for the top 3 overall lifters Men and Women (ROBI points):

First: 3 000 \$

Second: 2 000 \$

Third: 1 000 \$

ACCREDITATION

Accreditation of delegations will be held at one of the hotels upon arrival.

AVERAGE TEMPERATURE in Grodno: 0 - + 10°C

ELECTRICITY: 220 Volts

FURTHER INFORMATION

Please contact the Belarusian Weightlifting Union.

ul. Mavra, 41-510

Minsk, Republic of Belarus

220015,

Tel: (+ 375-17) 299-08-02, 255-89-55

Fax: (+ 375-17) 299-08-02

Website: www.bwu.by

Email: bwf2004@rambler.ru, belwu@rambler.ru



ALEXANDER CUP
International cup
in memory of the Two-time Olympic Champion Alexander Kurlovich
will be the Tokyo 2020 Qualification Event Silver Event
1 - 4 November 2019, Grodno, Republic of Belarus

PRELIMINARY COMPETITION SCHEDULE AND PROGRAM

Friday, November 1, 2019:

Arrival at Minsk National Airport

20:00 – Final verification entry

21:00 – Technical official meeting

Saturday 2 November 2019

08:00 Men 55 kg.

10:00 Women 45 kg.

12:00 Men 61 kg.

14:00 Opening Ceremony

15:00 Women 49 kg.

17:00 Men 67 kg.

19:00 Women 55 kg.

21:00 Men 73 kg.

Sunday November 3, 2019

08:00 Women 59 kg.

10:00 Men 81 kg.

12:00 Women 64 kg.

14:00 Men 89 kg.

16:00 Women 71 kg.

18:00 Men 96 kg.

20:00 Women 76 kg.

Monday 4 November 2019

08:00 Men 102 kg.

10:00 Women 81 kg.

12:00 Men 109 kg.

14:00 Women 87 kg.

16:00 Men +109 kg.

18:00 Women +87 kg.

20:00 Closing Ceremony

Tuesday, November 5, 2019

Departure from Minsk National Airport

Note: the schedule can be changed after checking the final records.

ALEXANDER CUP

International cup in memory of the Two-time Olympic Champion Alexander Kurlovich
will be the Tokyo 2020 Qualification Event Silver Event
1 - 4 November 2019, Grodno, Republic of Belarus

PRELIMINARY ENTRY FORM

MEN

The Preliminary Entry Form must be submitted to the Organizing Committee prior to 1 September 2019

BELARUSIAN WEIGHTLIFTING UNION (BWU)

Republic of Belarus, Minsk city, ul. Y. Mavra, 41-510, 220015

Tel: (+ 375-17) 299-08-02, 255-89-55, Fax: (+ 375-17) 299-08-02

e-mail: bwf2004@rambler.ru, belwu@rambler.ru

№	Bodyweight Category	Names of Athletes	Date of Birth	Entry Total	Arrival date	Arrival time Flight No.	Departure date	Departure time Flight No.	Passport No.	Visa No.
1										
2										
3										
4										
5										
6										
7										
8										
9										
10										
11R										
12R										
№	Name of Officials		Date of Birth	Position	Arrival date	Arrival time Flight No.	Departure date	Departure time Flight No.	Passport No.	Visa No.
1				Team leader						
2				Doctor						
3				Coach						
4				Therapist						
5										
6										
7										

Country: _____

Signature: _____

Date: _____

ALEXANDER CUP

International cup in memory of the Two-time Olympic Champion Alexander Kurlovich
will be the Tokyo 2020 Qualification Event Silver Event
1 - 4 November 2019, Grodno, Republic of Belarus

PRELIMINARY ENTRY FORM WOMEN

The Preliminary Entry Form must be submitted to the Organizing Committee prior to 1 September 2019

BELARUSIAN WEIGHTLIFTING UNION (BWU)

Republic of Belarus, Minsk city, ul. Y. Mavra, 41-510, 220015

Tel: (+ 375-17) 299-08-02, 255-89-55, Fax: (+ 375-17) 299-08-02

e-mail: bwf2004@rambler.ru, belwu@rambler.ru

Nº	Bodyweight Category	Names of Athletes	Date of Birth	Entry Total	Arrival date	Arrival time Flight No.	Departure date	Departure time Flight No.	Passport No.	Visa No.
1										
2										
3										
4										
5										
6										
7										
8										
9										
10										
11R										
12R										
Nº	Name of Officials		Date of Birth	Position	Arrival date	Arrival time Flight No.	Departure date	Departure time Flight No.	Passport No.	Visa No.
1				Team leader						
2				Doctor						
3				Coach						
4				Therapist						
5										
6										
7										

Country: _____

Signature: _____

Date: _____

ALEXANDER CUP

International cup in memory of the Two-time Olympic Champion Alexander Kurlovich
will be the Tokyo 2020 Qualification Event Silver Event
1 - 4 November 2019, Grodno, Republic of Belarus

FINAL ENTRY FORM

MEN

The Final Entry Form must be submitted to the Organizing Committee prior to **1 October 2019**

BELARUSIAN WEIGHTLIFTING UNION (BWU)

Republic of Belarus, Minsk city, ul. Y. Mavra, 41-510, 220015

Tel: (+ 375-17) 299-08-02, 255-89-55, Fax: (+ 375-17) 299-08-02

e-mail: bwf2004@rambler.ru, belwu@rambler.ru

Nº	Bodyweight Category	Names of Athletes	Date of Birth	Entry Total	Arrival date	Arrival time Flight No.	Departure date	Departure time Flight No.	Passport No.	Visa No.
1										
2										
3										
4										
5										
6										
7										
8										
9										
10										
11R										
12R										
Nº	Name of Officials		Date of Birth	Position	Arrival date	Arrival time Flight No.	Departure date	Departure time Flight No.	Passport No.	Visa No.
1				Team leader						
2				Doctor						
3				Coach						
4				Therapist						
5										
6										
7										

Country: _____

Signature: _____

Date: _____

ALEXANDER CUP

International cup in memory of the Two-time Olympic Champion Alexander Kurlovich
will be the Tokyo 2020 Qualification Event Silver Event
1 - 4 November 2019, Grodno, Republic of Belarus

FINAL ENTRY FORM

WOMEN

The Final Entry Form must be submitted to the Organizing Committee prior to **1 October 2019**

BELARUSIAN WEIGHTLIFTING UNION (BWU)

Republic of Belarus, Minsk city, ul. Y. Mavra, 41-510, 220015

Tel: (+ 375-17) 299-08-02, 255-89-55, Fax: (+ 375-17) 299-08-02

e-mail: bwf2004@rambler.ru, belwu@rambler.ru

N ^o	Bodyweight Category	Names of Athletes	Date of Birth	Entry Total	Arrival date	Arrival time Flight No.	Departure date	Departure time Flight No.	Passport No.	Visa No.
1										
2										
3										
4										
5										
6										
7										
8										
9										
10										
11R										
12R										
N ^o	Name of Officials		Date of Birth	Position	Arrival date	Arrival time Flight No.	Departure date	Departure time Flight No.	Passport No.	Visa No.
1				Team leader						
2				Doctor						
3				Coach						
4				Therapist						
5										
6										
7										

Country: _____

Signature: _____

Date: _____

ALEXANDER CUP
International cup in memory
of the Two-time Olympic Champion Alexander Kurlovich
will be the Tokyo 2020 Qualification Event Silver Event
1 - 4 November 2019, Grodno, Republic of Belarus

TEAM ACCOMMODATION FORM

The Accommodation Form must be submitted to the Organizing Committee prior to **15 October 2019**
BELARUSIAN WEIGHTLIFTING UNION (BWU)
Republic of Belarus, Minsk city, ul. Y. Mavra, 41-510, 220015
Tel: (+ 375-17) 299-08-02, 255-89-55, Fax: (+ 375-17) 299-08-02
e-mail: bwf2004@rambler.ru, belwu@rambler.ru

Date	Single Room	Double Room
1 NOV 2019		
2 NOV 2019		
3 NOV 2019		
4 NOV 2019		
5 NOV 2019		

Country: _____ Signature: _____ Date: _____



VEOTON

ALEXANDER CUP
International cup in memory
of the Two-time Olympic Champion Alexander Kurlovich
will be the Tokyo 2020 Qualification Event Silver Event
1 - 4 November 2019, Grodno, Republic of Belarus

TRANSPORTATION FORM

The Transportation Form must be submitted to the Organizing Committee prior to **15 October 2019**
BELARUSIAN WEIGHTLIFTING UNION (BWU)
Republic of Belarus, Minsk city, ul. Y. Mavra, 41-510, 220015
Tel: (+ 375-17) 299-08-02, 255-89-55, Fax: (+ 375-17) 299-08-02
e-mail: bwf2004@rambler.ru, belwu@rambler.ru

Arrival in Minsk	
Date:	
Time:	
Flight: (Airline code and Flight number)	
Number of delegation members	

Departure from Minsk	
Date:	
Time:	
Flight: (Airline code and Flight number)	
Number of delegation members	

Country: _____ Signature: _____ Date: _____