



PRELIMINARY TIMETABLE

Sunday July 7

Pacific Games Technical Meeting -Weightlifting	09:00	Place TBA
Verification of entries	11:00	Place TBA
Coaching Seminar	13:00	Place TBA
OWF Executive Board meeting	13:00	Place TBA
CWF Executive Board meeting	14:30	Place TBA
Pacific Games Opening Ceremony		

Monday July 8

OWF Annual Congress	09:30	Place TBA
CWF Annual Congress	14:30	Place TBA
Technical Meeting	16:30	Place TBA
Anti Doping Seminar	17:30	Place TBA

Tuesday July 9

Session 1 - 09:00	Y40kg A & 45kgA	A	Women
Session 2 - 11:00	Y49kg A & 55kgB	B	Men
Session 3 - 13:00	49kg	A	Women
Session 4 - 15:30	55kg	A	Men
Session 5 - 18:00	55kg	A	Women

Wednesday July 10

Session 6 - 09:00	59Kg & 64kg	B	Women
Session 7 - 11:00	67kg & 73Kg	B	Men
Session 8 - 13:00	59kg	A	Women
Session 9 - 15.30	61kg	A	Men
Session 10 - 18.00	64kg	A	Women

Thursday July 11

Session 11 - 09:00	81kg & 89Kg	B	Men
Session 12 - 11:00	71kg	A	Women
Session 13 - 13:00	67kg	A	Men
Session 14 - 15:30	76kg	A	Women
Session 15 - 18:00	73kg	A	Men

Friday July 12

Session 16 - 09:00	96kg	B	Men
Session 17 - 11:00	81kg & Y+81kg	A	Women
Session 18 - 13:00	81kg	A	Men
Session 19 - 15:30	87kg	A	Women
Session 20 - 18:00	89kg	A	Men

Saturday July 13

Session 21 - 09:00	96kg	A	Men
Session 22 - 11:00	102kg	A	Men
Session 23 - 13:00	109kg	A	Men
Session 24 - 15:00	+87Kg	A	Women
Session 25 - 17:00	+109kg	A	Men