



2019 Asian Youth & Junior Weightlifting Championships
(Qualification Event for 2020 Tokyo Olympic Games)
19 – 27 October 2019 at Pyongyang, DPR Korea



Date	Time	Programs
18 October		Arrival of Delegation
19 October	10:00 15:00 19:00	AWF Committee Meetings AWF Executive Board Meeting Verification of the Final Entries
20 October	10:00 16:00 18:00	AWF Congress Anti-Doping and Coaching Seminar Technical Officials' Meeting
21 October	10:00 13:00 15:00 17:00 18:00	Women 40kg/45kg Group B Men 49/55kg Group B Women 40kg/45kg Group A Opening ceremony Men 49/55kg Group A
22 October	10:00 13:00 15:00 17:00 19:00	Men 61/67kg Group B Women 49kg/55kg Group B Men 61kg Group A Women 49kg Group A Men 67kg Group A
23 October	10:00 13:00 15:00 17:00 19:00	Women 59kg Group B Men 73kg Group B Women 55kg Group A Men 73kg Group A Women 59kg Group A
24 October	10:00 13:00 15:00 17:00 19:00	Men 81kg Group B Women 64kg/71kg Group B Women 64kg Group A Men 81kg Group A Women 71kg Group A
25 October	10:00 13:00 15:00 17:00 19:00	Men 89kg/96kg Group B Women 76kg Group B Men 89kg Group A Women 76kg Group A Men 96kg Group A
26 October	10:00 13:00 15:00 17:00 19:00	Women 81kg/+81kg Group B Men 102kg/+102kg Group B Women 87kg/+87kg Group B Women 81kg/+81kg Group A Men 102kg/+102kg Group A
27 October	10:00 13:00 15:00 17:00 19:00	Men 109kg/+109kg Group B Men 109kg Group A Women 87kg/+87kg Group A Men +109kg Group A Closing Ceremony and Banquet
28 October		Departure of Delegation

***Note: Schedule is subject to change according to the Verification of Final Entries**