



# Start List Package

READY STEADY TOKYO - Weightlifting



## CONTENTS OF START BOOK

### TOKYO - JPN 06.07.2019 - 07.07.2019

1. TIMETABLE.....	2
2. OFFICIALS	
Juries,Referees and Directors .....	3
Timekeepers,Technical Controllers,Chief Marshals,Secretaries,Doctors .....	4
3. STATISTICS OF COMPETITORS	
Statistics (Women) .....	5
Statistics (Men).....	6
Combined statistics .....	7
4. WORLD RECORDS	
Women .....	8
Junior Women .....	9
Men.....	11
Junior Men .....	12
5. ASIAN RECORDS	
Women .....	14
Junior Women .....	15
Men.....	17
Junior Men .....	18
6. START LISTS	
Women 49 kg A, 55 kg A.....	20
Men 61 kg A, 67 kg A.....	21
Women 59 kg A, 64 kg A.....	22
Women 71 kg A, 76 kg A, 81 kg A .....	23
Men 73 kg A, 81 kg A.....	24
Men 96 kg A, 102 kg A .....	25
Men 109 kg A .....	26
Men +109 kg A .....	27
Women 87 kg A, +87 kg A.....	28

**TIMETABLE**  
**TOKYO - JPN 06.07.2019 - 07.07.2019**

	SEX	CATEGORY	GROUP	DATE	TIME	COMPETITOR	JURY	REFEREE	CHIEF MARSHAL	TIMEKEEPER	TECHNICAL CONTROLLER	SECRETARY	COMPETITION DOCTOR
1	W	49	A	06.07	09:30	5	1	1	1		1	1	1
		55	A			5							
3	M	61	A	06.07	12:00	4	1	2	1		1	1	1
		67	A			4							
5	W	59	A	06.07	14:30	3	2	3	2		2	2	3
		64	A			5							
7	W	71	A	06.07	17:00	1	2	1	2		2	2	3
		76	A			4							
		81	A			2							
10	M	73	A	06.07	19:30	5	2	2	2		2	2	2
		81	A			6							
12	M	96	A	07.07	09:30	3	2	3	2		2	2	1
		102	A			1							
14	M	109	A	07.07	11:15	9	1	2	1		1	1	2
15	M	+109	A	07.07	14:00	6	1	1	1		1	1	2
16	W	87	A	07.07	16:00	6	1	3	1		1	1	3
		+87	A			4							

**GROUPS OF JURIES AND REFEREES  
TOKYO - JPN 06.07.2019 - 07.07.2019**

**Jury Group 1 President :** VLAD Nicu ROU  
GROTENHUIS Corinne USA      HOUET Bernard FRA  
MAKHMUDOV Shakhriilo UZB      SHIMADA Takahiro JPN

**Jury Group 2 President :** MAHGOUB Mahmoud EGY  
LKHAGVASUREN Odgerel MGL      ENDO Chikage JPN  
KISHKIN Alexander RUS      RIMBOCK Karl GER

**Referee Group 1 :** ABDULLAEVA Zukhra UZB      KO Kwangku KOR  
NIIYA Masayo JPN      SHIMABUKURO Takayuki JPN

**Referee Group 2 :** HASE Shoichi JPN      RIMBOCK Katharina AUT  
SAKO Hiroshi JPN      YANG Mei-Tzu TPE

**Referee Group 3 :** CHOI Michael USA      HUANG Kuei-Chih TPE  
KATO Tomoko JPN      USHIYAMA Seigo JPN

**GROUPS OF OTHER TECHNICAL OFFICIALS  
TOKYO - JPN 06.07.2019 - 07.07.2019****Chief Marshal Group 1** : MIHAJLOVIC Milan SRB**Group 2** : OKADA Jun-ichi JPNUEDA Mitsugu JPN  
SONOYA Kyoichi JPN  
SUEHIRO Makoto JPN  
CHINEN Hideki JPN  
TOYODA Hirokazu JPN**Technical Controller Group 1** : KUOPPALA Taisto FIN**Group 2** : GRIEVE Barbara-Grant NZLMAC NEIL Don CAN  
SANCHEZ Pedro AUS**Secretary Group 1** : FUNAKI Nobuo JPN**Group 2** : ISOMURA Ken-ichi JPNIMOTO Masaru JPN  
TSURUNO Yuko JPN**Competition Doctor Group 1** : Dr. IRANI Michael GBR**Group 2** : Dr. LAVELEE Mark USA**Group 3** : Dr. NAKAJIMA Kohei JPN

TAKEI Takashi JPN

**WOMEN'S STATISTICS**  
**TOKYO - JPN 06.07.2019 - 07.07.2019**

	<b>NATION</b>	<b>45</b>	<b>49</b>	<b>55</b>	<b>59</b>	<b>64</b>	<b>71</b>	<b>76</b>	<b>81</b>	<b>87</b>	<b>+87</b>	<b>TOTAL</b>
1	BEL									1		1
2	CHN		2	2	1	1		1		1	2	10
3	JPN		2	2	1	2	1	1		1		10
4	KAZ									1		1
5	KOR		1	1	1	2		2	2		1	10
6	RUS									1	1	2
7	USA									1		1
	<b>TOTAL</b>		<b>5</b>	<b>5</b>	<b>3</b>	<b>5</b>	<b>1</b>	<b>4</b>	<b>2</b>	<b>6</b>	<b>4</b>	<b>35</b>

**MEN'S STATISTICS**  
**TOKYO - JPN 06.07.2019 - 07.07.2019**

	<b>NATION</b>	<b>55</b>	<b>61</b>	<b>67</b>	<b>73</b>	<b>81</b>	<b>89</b>	<b>96</b>	<b>102</b>	<b>109</b>	<b>+109</b>	<b>TOTAL</b>
1	CHN		2	2	2	2		1		1		10
2	FIN										1	1
3	FRA										1	1
4	JPN		1	1	2	2		1		2	1	10
5	KAZ									2		2
6	KOR		1	1	1	2		1	1	2	1	10
7	RUS									1	1	2
8	TPE										1	1
9	USA									1		1
	<b>TOTAL</b>		<b>4</b>	<b>4</b>	<b>5</b>	<b>6</b>		<b>3</b>	<b>1</b>	<b>9</b>	<b>6</b>	<b>38</b>

**COMBINED STATISTICS**  
**TOKYO - JPN 06.07.2019 - 07.07.2019**

	NATION	JPN-CHN-KOR INTERNATIONAL FRIENDSHIP TOURNAMENT						READY STEADY TOKYO (TOKYO 2020 TEST EVENT)						WOMEN	MEN	TOTAL
		WOMEN			MEN			WOMEN			MEN					
		S	J	Y	S	J	Y	S	J	Y	S	J	Y			
1	BEL							1						1		1
2	CHN	10			10			10			10			10	10	20
3	FIN										1				1	1
4	FRA										1				1	1
5	JPN	10			10			10			10			10	10	20
6	KAZ							1			2			1	2	3
7	KOR	10			10			10			10			10	10	20
8	RUS							2			2			2	2	4
9	TPE										1				1	1
10	USA							1			1			1	1	2
<b>TOTAL</b>		<b>30</b>			<b>30</b>			<b>35</b>			<b>38</b>			<b>35</b>	<b>38</b>	<b>73</b>



**WOMEN'S WORLD RECORDS**  
**TOKYO - JPN 06.07.2019 - 07.07.2019**

Cat	Lift	Result	Name	DOB	Nat	Date	Place
45 kg	Snatch	85 kg	World Standard				
	C&J	108 kg	World Standard				
	Total	191 kg	World Standard				
49 kg	Snatch	94 kg	HOU Zihui	18.03.1997	CHN	23.02.2019	Fuzhou
	C&J	120 kg	PRAMONGKHOL Chayuttra	29.11.1994	THA	03.11.2018	Ashgabat
	Total	210 kg	HOU Zihui	18.03.1997	CHN	23.02.2019	Fuzhou
55 kg	Snatch	105 kg	SRISURAT Sukanya	03.05.1995	THA	03.11.2018	Ashgabat
	C&J	128 kg	LIAO Qiuyun	13.07.1995	CHN	22.04.2019	Ningbo
	Total	232 kg	SRISURAT Sukanya	03.05.1995	THA	03.11.2018	Ashgabat
59 kg	Snatch	106 kg	KUO Hsing-Chun	26.11.1993	TPE	23.04.2019	Ningbo
	C&J	137 kg	KUO Hsing-Chun	26.11.1993	TPE	23.04.2019	Ningbo
	Total	243 kg	KUO Hsing-Chun	26.11.1993	TPE	23.04.2019	Ningbo
64 kg	Snatch	115 kg	DENG Wei	14.02.1993	CHN	24.04.2019	Ningbo
	C&J	142 kg	DENG Wei	14.02.1993	CHN	24.04.2019	Ningbo
	Total	257 kg	DENG Wei	14.02.1993	CHN	24.04.2019	Ningbo
71 kg	Snatch	117 kg	World Standard				
	C&J	152 kg	ZHANG Wangli	27.05.1996	CHN	06.11.2018	Ashgabat
	Total	267 kg	ZHANG Wangli	27.05.1996	CHN	06.11.2018	Ashgabat
76 kg	Snatch	123 kg	RIM Jong Sim	05.02.1993	PRK	26.04.2019	Ningbo
	C&J	156 kg	ZHANG Wangli	27.05.1996	CHN	26.02.2019	Fuzhou
	Total	278 kg	RIM Jong Sim	05.02.1993	PRK	26.04.2019	Ningbo
81 kg	Snatch	127 kg	World Standard				
	C&J	158 kg	World Standard				
	Total	283 kg	World Standard				
87 kg	Snatch	132 kg	World Standard				
	C&J	164 kg	World Standard				
	Total	294 kg	World Standard				
+87 kg	Snatch	147 kg	LI Wenwen	05.03.2000	CHN	28.04.2019	Ningbo
	C&J	185 kg	KASHIRINA Tatiana	24.01.1991	RUS	10.11.2018	Ashgabat
	Total	331 kg	KASHIRINA Tatiana	24.01.1991	RUS	13.04.2019	Batumi

**JUNIOR WOMEN'S WORLD RECORDS  
TOKYO - JPN 06.07.2019 - 07.07.2019**

Cat	Lift	Result	Name	DOB	Nat	Date	Place
45 kg	Snatch	78 kg	World Standard				
	C&J	104 kg	DZHUMABAYEVA Yulduz	22.04.1998	TKM	04.11.2018	Ashgabat
	Total	179 kg	DZHUMABAYEVA Yulduz	22.04.1998	TKM	04.11.2018	Ashgabat
49 kg	Snatch	92 kg	JIANG Huihua	22.01.1998	CHN	03.11.2018	Ashgabat
	C&J	114 kg	JIANG Huihua	22.01.1998	CHN	03.11.2018	Ashgabat
	Total	206 kg	JIANG Huihua	22.01.1998	CHN	03.11.2018	Ashgabat
55 kg	Snatch	97 kg	LANDOULSI Nouha	05.05.1998	TUN	03.11.2018	Ashgabat
	C&J	114 kg	World Standard				
	Total	211 kg	LANDOULSI Nouha	05.05.1998	TUN	03.11.2018	Ashgabat
59 kg	Snatch	104 kg	LUO Xiaomin	14.11.1999	CHN	08.02.2019	Chiang Mai
	C&J	124 kg	KOHA Rebeka	19.05.1998	LAT	04.11.2018	Ashgabat
	Total	227 kg	KOHA Rebeka	19.05.1998	LAT	04.11.2018	Ashgabat
64 kg	Snatch	105 kg	HUANG Ting	16.01.1999	CHN	21.12.2018	Doha
	C&J	135 kg	HUANG Ting	16.01.1999	CHN	08.02.2019	Chiang Mai
	Total	240 kg	HUANG Ting	16.01.1999	CHN	08.02.2019	Chiang Mai
71 kg	Snatch	111 kg	AHMED Sara Samir Elsayed	01.01.1998	EGY	06.11.2018	Ashgabat
	C&J	141 kg	AHMED Sara Samir Elsayed	01.01.1998	EGY	06.11.2018	Ashgabat
	Total	252 kg	AHMED Sara Samir Elsayed	01.01.1998	EGY	06.11.2018	Ashgabat
76 kg	Snatch	117 kg	DAJOMES BARRERA Neisi P.	12.05.1998	ECU	07.11.2018	Ashgabat
	C&J	142 kg	DAJOMES BARRERA Neisi P.	12.05.1998	ECU	07.11.2018	Ashgabat
	Total	259 kg	DAJOMES BARRERA Neisi P.	12.05.1998	ECU	07.11.2018	Ashgabat
81 kg	Snatch	118 kg	World Standard				
	C&J	145 kg	World Standard				
	Total	259 kg	World Standard				
87 kg	Snatch	122 kg	World Standard				
	C&J	150 kg	World Standard				
	Total	269 kg	World Standard				
+87 kg	Snatch	147 kg	LI Wenwen	05.03.2000	CHN	28.04.2019	Ningbo
	C&J	182 kg	LI Wenwen	05.03.2000	CHN	27.02.2019	Fuzhou
	Total	324 kg	LI Wenwen	05.03.2000	CHN	27.02.2019	Fuzhou

**MEN'S WORLD RECORDS  
TOKYO - JPN 06.07.2019 - 07.07.2019**

Cat	Lift	Result	Name	DOB	Nat	Date	Place
55 kg	Snatch	135 kg	World Standard				
	C&J	162 kg	OM Yun Chol	18.11.1991	PRK	02.11.2018	Ashgabat
	Total	293 kg	World Standard				
61 kg	Snatch	144 kg	World Standard				
	C&J	174 kg	IRAWAN Eko Yuli	24.07.1989	INA	03.11.2018	Ashgabat
	Total	317 kg	IRAWAN Eko Yuli	24.07.1989	INA	03.11.2018	Ashgabat
67 kg	Snatch	154 kg	CHEN Lijun	08.02.1993	CHN	21.04.2019	Ningbo
	C&J	185 kg	CHEN Lijun	08.02.1993	CHN	21.04.2019	Ningbo
	Total	339 kg	CHEN Lijun	08.02.1993	CHN	21.04.2019	Ningbo
73 kg	Snatch	168 kg	SHI Zhiyong	10.10.1993	CHN	22.04.2019	Ningbo
	C&J	196 kg	SHI Zhiyong	10.10.1993	CHN	04.11.2018	Ashgabat
	Total	362 kg	SHI Zhiyong	10.10.1993	CHN	22.04.2019	Ningbo
81 kg	Snatch	173 kg	MAHMOUD Mohamed Ihab Yous	21.11.1989	EGY	05.11.2018	Ashgabat
	C&J	206 kg	World Standard				
	Total	375 kg	LI Dayin	12.02.1998	CHN	24.02.2019	Fuzhou
89 kg	Snatch	179 kg	World Standard				
	C&J	216 kg	World Standard				
	Total	387 kg	World Standard				
96 kg	Snatch	186 kg	MORADI Sohrab	22.09.1988	IRI	07.11.2018	Ashgabat
	C&J	230 kg	MORADI Sohrab	22.09.1988	IRI	07.11.2018	Ashgabat
	Total	416 kg	MORADI Sohrab	22.09.1988	IRI	07.11.2018	Ashgabat
102 kg	Snatch	191 kg	World Standard				
	C&J	231 kg	World Standard				
	Total	412 kg	World Standard				
109 kg	Snatch	196 kg	World Standard				
	C&J	240 kg	MARTIROSYAN Simon	17.02.1997	ARM	09.11.2018	Ashgabat
	Total	435 kg	MARTIROSYAN Simon	17.02.1997	ARM	09.11.2018	Ashgabat
+109 kg	Snatch	218 kg	TALAKHADZE Lasha	02.10.1993	GEO	13.04.2019	Batumi
	C&J	260 kg	TALAKHADZE Lasha	02.10.1993	GEO	13.04.2019	Batumi
	Total	478 kg	TALAKHADZE Lasha	02.10.1993	GEO	13.04.2019	Batumi

**JUNIOR MEN'S WORLD RECORDS  
TOKYO - JPN 06.07.2019 - 07.07.2019**

Cat	Lift	Result	Name	DOB	Nat	Date	Place
55 kg	Snatch	122 kg	World Standard				
	C&J	146 kg	World Standard				
	Total	264 kg	World Standard				
61 kg	Snatch	136 kg	ERGASHEV Adkhamjon	12.03.1999	UZB	03.11.2018	Ashgabat
	C&J	158 kg	World Standard				
	Total	293 kg	ERGASHEV Adkhamjon	12.03.1999	UZB	03.11.2018	Ashgabat
67 kg	Snatch	142 kg	ERGASHEV Adkhamjon	12.03.1999	UZB	20.12.2018	Doha
	C&J	174 kg	ERGASHEV Adkhamjon	12.03.1999	UZB	21.04.2019	Ningbo
	Total	316 kg	ERGASHEV Adkhamjon	12.03.1999	UZB	21.04.2019	Ningbo
73 kg	Snatch	154 kg	CUMMINGS JR Clarence	06.06.2000	USA	27.06.2019	La Habana
	C&J	193 kg	CUMMINGS JR Clarence	06.06.2000	USA	27.06.2019	La Habana
	Total	347 kg	CUMMINGS JR Clarence	06.06.2000	USA	27.06.2019	La Habana
81 kg	Snatch	168 kg	LI Dayin	12.02.1998	CHN	05.11.2018	Ashgabat
	C&J	204 kg	LI Dayin	12.02.1998	CHN	05.11.2018	Ashgabat
	Total	372 kg	LI Dayin	12.02.1998	CHN	05.11.2018	Ashgabat
89 kg	Snatch	168 kg	DAVITADZE Revaz	16.10.1998	GEO	06.11.2018	Ashgabat
	C&J	204 kg	VALLENILLA SANCHEZ Keydom	08.10.1999	VEN	06.11.2018	Ashgabat
	Total	371 kg	DAVITADZE Revaz	16.10.1998	GEO	06.11.2018	Ashgabat
96 kg	Snatch	180 kg	TSIKHANTSOU Yauheni	04.11.1998	BLR	07.11.2018	Ashgabat
	C&J	225 kg	ELBAKH Fares Ibrahim E. H	04.06.1998	QAT	21.12.2018	Doha
	Total	397 kg	ELBAKH Fares Ibrahim E. H	04.06.1998	QAT	21.12.2018	Doha
102 kg	Snatch	180 kg	DJURAEV Akbar	08.10.1999	UZB	08.11.2018	Ashgabat
	C&J	212 kg	World Standard				
	Total	392 kg	DJURAEV Akbar	08.10.1999	UZB	08.11.2018	Ashgabat
109 kg	Snatch	185 kg	DJURAEV Akbar	08.10.1999	UZB	27.04.2019	Ningbo
	C&J	225 kg	DJURAEV Akbar	08.10.1999	UZB	27.04.2019	Ningbo
	Total	410 kg	DJURAEV Akbar	08.10.1999	UZB	27.04.2019	Ningbo
+109 kg	Snatch	197 kg	DAVOUDI Ali	22.03.1999	IRI	10.11.2018	Ashgabat
	C&J	237 kg	DAVOUDI Ali	22.03.1999	IRI	28.04.2019	Ningbo
	Total	432 kg	DAVOUDI Ali	22.03.1999	IRI	28.04.2019	Ningbo

**WOMEN'S ASIAN RECORDS**  
**TOKYO - JPN 06.07.2019 - 07.07.2019**

Cat	Lift	Result	Name	DOB	Nat	Date	Place
45 kg	Snatch	84 kg	Asian Standard				
	C&J	108 kg	Asian Standard				
	Total	190 kg	Asian Standard				
49 kg	Snatch	94 kg	HOU Zihui	18.03.1997	CHN	23.02.2019	Fuzhou
	C&J	120 kg	PRAMONGKHOL Chayuttra	29.11.1994	THA	03.11.2018	Ashgabat
	Total	210 kg	HOU Zihui	18.03.1997	CHN	23.02.2019	Fuzhou
55 kg	Snatch	105 kg	SRISURAT Sukanya	03.05.1995	THA	03.11.2018	Ashgabat
	C&J	128 kg	LIAO Qiuyun	13.07.1995	CHN	22.04.2019	Ningbo
	Total	232 kg	SRISURAT Sukanya	03.05.1995	THA	03.11.2018	Ashgabat
59 kg	Snatch	106 kg	KUO Hsing-Chun	26.11.1993	TPE	23.04.2019	Ningbo
	C&J	137 kg	KUO Hsing-Chun	26.11.1993	TPE	23.04.2019	Ningbo
	Total	243 kg	KUO Hsing-Chun	26.11.1993	TPE	23.04.2019	Ningbo
64 kg	Snatch	115 kg	DENG Wei	14.02.1993	CHN	24.04.2019	Ningbo
	C&J	142 kg	DENG Wei	14.02.1993	CHN	24.04.2019	Ningbo
	Total	257 kg	DENG Wei	14.02.1993	CHN	24.04.2019	Ningbo
71 kg	Snatch	117 kg	Asian Standard				
	C&J	152 kg	ZHANG Wangli	27.05.1996	CHN	06.11.2018	Ashgabat
	Total	267 kg	ZHANG Wangli	27.05.1996	CHN	06.11.2018	Ashgabat
76 kg	Snatch	123 kg	RIM Jong Sim	05.02.1993	PRK	26.04.2019	Ningbo
	C&J	156 kg	ZHANG Wangli	27.05.1996	CHN	26.02.2019	Fuzhou
	Total	278 kg	RIM Jong Sim	05.02.1993	PRK	26.04.2019	Ningbo
81 kg	Snatch	125 kg	Asian Standard				
	C&J	157 kg	Asian Standard				
	Total	280 kg	Asian Standard				
87 kg	Snatch	130 kg	Asian Standard				
	C&J	162 kg	Asian Standard				
	Total	289 kg	Asian Standard				
+87 kg	Snatch	147 kg	LI Wenwen	05.03.2000	CHN	28.04.2019	Ningbo
	C&J	185 kg	MENG Suping	17.07.1989	CHN	27.02.2019	Fuzhou
	Total	327 kg	MENG Suping	17.07.1989	CHN	10.11.2018	Ashgabat

**JUNIOR WOMEN'S ASIAN RECORDS  
TOKYO - JPN 06.07.2019 - 07.07.2019**

Cat	Lift	Result	Name	DOB	Nat	Date	Place
45 kg	Snatch	78 kg	Asian Standard				
	C&J	104 kg	DZHUMABAYEVA Yulduz	22.04.1998	TKM	04.11.2018	Ashgabat
	Total	179 kg	DZHUMABAYEVA Yulduz	22.04.1998	TKM	04.11.2018	Ashgabat
49 kg	Snatch	92 kg	JIANG Huihua	22.01.1998	CHN	03.11.2018	Ashgabat
	C&J	114 kg	JIANG Huihua	22.01.1998	CHN	03.11.2018	Ashgabat
	Total	206 kg	JIANG Huihua	22.01.1998	CHN	03.11.2018	Ashgabat
55 kg	Snatch	91 kg	Asian Standard				
	C&J	114 kg	Asian Standard				
	Total	205 kg	GYAN Hongyan	27.01.2001	CHN	03.06.2019	Suva
59 kg	Snatch	104 kg	LUO Xiaomin	14.11.1999	CHN	08.02.2019	Chiang Mai
	C&J	123 kg	LUO Xiaomin	14.11.1999	CHN	21.12.2018	Doha
	Total	224 kg	LUO Xiaomin	14.11.1999	CHN	21.12.2018	Doha
64 kg	Snatch	105 kg	HUANG Ting	16.01.1999	CHN	21.12.2018	Doha
	C&J	135 kg	HUANG Ting	16.01.1999	CHN	08.02.2019	Chiang Mai
	Total	240 kg	HUANG Ting	16.01.1999	CHN	08.02.2019	Chiang Mai
71 kg	Snatch	107 kg	Asian Standard				
	C&J	133 kg	Asian Standard				
	Total	238 kg	Asian Standard				
76 kg	Snatch	110 kg	Asian Standard				
	C&J	138 kg	Asian Standard				
	Total	246 kg	Asian Standard				
81 kg	Snatch	113 kg	Asian Standard				
	C&J	142 kg	Asian Standard				
	Total	252 kg	Asian Standard				
87 kg	Snatch	115 kg	Asian Standard				
	C&J	145 kg	Asian Standard				
	Total	258 kg	Asian Standard				
+87 kg	Snatch	147 kg	LI Wenwen	05.03.2000	CHN	28.04.2019	Ningbo
	C&J	182 kg	LI Wenwen	05.03.2000	CHN	27.02.2019	Fuzhou
	Total	324 kg	LI Wenwen	05.03.2000	CHN	27.02.2019	Fuzhou

**MEN'S ASIAN RECORDS  
TOKYO - JPN 06.07.2019 - 07.07.2019**

Cat	Lift	Result	Name	DOB	Nat	Date	Place
55 kg	Snatch	135 kg	Asian Standard				
	C&J	162 kg	OM Yun Chol	18.11.1991	PRK	02.11.2018	Ashgabat
	Total	292 kg	Asian Standard				
61 kg	Snatch	144 kg	Asian Standard				
	C&J	174 kg	IRAWAN Eko Yuli	24.07.1989	INA	03.11.2018	Ashgabat
	Total	317 kg	IRAWAN Eko Yuli	24.07.1989	INA	03.11.2018	Ashgabat
67 kg	Snatch	154 kg	CHEN Lijun	08.02.1993	CHN	21.04.2019	Ningbo
	C&J	185 kg	CHEN Lijun	08.02.1993	CHN	21.04.2019	Ningbo
	Total	339 kg	CHEN Lijun	08.02.1993	CHN	21.04.2019	Ningbo
73 kg	Snatch	168 kg	SHI Zhiyong	10.10.1993	CHN	22.04.2019	Ningbo
	C&J	196 kg	SHI Zhiyong	10.10.1993	CHN	04.11.2018	Ashgabat
	Total	362 kg	SHI Zhiyong	10.10.1993	CHN	22.04.2019	Ningbo
81 kg	Snatch	172 kg	LYU Xiaojun	27.07.1984	CHN	05.11.2018	Ashgabat
	C&J	206 kg	Asian Standard				
	Total	375 kg	LI Dayin	12.02.1998	CHN	24.02.2019	Fuzhou
89 kg	Snatch	175 kg	Asian Standard				
	C&J	216 kg	Asian Standard				
	Total	387 kg	Asian Standard				
96 kg	Snatch	186 kg	MORADI Sohrab	22.09.1988	IRI	07.11.2018	Ashgabat
	C&J	230 kg	MORADI Sohrab	22.09.1988	IRI	07.11.2018	Ashgabat
	Total	416 kg	MORADI Sohrab	22.09.1988	IRI	07.11.2018	Ashgabat
102 kg	Snatch	186 kg	Asian Standard				
	C&J	231 kg	Asian Standard				
	Total	412 kg	Asian Standard				
109 kg	Snatch	196 kg	YANG Zhe	14.07.1991	CHN	09.11.2018	Ashgabat
	C&J	237 kg	Asian Standard				
	Total	422 kg	Asian Standard				
+109 kg	Snatch	204 kg	Asian Standard				
	C&J	249 kg	Asian Standard				
	Total	448 kg	Asian Standard				

**JUNIOR MEN'S ASIAN RECORDS  
TOKYO - JPN 06.07.2019 - 07.07.2019**

Cat	Lift	Result	Name	DOB	Nat	Date	Place
55 kg	Snatch	122 kg	Asian Standard				
	C&J	146 kg	Asian Standard				
	Total	264 kg	Asian Standard				
61 kg	Snatch	136 kg	ERGASHEV Adkhamjon	12.03.1999	UZB	03.11.2018	Ashgabat
	C&J	158 kg	Asian Standard				
	Total	293 kg	ERGASHEV Adkhamjon	12.03.1999	UZB	03.11.2018	Ashgabat
67 kg	Snatch	142 kg	ERGASHEV Adkhamjon	12.03.1999	UZB	20.12.2018	Doha
	C&J	174 kg	ERGASHEV Adkhamjon	12.03.1999	UZB	21.04.2019	Ningbo
	Total	316 kg	ERGASHEV Adkhamjon	12.03.1999	UZB	21.04.2019	Ningbo
73 kg	Snatch	146 kg	SOLTANI Hossein	12.02.1999	IRI	04.11.2018	Ashgabat
	C&J	175 kg	Asian Standard				
	Total	320 kg	SOLTANI Hossein	12.02.1999	IRI	04.11.2018	Ashgabat
81 kg	Snatch	168 kg	LI Dayin	12.02.1998	CHN	05.11.2018	Ashgabat
	C&J	204 kg	LI Dayin	12.02.1998	CHN	05.11.2018	Ashgabat
	Total	372 kg	LI Dayin	12.02.1998	CHN	05.11.2018	Ashgabat
89 kg	Snatch	159 kg	Asian Standard				
	C&J	195 kg	KHAKI BAKHTIARVAND Aref	24.12.1998	IRI	06.11.2018	Ashgabat
	Total	353 kg	KHAKI BAKHTIARVAND Aref	24.12.1999	IRI	06.11.2018	Ashgabat
96 kg	Snatch	172 kg	ELBAKH Fares Ibrahim E. H	04.06.1998	QAT	21.12.2018	Doha
	C&J	225 kg	ELBAKH Fares Ibrahim E. H	04.06.1998	QAT	21.12.2018	Doha
	Total	397 kg	ELBAKH Fares Ibrahim E. H	04.06.1998	QAT	21.12.2018	Doha
102 kg	Snatch	180 kg	DJURAEV Akbar	08.10.1999	UZB	08.11.2018	Ashgabat
	C&J	212 kg	DJURAEV Akbar	08.10.1999	UZB	08.11.2018	Ashgabat
	Total	392 kg	DJURAEV Akbar	08.10.1999	UZB	08.11.2018	Ashgabat
109 kg	Snatch	185 kg	DJURAEV Akbar	08.10.1999	UZB	27.04.2019	Ningbo
	C&J	225 kg	DJURAEV Akbar	08.10.1999	UZB	27.04.2019	Ningbo
	Total	410 kg	DJURAEV Akbar	08.10.1999	UZB	27.04.2019	Ningbo
+109 kg	Snatch	197 kg	DAVOUDI Ali	22.03.1999	IRI	10.11.2018	Ashgabat
	C&J	237 kg	DAVOUDI Ali	22.03.1999	IRI	28.04.2019	Ningbo
	Total	432 kg	DAVOUDI Ali	22.03.1999	IRI	28.04.2019	Ningbo



## START LIST Women 49kg A, 55kg A TOKYO - JPN 06.07.2019 - 07.07.2019

Competition start: 06.07.2019 09:30

Weigh-in start: 07:30

	LOT	NAME	DOB	NATION	ENTRY	JPN-CHN-KOR INTERNATIONAL FRIENDSHIP TOURNAMENT			READY STEADY TOKYO (TOKYO 2020 TEST EVENT)		
						S	J	Y	S	J	Y
1	6	JIANG Huihua	22.01.1998	CHN	210	49			49		
2	10	TAKAHASHI Ibuki	24.03.1997	JPN	175	49			49		
3	36	LEE Seulki	20.08.1995	KOR	140	49			49		
4	45	MIYAKE Hiromi	18.11.1985	JPN	183	49			49		
5	65	HOU Zhihui	18.03.1997	CHN	210	49			49		
6	1	LIAO Qiuyun	13.07.1995	CHN	220	55			55		
7	7	SADOYAMA Ayana	16.07.1992	JPN	186	55			55		
8	13	LI Yajun	27.04.1993	CHN	220	55			55		
9	54	HAM Eunji	23.07.1997	KOR	180	55			55		
10	64	YAGI Kanae	03.05.1994	JPN	195	55			55		

**President of Jury** : VLAD Nicu ROU  
**Member of Jury** : GROTENHUIS Corinne USA      HOUET Bernard FRA  
**Member of Jury** : MAKHMUDOV Shakhriilo UZB      SHIMADA Takahiro JPN  
**Centre Referee** : ABDULLAEVA Zukhra UZB  
**Referee** : 1. KO Kwangku KOR      3. NIIYA Masayo JPN  
**Reserve Referee** : SHIMABUKURO Takayuki JPN  
**Chief Marshal** : MIHAJLOVIC Milan SRB      UEDA Mitsugu JPN  
**Technical Controller** : KUOPPALA Taisto FIN      MAC NEIL Don CAN  
**Secretary** : FUNAKI Nobuo JPN      IMOTO Masaru JPN  
**Competition Doctor** : Dr. IRANI Michael GBR      TAKEI Takashi JPN

## START LIST Men 61kg A, 67kg A TOKYO - JPN 06.07.2019 - 07.07.2019

Competition start: 06.07.2019 12:00

Weigh-in start: 10:00

	LOT	NAME	DOB	NATION	ENTRY	JPN-CHN-KOR INTERNATIONAL FRIENDSHIP TOURNAMENT			READY STEADY TOKYO (TOKYO 2020 TEST EVENT)		
						S	J	Y	S	J	Y
1	15	HIRAI Hayato	08.08.1994	JPN	265	61			61		
2	22	QIN Fulin	12.01.1994	CHN	300	61			61		
3	23	KIM Young-ho	09.10.1996	KOR	250	61			61		
4	61	LI Fabin	15.01.1993	CHN	300	61			61		
5	33	CHEN Lijun	08.02.1993	CHN	320	67			67		
6	42	HUANG Minhao	21.08.1992	CHN	320	67			67		
7	59	LEE Changho	08.11.1987	KOR	270	67			67		
8	60	ITOKAZU Yoichi	24.05.1991	JPN	290	67			67		

**President of Jury** : VLAD Nicu ROU  
**Member of Jury** : GROTENHUIS Corinne USA      HOUET Bernard FRA  
**Member of Jury** : MAKHMUDOV Shakhriilo UZB      SHIMADA Takahiro JPN  
**Centre Referee** : HASE Shoichi JPN  
**Referee** : 1. RIMBOCK Katharina AUT      3. SAKO Hiroshi JPN  
**Reserve Referee** : YANG Mei-Tzu TPE  
**Chief Marshal** : MIHAJLOVIC Milan SRB      UEDA Mitsugu JPN  
**Technical Controller** : KUOPPALA Taisto FIN      MAC NEIL Don CAN  
**Secretary** : FUNAKI Nobuo JPN      IMOTO Masaru JPN  
**Competition Doctor** : Dr. IRANI Michael GBR      TAKEI Takashi JPN

## START LIST Women 59kg A, 64kg A TOKYO - JPN 06.07.2019 - 07.07.2019

Competition start: 06.07.2019 14:30

Weigh-in start: 12:30

	LOT	NAME	DOB	NATION	ENTRY	JPN-CHN-KOR INTERNATIONAL FRIENDSHIP TOURNAMENT			READY STEADY TOKYO (TOKYO 2020 TEST EVENT)		
						S	J	Y	S	J	Y
1	19	KIM Sohwa	04.02.1992	KOR	200	59			59		
2	71	ANDOH Mikiko	30.09.1992	JPN	224	59			59		
3	73	CHEN Guiming	03.01.1994	CHN	230	59			59		
4	3	KIM Yera	28.12.1994	KOR	190	64			64		
5	25	DENG Wei	14.02.1993	CHN	240	64			64		
6	27	MATSUMOTO Namika	07.02.1992	JPN	212	64			64		
7	52	YOSHIDA Akane	31.05.1994	JPN	208	64			64		
8	62	HAN Sojin	07.09.1995	KOR	200	64			64		

**President of Jury** : MAHGOUB Mahmoud EGY  
**Member of Jury** : LKHAGVASUREN Odgerel MGL ENDO Chikage JPN  
**Member of Jury** : KISHKIN Alexander RUS RIMBOCK Karl GER  
**Centre Referee** : CHOI Michael USA  
**Referee** : 1. HUANG Kuei-Chih TPE 3. KATO Tomoko JPN  
**Reserve Referee** : USHIYAMA Seigo JPN  
**Chief Marshal** : OKADA Jun-ichi JPN SUEHIRO Makoto JPN  
**Technical Controller** : GRIEVE Barbara-Grant NZL SANCHEZ Pedro AUS  
**Secretary** : ISOMURA Ken-ichi JPN TSURUNO Yuko JPN  
**Competition Doctor** : Dr. NAKAJIMA Kohei JPN

## START LIST Women 71kg A, 76kg A, 81kg A TOKYO - JPN 06.07.2019 - 07.07.2019

Competition start: 06.07.2019 17:00

Weigh-in start: 15:00

	LOT	NAME	DOB	NATION	ENTRY	JPN-CHN-KOR INTERNATIONAL FRIENDSHIP TOURNAMENT			READY STEADY TOKYO (TOKYO 2020 TEST EVENT)		
						S	J	Y	S	J	Y
1	44	ISHII Miku	30.03.1998	JPN	209	71			71		
2	4	ZHANG Wangli	27.05.1996	CHN	255	76			76		
3	5	MUN Minhee	07.07.1995	KOR	220	76			76		
4	40	KAMIYA Ayumi	28.03.1992	JPN	205	76			76		
5	53	KIM Suhyeon	06.02.1995	KOR	235	76			76		
6	11	LEE Jieun	01.06.1997	KOR	200	81			81		
7	49	KANG Yoonhee	15.10.1992	KOR	225	81			81		

**President of Jury** : MAHGOUB Mahmoud EGY  
**Member of Jury** : LKHAGVASUREN Odgerel MGL ENDO Chikage JPN  
**Member of Jury** : KISHKIN Alexander RUS RIMBOCK Karl GER  
**Centre Referee** : KO Kwangku KOR  
**Referee** : 1. NIIYA Masayo JPN 3. SHIMABUKURO Takayuki JPN  
**Reserve Referee** : ABDULLAEVA Zukhra UZB  
**Chief Marshal** : OKADA Jun-ichi JPN SUEHIRO Makoto JPN  
**Technical Controller** : GRIEVE Barbara-Grant NZL SANCHEZ Pedro AUS  
**Secretary** : ISOMURA Ken-ichi JPN TSURUNO Yuko JPN  
**Competition Doctor** : Dr. NAKAJIMA Kohei JPN

## START LIST Men 73kg A, 81kg A TOKYO - JPN 06.07.2019 - 07.07.2019

Competition start: 06.07.2019 19:30

Weigh-in start: 17:30

	LOT	NAME	DOB	NATION	ENTRY	JPN-CHN-KOR INTERNATIONAL FRIENDSHIP TOURNAMENT			READY STEADY TOKYO (TOKYO 2020 TEST EVENT)		
						S	J	Y	S	J	Y
1	8	KONNAI Mitsunori	14.03.1996	JPN	310	73			73		
2	24	SHI Zhiyong	10.10.1993	CHN	340	73			73		
3	37	MIYAMOTO Masanori	03.02.1997	JPN	330	73			73		
4	57	YUAN Chengfei	14.07.1995	CHN	340	73			73		
5	67	BAK Joohyo	29.06.1997	KOR	330	73			73		
6	17	KIM Woojae	26.09.1991	KOR	270	81			81		
7	18	KASAI Takehiro	12.11.1993	JPN	320	81			81		
8	29	LI Dayin	12.02.1998	CHN	360	81			81		
9	30	WON Jeongsik	09.12.1990	KOR	270	81			81		
10	46	LYU Xiaojun	27.07.1984	CHN	350	81			81		
11	51	HARA Yuki	12.05.1997	JPN	310	81			81		

**President of Jury** : MAHGOUR Mahmoud EGY  
**Member of Jury** : LKHAGVASUREN Odgerel MGL ENDO Chikage JPN  
**Member of Jury** : KISHKIN Alexander RUS RIMBOCK Karl GER  
**Centre Referee** : RIMBOCK Katharina AUT  
**Referee** : 1. SAKO Hiroshi JPN 3. YANG Mei-Tzu TPE  
**Reserve Referee** : HASE Shoichi JPN  
**Chief Marshal** : OKADA Jun-ichi JPN SUEHIRO Makoto JPN  
**Technical Controller** : GRIEVE Barbara-Grant NZL SANCHEZ Pedro AUS  
**Secretary** : ISOMURA Ken-ichi JPN TSURUNO Yuko JPN  
**Competition Doctor** : Dr. LAVELEE Mark USA

**START LIST Men 96kg A, 102kg A  
TOKYO - JPN 06.07.2019 - 07.07.2019**

Competition start: 07.07.2019 09:30

Weigh-in start: 07:30

	LOT	NAME	DOB	NATION	ENTRY	JPN-CHN-KOR INTERNATIONAL FRIENDSHIP TOURNAMENT			READY STEADY TOKYO (TOKYO 2020 TEST EVENT)		
						S	J	Y	S	J	Y
1	38	TIAN Tao	08.04.1994	CHN	370	96			96		
2	41	HAN Junghoon	28.08.1990	KOR	330	96			96		
3	72	YAMAMOTO Toshiki	08.09.1991	JPN	340	96			96		
4	55	JIN Yunseong	11.10.1995	KOR	380	102			102		

**President of Jury** : MAHGOUB Mahmoud EGY  
**Member of Jury** : LKHAGVASUREN Odgerel MGL ENDO Chikage JPN  
**Member of Jury** : KISHKIN Alexander RUS RIMBOCK Karl GER  
**Centre Referee** : HUANG Kuei-Chih TPE  
**Referee** : 1. KATO Tomoko JPN 3. USHIYAMA Seigo JPN  
**Reserve Referee** : CHOI Michael USA  
**Chief Marshal** : OKADA Jun-ichi JPN SUEHIRO Makoto JPN  
**Technical Controller** : GRIEVE Barbara-Grant NZL SANCHEZ Pedro AUS  
**Secretary** : ISOMURA Ken-ichi JPN TSURUNO Yuko JPN  
**Competition Doctor** : Dr. IRANI Michael GBR TAKEI Takashi JPN

## START LIST Men 109kg A TOKYO - JPN 06.07.2019 - 07.07.2019

Competition start: 07.07.2019 11:15

Weigh-in start: 09:15

	LOT	NAME	DOB	NATION	ENTRY	JPN-CHN-KOR INTERNATIONAL FRIENDSHIP TOURNAMENT			READY STEADY TOKYO (TOKYO 2020 TEST EVENT)		
						S	J	Y	S	J	Y
1	2	TANAKA Taro	22.01.1994	JPN	340	109			109		
2	12	BERSANOV Ibragim	25.10.1992	KAZ	370				109		
3	20	SEO Huiyeop	29.02.1992	KOR	365	109			109		
4	31	ILYIN Ilya	24.05.1988	KAZ	350				109		
5	32	SHIRAISHI Hiroaki	24.10.1989	JPN	360	109			109		
6	35	JEONG Kisam	25.08.1987	KOR	370	109			109		
7	39	YANG Zhe	14.07.1991	CHN	390	109			109		
8	58	KITTS Wesley Brian	22.05.1990	USA	375				109		
9	68	BOCHKOV Rodion	27.09.1993	RUS	395				109		

**President of Jury** : VLAD Nicu ROU  
**Member of Jury** : GROTENHUIS Corinne USA      HOUET Bernard FRA  
**Member of Jury** : MAKHMUDOV Shakhrillo UZB      SHIMADA Takahiro JPN  
**Centre Referee** : SAKO Hiroshi JPN  
**Referee** : 1. YANG Mei-Tzu TPE      3. HASE Shoichi JPN  
**Reserve Referee** : RIMBOCK Katharina AUT  
**Chief Marshal** : MIHAJLOVIC Milan SRB      UEDA Mitsugu JPN  
**Technical Controller** : KUOPPALA Taisto FIN      MAC NEIL Don CAN  
**Secretary** : FUNAKI Nobuo JPN      IMOTO Masaru JPN  
**Competition Doctor** : Dr. LAVELEE Mark USA

RECORDS	LIFT	SENIOR	JUNIOR	YOUTH
WORLD	SNATCH	196 World Standard	185 DJURAEV Akbar UZB	162 World Standard
	C&J	240 MARTIROSYAN Simon ARM	225 DJURAEV Akbar UZB	196 World Standard
	TOTAL	435 MARTIROSYAN Simon ARM	410 DJURAEV Akbar UZB	352 World Standard
ASIAN	SNATCH	196 YANG Zhe CHN	185 DJURAEV Akbar UZB	162 World Standard
	C&J	237 Asian Standard HUN	225 DJURAEV Akbar UZB	196 World Standard
	TOTAL	422 Asian Standard HUN	410 DJURAEV Akbar UZB	352 World Standard

**START LIST Men +109kg A**  
**TOKYO - JPN 06.07.2019 - 07.07.2019**

Competition start: 07.07.2019 14:00

Weigh-in start: 12:00

	LOT	NAME	DOB	NATION	ENTRY	JPN-CHN-KOR INTERNATIONAL FRIENDSHIP TOURNAMENT			READY STEADY TOKYO (TOKYO 2020 TEST EVENT)		
						S	J	Y	S	J	Y
1	14	COULLET Anthony	10.01.1997	FRA	370				+109		
2	16	JEON Daeun	09.08.1992	KOR	360	+109			+109		
3	26	CHEN Shih-Chieh	27.11.1989	TPE	400				+109		
4	28	MURAKAMI Eishiro	08.08.1995	JPN	380	+109			+109		
5	50	ROININEN Teemu	10.07.1986	FIN	350				+109		
6	63	ALBEGOV Ruslan	26.01.1988	RUS	410				+109		

**President of Jury** : VLAD Nicu ROU  
**Member of Jury** : GROTENHUIS Corinne USA      HOUET Bernard FRA  
**Member of Jury** : MAKHMUDOV Shakhriilo UZB      SHIMADA Takahiro JPN  
**Centre Referee** : NIIYA Masayo JPN  
**Referee** : 1. SHIMABUKURO Takayuki JPN      3. ABDULLAEVA Zukhra UZB  
**Reserve Referee** : KO Kwangku KOR  
**Chief Marshal** : MIHAJLOVIC Milan SRB      UEDA Mitsugu JPN  
**Technical Controller** : KUOPPALA Taisto FIN      MAC NEIL Don CAN  
**Secretary** : FUNAKI Nobuo JPN      IMOTO Masaru JPN  
**Competition Doctor** : Dr. LAVELEE Mark USA

RECORDS	LIFT	SENIOR	JUNIOR	YOUTH
WORLD	SNATCH	218 TALAKHADZE Lasha GEO	197 DAVOUDI Ali IRI	162 World Standard
	C&J	260 TALAKHADZE Lasha GEO	237 DAVOUDI Ali IRI	196 World Standard
	TOTAL	478 TALAKHADZE Lasha GEO	432 DAVOUDI Ali IRI	352 World Standard
ASIAN	SNATCH	204 Asian Standard HUN	197 DAVOUDI Ali IRI	162 World Standard
	C&J	249 Asian Standard HUN	237 DAVOUDI Ali IRI	196 World Standard
	TOTAL	448 Asian Standard HUN	432 DAVOUDI Ali IRI	352 World Standard



## START LIST Women 87kg A, +87kg A TOKYO - JPN 06.07.2019 - 07.07.2019

Competition start: 07.07.2019 16:00

Weigh-in start: 14:00

	LOT	NAME	DOB	NATION	ENTRY	JPN-CHN-KOR INTERNATIONAL FRIENDSHIP TOURNAMENT			READY STEADY TOKYO (TOKYO 2020 TEST EVENT)		
						S	J	Y	S	J	Y
1	21	KLINGSEIS Marissa Eileen	07.06.1995	USA	247				87		
2	34	PASKHINA Ksenia	19.11.1994	RUS	235				87		
3	48	KOBELEVA Larisa	11.12.1995	KAZ	220				87		
4	66	VANBELLINGHEN Anna	10.03.1994	BEL	229				87		
5	69	SHIMAMOTO Mami	24.09.1987	JPN	227	87			87		
6	70	WANG Zhouyu	13.05.1994	CHN	260	87			87		
7	9	MENG Suping	17.07.1989	CHN	280	+87			+87		
8	43	KASHIRINA Tatiana	24.01.1991	RUS	330				+87		
9	47	KIM Jihyeon	04.06.1998	KOR	253	+87			+87		
10	56	LI Wenwen	05.03.2000	CHN	315	+87			+87		

**President of Jury** : VLAD Nicu ROU  
**Member of Jury** : GROTENHUIS Corinne USA      HOUET Bernard FRA  
**Member of Jury** : MAKHMUDOV Shakhriilo UZB      SHIMADA Takahiro JPN  
**Centre Referee** : KATO Tomoko JPN  
**Referee** : 1. USHIYAMA Seigo JPN      3. CHOI Michael USA  
**Reserve Referee** : HUANG Kuei-Chih TPE  
**Chief Marshal** : MIHAJLOVIC Milan SRB      UEDA Mitsugu JPN  
**Technical Controller** : KUOPPALA Taisto FIN      MAC NEIL Don CAN  
**Secretary** : FUNAKI Nobuo JPN      IMOTO Masaru JPN  
**Competition Doctor** : Dr. NAKAJIMA Kohei JPN