

IWF Grand Prix – Baku International Cup



13-16 December 2012

Baku, Azerbaijan



Competition Regulation

1.Competition:

The IWF Grand Prix – Baku International Cup will be held from 13 to 16 December, 2012 in Baku, Azerbaijan at the Weightlifting Academy's Sports Complex.



The athletes will be invited to compete in the following bodyweight categories:

- Men 62kg, 69kg
- Women 53kg, 58kg

In each bodyweight category the following athletes will compete:

- invited athletes according to the Ranking Lists (excluding Azerbaijan athletes),
- 2 athletes in each bodyweight category representing Azerbaijan upon approval by the Azerbaijan Weightlifting Federation

2. Awards:

The winner and medalists in Total in each bodyweight category will be awarded with medals and diplomas.

The winners in Total in each bodyweight category will be awarded with the copy of the Baku International Weightlifting Cup.

Winners according to the Total result in each bodyweight category will be awarded with Prize Money as follows:

- First place: 5000 USD
- Second place: 3000 USD
- Third place: 2000 USD

Any athlete setting up a new Senior World Record will be awarded with the following bonus:

Snatch: 2000 USD

Clean & Jerk: 2000 USD

Total: 3000 USD

The World Record bonus is provided only for the last record in the progression in one lift.

The best teams will be awarded with the Baku International Weightlifting Cup.

The Awarding Ceremony of the best athletes and teams of the Baku International Weightlifting Cup will be held in "Retro Palace" on 15 December 2012.

3. Program

December 13		Arrival, accreditation, Verification of Final Entries
December 14		Women, 53kg
	12:00	Weigh-in start
	14:00	Competition start
	16:00	Opening Ceremony
December 15		Men, 62 kg
	14:30	Weigh-in start
	16:30	Competition start
December 15		Women, 58kg
	10:00	Weigh-in start
	12:00	Competition start
	13:30	Break
		Men, 69 kg
	12:30	Weigh-in start
December 15	14:30	Competition start
	20:00	Closing Ceremony Awarding Ceremony Gala Dinner
December 16		Departure

Timetable might be changed according to the Final Entries.

4. Financial conditions:

The Azerbaijan Weightlifting Federation will cover for the invited athletes and coach per National Federation, and Technical Officials:

- three meals per day
- accommodation between 13 and 16 December 2012
- Economy Class flight tickets
- local transfer
- 500 USD pocket money

Additional athletes and coaches individually applying to participate should cover their expenses for their duration of stay as follows:

- 170 Euro per person / day including meals

5. Training:

Trainings will be organized at the Sport Complex of the National Aviation Academy every day between 9:00 and 20:00.

We will provide training time for each team after the final entries are processed.

6. Equipment:

Eleiko sport equipment will be provided.

7. Accommodation

Accommodation for athletes, coaches, Technical Officials will be arranged in the Sheraton Baku Airport Hotel. (www.sheratonbakuairport.com)



8. Doping control:

Doping control shall be carried out in accordance with the rules and regulations of the IWF.

9. Visa:

All participants must check if a visa is required for their entry in Azerbaijan. If a visa is required, participants will have to send passport copy to the Organising Committee for visa issuance upon arrival in Baku Airport, and cover their visa fee.

In case of assistance, please contact the Organizing Committee by e-mail sc_azal@mail.ru or by tel/fax: +994 12 497 28 93.

10. Entries

Final entries must be sent before 12 November 2012 both to the Azerbaijan Weightlifting Federation (sc_azal@mail.ru) and the International Weightlifting Federation (eva.balogh@iwfnet.net).

11. Flags and anthems

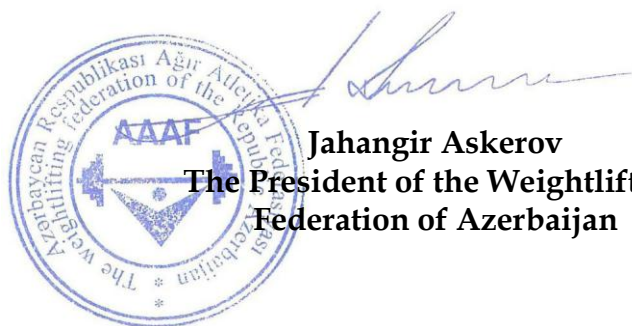
Each delegation is requested to bring 2 national flags (100 x 150 cm.) and a disk of their national anthem. The Organizing Committee will collect them upon delegation's arrival and return them as soon as the competitions are finished.

12. Organizing Committee contacts

Azerbaijan Weightlifting Federation
Azadlig avenue 11, AZ1095, Baku, Azerbaijan

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Jahangir Askerov
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