



SECTION 3

Visas, Travel & Discounted Fares

Visa, Travel & Discounted Fares

PASSPORTS

- All passports **must be valid for 6 months from date of entry into Fiji**. The expiry date of the passport must not be before **10 December 2019**.

VISAS

- Visitors from the 110 countries listed below are issued Visas when they arrive in Fiji, at no cost.

<ul style="list-style-type: none"> • Antigua & Barbuda • Argentina • Australia • Austria • The Bahamas • Bangladesh • Barbados • Belgium • Belize • Bermuda • Botswana • Brazil • Brunei Darussalam • Bulgaria • Canada • Chile • China • Columbia • Cook Islands • Cyprus • Czech Republic • Denmark • Commonwealth Dominica • Estonia • The Federal Republic of Germany • The Federated States of Micronesia • Finland 	<ul style="list-style-type: none"> • France • The Gambia • Ghana • Greece • Grenada • Guyana • Holy See (Vatican) • Hong Kong [SAR] • Hungary • Iceland • India • Indonesia • Israel • Italy • Jamaica • Japan • Kenya • Kiribati • Latvia • Lesotho • Liechtenstein • Lithuania • Luxemburg • Macau • Malawi • Malaysia • Maldives • Malta 	<ul style="list-style-type: none"> • Mauritius • Mexico • Moldova • Monaco • Nauru • The Netherlands • New Zealand • Nigeria • Norway • Palau • Papua New Guinea • Paraguay • Peru • The Philippines • Poland • Portugal • Republic of Ireland • Republic of the Marshall Islands • Romania • Russia • Samoa • Serbia • Slovak Republic • St Kitts & Nevis • St Lucia • St Vincent & The Grenadines • Seychelles • Sierra Leone 	<ul style="list-style-type: none"> • Singapore • Slovenia • Solomon Islands • South Africa • South Korea • Spain • Swaziland • Sweden • Switzerland • Taiwan • Tanzania • Thailand • Tonga • Trinidad & Tobago • Tunisia • Turkey • Tuvalu • Uganda • United Arab Emirates • Ukraine • United Kingdom of Great Britain and Northern Ireland • United States of America • Uruguay • Vanuatu • Venezuela • Zambia • Zimbabwe
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COUNTRIES THAT REQUIRE A VISA TO ENTER FIJI - VISA APPLICATION PROCESS

- The Organising Committee will work with Member Federations to facilitate the issue of visa on arrival for all other countries that require a visa to enter Fiji.
- All members of the delegation from a country that is not on the list of Visa-Free Countries (as above) are asked to complete the approved VISA Request Forms and send it to the Organizing Committee, no later than **28th February 2019**.
- **Visa Request Form** - Please complete separate VISA Request Forms for each separate traveling group. This means that if more than 2 people are travelling as a group, please complete the details of all members of this delegation on one form. In this case, you will receive one set of formal invitation documents on behalf of all the people listed on the form.
- The Department of Immigration, in Fiji, will issue separate Invitation Letters, by 30th April 2019, to the Organising Committee for on-forwarding to the respective Member Federations. The Invitation Letter will be authorising entry into Fiji for individuals of each respective Member Federation.
- Upon arrival into Fiji, the Department of Immigration will issue an entry visa to the members of the approved delegations. **The current cost of Single-Entry Visa into Fiji costs F\$91.00 (approximately US\$45). This must be paid in cash in Fijian Dollars upon arrival.**
- The Organising Committee recommends that you make an early visa application. If you have any queries or difficulties, please contact to the Organising Committee.

INTERNATIONAL TRAVEL & DISCOUNTED FARES

Fiji Airways, the Official Airline for the Championships, have direct flights into Nadi, Fiji from Singapore, Hong Kong, Tokyo (Japan), San Francisco and Los Angeles (USA); Auckland and Wellington (New Zealand); Brisbane, Melbourne and Sydney (Australia) and from several Pacific Island countries. There are direct flights to Nausori Airport (Suva) from Auckland and Sydney.

Within Fiji, Fiji Link (the domestic subsidiary of Fiji Airways) offers Nadi - Suva – Nadi services that are reliable, comfortable and competitively priced, with a comprehensive range of schedules to connect with International flights.

As the official airline for the Championships, Fiji Airways will be offering discounted fares for participants and officials travelling with the airline; all departure taxes are inclusive in the ticket pricing.

To access discounted fares, please visit www.fijiairways.com and enter Promotional Code **“WEIGHTLIFT8”**. The discount will be applied to relevant fares applicable at the time of bookings and are valid for travel to and from Fiji from 22nd May to 15th June 2019. **(PLEASE SEE THE STEPS TO ACCESS THE DISCOUNTED FARES)**.

Other airlines that fly to Fiji include Virgin Australia (from Brisbane, Melbourne and Sydney), Jetstar (Melbourne, Sydney), Air New Zealand (Auckland), Korean Airlines (Seoul) and Qantas Airlines which operates through its codeshare agreement with Fiji Airways.

TRAVEL TIPS – Competitors & Officials from Africa, Asia and Europe can fly to Fiji through hubs in East Asia (Singapore, Hongkong, Seoul and Tokyo) or via Australia (Brisbane, Melbourne, Sydney) and New Zealand (Auckland, Wellington).

Travellers from Europe can also fly to Fiji through the USA (Los Angeles and San Francisco) or from Canada (Vancouver to Auckland/Nadi).

Travellers from Central and South America can fly to Fiji either via Los Angeles and San Francisco or via Buenos Aires (Aerolineas Argentina & Air New Zealand)) to Auckland/Fiji OR from Santiago (Chile) to Auckland (Latam Airlines) or Sydney (Latam Airlines and Qantas) and then on to Nadi, Fiji.

Fiji Airways has recently joined the One World network as a One World Connect member. The airline has code share arrangements with Air New Zealand, Air Vanuatu, Alaska Airlines, American Airlines, British Airways, Cathay Pacific, Hong Kong Airlines, Jet Airways, Jetstar, Jetstar ASIA, Qantas, Samoa Airways, Silk Air and Singapore Airlines and Solomon Airlines.

TRANSIT VISAS

It is the responsibility of each Member Federation to ensure that all members of your delegation have the requisite Transit Visas for the countries that you are travelling through en-route to Fiji.

AIRPORT ARRIVALS & TRANSFERS

The majority of participants will be arriving at Nadi International Airport and will be met on arrival by representatives of the Organising Committee.

Delegations can choose to be transferred to Suva by road, which will take approximately 3.5 hours or connect on domestic flights to Nausori (Suva) Airport

For those that will be arriving at Nausori (Suva) Airport similar arrangements for their reception and transfers will be provided.

The Organising Committee (OC) will provide ground transportation by bus, van or cars from Nadi International Airport and Nausori (Suva) Airport, to the respective designated hotels upon the arrival of delegations.

Participants must provide their full and accurate flight schedules, accommodation and Airport Transfers Forms by **30th April 2019**.

Transportation forms will require the details of the airline, flight number and times each delegate will be arriving and departing in Fiji. Any change in travel schedule must be communicated on time.

Onsite transportation changes or new requests are not guaranteed to be accommodated.

LOCAL TRANSPORT FOR TRAINING AND COMPETITION

The Organising Committee will provide shuttle bus services between the hotel and the venues of training, competition and meetings.

A detailed training and transport schedule will be available online and also upon arrival at your hotel.

FIJI AIRWAYS – STEPS TO ACCESS DISCOUNTED FARES

Conditions of Booking:

1. Promotional discount is applicable to Fiji Airways operated flights only
2. Government taxes still applies and are included except where local airport taxes are collected at check-in time.
3. Sale period is strictly from 15th January to 14th May 2019
4. Travel period for discount begins from 22nd May to 15th June 2019

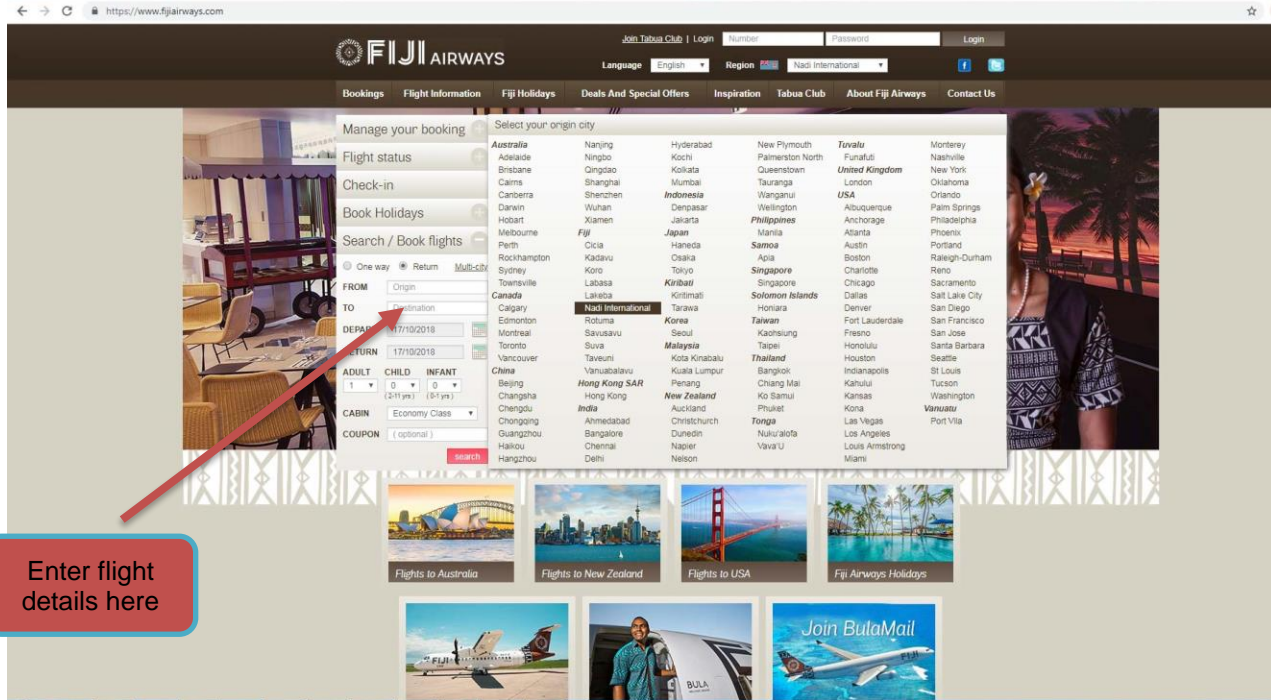
Step 1:

Visit www.fijairways.com homepage:

The screenshot shows the Fiji Airways website homepage. At the top, there is a navigation bar with the Fiji Airways logo, a language selector set to English, a region selector set to Nadi International, and social media icons for Facebook and Twitter. Below the navigation bar is a main menu with links for Bookings, Flight Information, Fiji Holidays, Deals And Special Offers, Inspiration, Tabua Club, About Fiji Airways, and Contact Us. The main content area features a large promotional banner for the 'HONG KONG SEVENS 2019' event, held from 4-9 April 2019, with a starting price of \$4,182* per person. The banner includes a 'BOOK NOW' button and icons for flights, rooms, breakfast, and game tickets. To the left of the banner is a flight search form with fields for 'FROM' (Nadi International), 'TO' (Auckland), 'DEPART' (19/10/2018), and 'RETURN' (23/10/2018). The form also includes options for 'ADULT', 'CHILD', and 'INFANT' passengers, a 'CABIN' selector set to Economy Class, and a 'COUPON' field. A red arrow points from the URL 'www.fijairways.com' in a red box at the bottom left to the address bar of the browser window. Below the main banner, there are four smaller promotional tiles: 'Flights to Australia', 'Flights to New Zealand', 'Flights to USA', and 'Fiji Airways Holidays'. At the bottom, there are three more tiles: 'Join ButaMail', 'Join ButaMail', and 'Join ButaMail'.

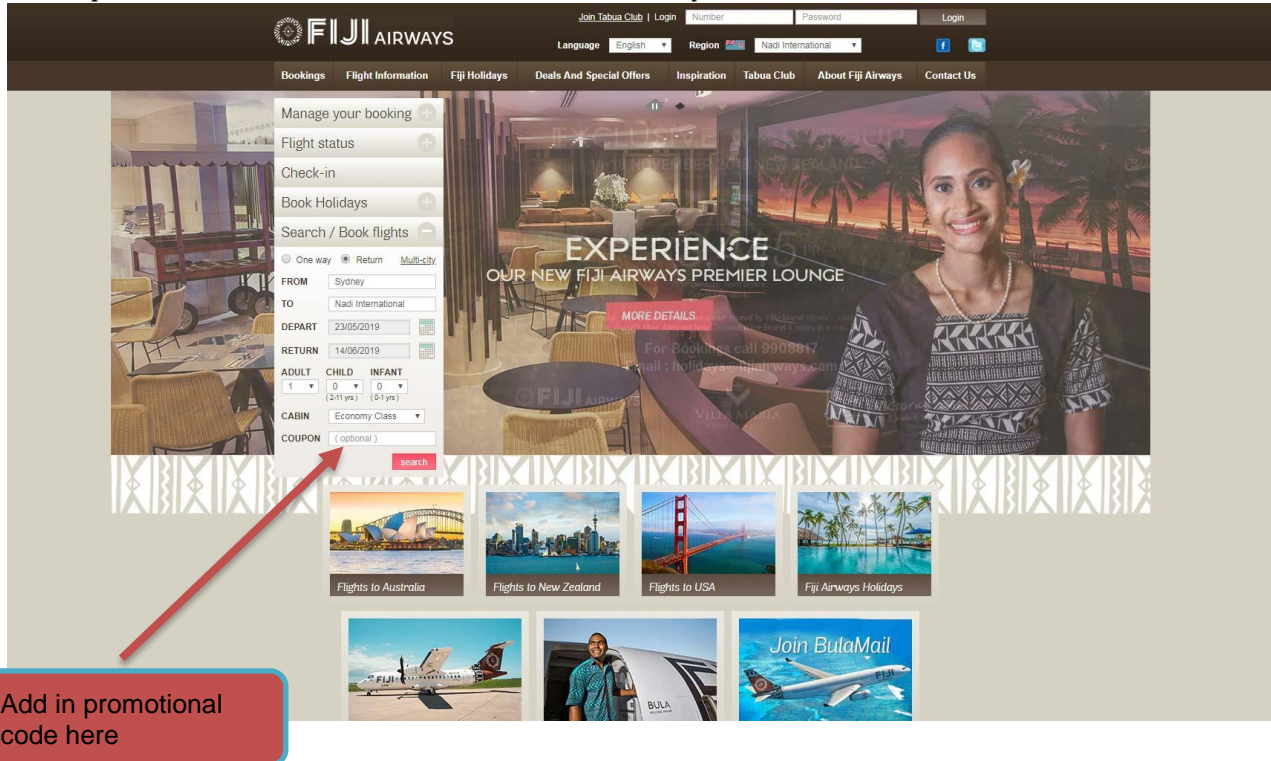
Step 2:

Proceed by entering flight details of proposed travel dates (22nd May to 15th June 2019)



Step 3:

Enter promotional code: **WEIGHTLIFT8** on "coupon" field located on bottom left corner

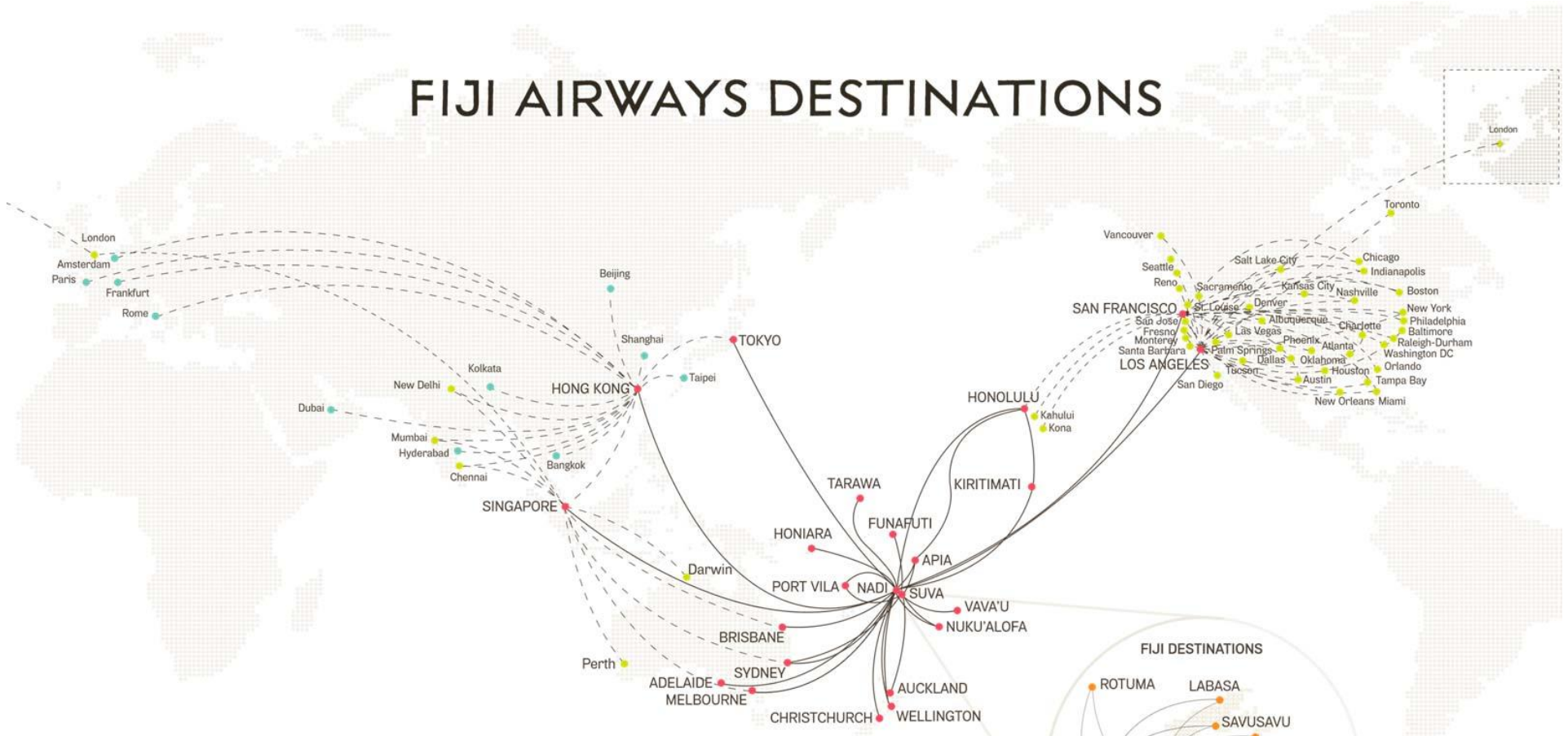


Step 4:
Select the "search" tab to proceed with booking flights

The screenshot shows the Fiji Airways website interface. At the top, there is a navigation bar with the Fiji Airways logo, a 'Join Tabua Club | Login' section with input fields for 'Number' and 'Password', and a 'Language' dropdown set to 'English'. Below this is a secondary navigation bar with links for 'Bookings', 'Flight Information', 'Fiji Holidays', 'Deals And Special Offers', 'Inspiration', 'Tabua Club', 'About Fiji Airways', and 'Contact Us'. The main content area features a large banner for an 'EXCLUSIVE WINE TOUR' from 14-18 November 2018 in New Zealand, with a price starting from \$3,445 per person. To the left of the banner is a search form with fields for 'FROM' (Nadi International), 'TO' (Auckland), 'DEPART' (19/10/2018), and 'RETURN' (23/10/2018). The form also includes options for 'ADULT', 'CHILD', and 'INFANT' passengers, a 'CABIN' class dropdown (Economy Class), and a 'COUPON' field. Below the search form is a row of four promotional tiles: 'Flights to Australia', 'Flights to New Zealand', 'Flights to USA', and 'Fiji Airways Holidays'. A red arrow points from a red callout box to the 'SEARCH' button on the search form. The callout box contains the text 'Select the SEARCH tab'. Below the promotional tiles are three more images: a Fiji Airways aircraft on the tarmac, a man in a blue shirt standing next to a BulaMail van, and a Fiji Airways aircraft in flight with the text 'Join BulaMail'.

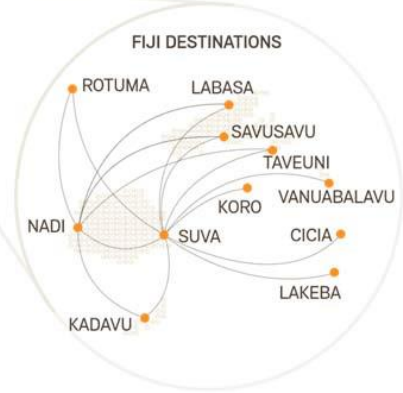
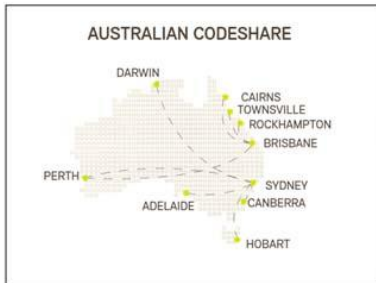
Select the
SEARCH tab

FIJI AIRWAYS DESTINATIONS



ROUTE KEY

- Fiji Airways Routes ————●
- Codeshare Routes - - - - -●
- Interline Routes - - - - -●
- Fiji Link Routes ————●



Information on Fiji



GENERAL INFORMATION

Fiji is comprised of two large islands and approximately 300 hundred other small islands.

POPULATION

The population of Fiji is approximately 880,000 people.

HOST CITY

Suva, the venue of the Weightlifting Championships, is the capital of Fiji and is a harbor city built on a peninsula in the southeast corner of Viti Levu. It has a mix of modern buildings and traditional colonial architecture.



Suva is the commercial and political center of Fiji and is Fiji's main port city. It is also the economic and political center of the region, hosting the majority of regional headquarters of major corporations, as well as international agencies and diplomatic missions accredited to the region.

Suva is a multiracial and multicultural city. Indigenous Fijians and Fijians of Indian descent are the two principal ethnic groups of Fiji and make up the bulk of Suva's population. The city is also home to the majority of Fiji's ethnic minority population. Suva also boasts having representation of all major indigenous Pacific Island groups.

The most widely spoken language is English. Fijian and Hindustani are the two other official languages. Other languages are also spoken by their respective communities.

CLIMATE

The Weightlifting Championships will be held during the cooler and drier months (our "winter"). The average maximum daytime temperature in June is a warm 27°C (81°F) with low humidity. The average night-time temperature is usually a comfortable 20°C (68°F).

RELIGION

The main religions include Christianity, Hinduism and Islam. Christian denominations in Fiji are Methodist, Catholic, Anglican, Seventh Day Adventist, Latter Day Saints, Pentecostal, Congregational and Jehovah's Witness.

HEALTH

Fiji is free from malaria, yellow fever and major tropical disease that are endemic in some tropical countries. As this is the drier cooler period, the mosquito population is much lower resulting in lower or no mosquito borne infections such as Dengue Fever, Chikungunya and Zika viral infections.

ELECTRICITY

Electricity in Fiji is 240 volts AC 50Hz with three-pin power points - the same as in Australia and New Zealand.

If your appliance does not match this type of socket, you will need an adapter.

INTERNATIONAL AIRPORTS

Fiji has two main international airports; Nadi in the NW of Viti Levu and Nausori (Suva's airport). The majority of visitors for the Championships will arrive in the Nadi International airport and can either fly or travel by buses or cars arranged by the Organising Committee for the drive to Suva.

INTERNET & WIFI

Once you clear the arrivals concourse at the Nadi International Airport, you can purchase Internet plans from either Vodafone or Digicel outlets. They have daily and weekly plans which are reasonably priced.

CURRENCY & BANKING FACILITIES

The local currency in Fiji is the Fijian Dollar.

The current exchange rates are as follows:

- \$1.00 Australian dollar is at present approximately FJD\$ 1.44
- \$1.00 US dollar is at present approximately FJD\$ 2.05

You may Google "Fiji Banks Exchange Rates" to find the prevailing exchange rates.

Foreign currency exchanges can be made on arrival at the Nadi International Airport, at one of the many Bank branches in the city as well as Foreign Exchange Companies in the central business districts or suburban centers.

Banking groups includes the ANZ Bank, Bank of Baroda, Bank of the South Pacific, Bred Bank, HFC Bank and Westpac Bank.

Major credit cards are welcomed by most hotels, restaurants, shops, and rental car companies and there are many ATM Machines around the city where visitors can draw funds from their Debit or Credit cards.

DUTY FREE SHOPPING & VAT REFUNDS

Fiji operates a scheme whereby visitors can claim Value Added Tax (VAT) refunds of purchases over F\$500.00 from approved retailers.

Valid receipts of purchases will need to be retained and submitted at the Fiji Revenue & Customs Service Desk at the Nadi International Airport.

FOOD

Suva offers a varied and interesting culinary experience where almost every if not all major cuisines are represented. Particularly popular cuisines are Fijian, Indian, Chinese, Pacific Island, American and foods from other cultural and ethnic backgrounds. Fijians of Indian descent have influenced Fiji's cuisine, in the process creating the uniquely Fiji Indian curry. Indentured labourers brought with them spices, chilies and other herbs and vegetables which now are part of the Fijian culinary experience.

GETTING AROUND

Apart from the official transport arranged by the Organising Committee for transfers to and from the competition and training venue, Suva is a compact city which is easy to get around. Suva has an extensive and relatively inexpensive transport system consisting of buses, vans and taxis servicing the metropolitan areas as well as surrounding suburban centres. Visitors using taxis should ensure that the meters are turned on. Flag-fall is F\$2.50. To catch local buses, one needs to purchase eTransport tickets as cash is not accepted on buses.

FOR MORE INFORMATION ABOUT SUVA AND FIJI

<https://www.fiji.travel/>

<https://en.wikipedia.org/wiki/Suva>