



SECTION 1

Regulations

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1. COMPETITION REGULATION

The 2019 IWF Junior World Championships will be held in accordance with the Technical and Competition Rules and Regulations (TCRR) of the International Weightlifting Federation (IWF).

2. EVENT & DATES

IWF Executive Board Meetings: Thursday 30th & Friday 31st May 2019

Verification of Entries: Friday 31st May 2019

Competition Dates: Saturday 1st June to Saturday 8th June 2019

Training Hall Availability Saturday 25th May to Saturday 8th June 2019

Competition & Training Venue: National Sports Complex
Laucala Bay Road
SUVA, FIJI

3. COMPETITION CATEGORIES

JUNIOR MEN:

55kg, 61kg, 67kg, 73kg, 81kg, 89kg, 96kg, 102kg, 109kg, +109kg

JUNIOR WOMEN:

45kg, 49kg, 55kg, 59kg, 64kg, 71kg, 76kg, 81kg, 87kg, +87kg

4. ELIGIBILITY

Participating athletes must be between 15 to 20 years of age (born between 1999 and 2004).

In order to be eligible to compete at IWF Events, Athletes shall comply with the applicable whereabouts requirements of the IWF Anti-Doping Policy.

With reference to Article 5.6.5 of the IWF Anti-Doping Policy 2018, an Athlete who is not listed on the IWF's Registered Testing Pool but wishes to participate in an IWF Event shall provide accurate and complete whereabouts information as set out at in Annex I of the International Standard for Testing and Investigations for a period of **at least three months** prior to the IWF Event in question (IWF Junior World Championships).

Any Athletes who do not comply with this provision are not eligible to compete at this IWF event.

Only athletes of Member Federations that has no arrears towards the IWF are eligible to participate.

5. ENTRY DEADLINES AND PRE-COMPETITION PROCEDURES

Entries should be registered through the IWF Online Entry System:

<http://www.iwf.net/e-entry>

If you have any questions, please contact:

- Ms. Angelique Mottet (Entries), angelique.mottet@iwfnet.net
and
- Mr. Zoltan Veres (Technical issues), zoltan.veres@iwfnet.net

PRELIMINARY ENTRIES - OBLIGATORY!

The Preliminaries Entries must be uploaded into the IWF Online Entry System by no later than **28 February 2019**.

- **Member Federation must submit the Preliminary Entry (Long List) of a maximum number of athletes:**

TWENTY (20) MEN and TWENTY (20) WOMEN

**THIS MEANS THAT THE MEMBER FEDERATION CANNOT
ADD / CHANGE ATHLETES AFTER 28 FEBRUARY 2019.**

- **At the same time for administrative purposes the Member Federation must declare the estimated number of athletes and Team officials who will actually participate in the 2019 IWF JWC.**

The following documents must to be returned by 28th February 2019 (by email):

- 2019 IWF JWC Fiji – (1) Team Accommodation Form (PRELIMINARY)
- 2019 IWF JWC Fiji – (5) VISA REQUEST FORM (for countries that require a visa to enter Fiji)
- Copies of all Passports (picture page)
- Electronic passport photos (3cm x 4cm, with white background)

All forms must be sent to the following addresses by the designated deadline:

2019 IWF JWC Organizing Committee

Email: Secretariat@2019iwfjwc.com

TEL: +679 924 9933 or +679 923 9436

FAX: +679 336 1173

FINAL ENTRIES - OBLIGATORY!

The Final List of Athletes must be confirmed in the IWF Online Entry System by no later than **30th April 2019**.

- **Member Federation must select the final list of athletes from the Preliminary Entry (previously submitted by 28 February 2019).**

Max. **TWELVE (10 + 2 RESERVE) MEN** and **TWELVE (10 + 2 RESERVE) WOMEN**

THE FINAL LIST OF ATHLETES CAN BE SELECTED ONLY FROM THOSE INCLUDED IN THE PRELIMINARY ENTRY.

The following documents are due by the same date (by email):

- 2019 IWF JWC Fiji – (2) Team Accommodation Form (FINAL)
- 2019 IWF JWC Fiji – (3) Media Accreditation Form
- 2019 IWF JWC Fiji – (4) Travel Form – Arrivals & Departures
- Any remaining copies of all Passports (picture page)
- Any remaining Electronic Passport Photos (3cm x 4cm, with white background)

All forms must be sent to the following email address by the designated deadline:

2019 IWF JWC Organizing Committee

Email: Secretariat@2019iwfjwc.com

TEL: +679 924 9933 or +679 923 9436

FAX: +679 336 1173

For media:

All media participants must be approved in advance. Please submit the Media Accreditation Form to the following:

lilla.rozgonyi@iwfnet.net
adrienn.szasz@iwfnet.net
secretariat@2019iwfjwc.com

All media requests are due by 30 April 2019.

6. PARTICIPATION FEES

Athletes:	\$250 USD per person (includes \$50 USD Special Anti-Doping Fee)
Delegates, Team Officials & Media:	\$200 USD per person

Payment – the total Entry Fees amount per each delegation should be deposited in the Organizing Committee Bank Account, as specified below, before 30th April 2019. Please ensure that the funds transferred includes any Bank Fees. Please check with your bank.

Bank accounts details:

Bank Name:	Bank of South Pacific (BSP)
Bank Address:	Pacific House, Suva, Fiji
Phone Number:	+679 3314400
Bank Branch:	Suva, Fiji
Account Name:	2019 IWF Junior World Championships
BSB Number:	069002
Account No:	80402489
SWIFT CODE:	BOSPFJFJ

7. ACCOMMODATION

All Participants (Athletes and Team Officials) must reserve accommodations in the hotels offered by the Organizing Committee, for a minimum of three days. No individual reservations can be made. All participants must be accounted in the hotel rooming list, to be eligible for the Championships Accreditation.

The Championships will be held during peak Tourism periods. At the time of the Championships, Suva will be hosting a number of Regional & International Conferences, Meetings as well as a major International Rugby Game.

*Our advice to the countries is to **book your Hotels immediately and pay your 50% deposits directly to your selected Hotel to secure your accommodation.** We cannot understate the importance of this.*

*All hotel rooms offered are subject to availability and is **first come, first served** at the time of booking and payment of deposit.*

The Hotels will be holding the allocated rooms for the Championships, until only 15th April 2019, before releasing them back to the market.

For any nations who have not paid their deposits for their accommodation by the 15th April 2019, the Organizing Committee will not guarantee the reservation, the price nor the type of the room written in the regulation.

Additionally, we cannot guarantee the hotel or type of accommodation, if it has already been booked by another country.

We reiterate that you book your Hotels now and pay your deposits immediately, to avoid not having accommodation during the Championships.

If any Member Federation is having difficulty in securing your Hotel requirements and needs assistance, please contact the Organising Committee, who will do its utmost best to help.

Please refer to the document on **SECTION 2 – ACCOMMODATION** for full details of Accommodation and the requirements for bookings and payments.

8. VISAS, TRAVEL & DISCOUNTED FARES

Please refer to the document **SECTION 3 – VISAS, TRAVEL & DISCOUNTED FARES**, for full details of Visas into Fiji and the opportunity to get discounted fares on the Official Airline, Fiji Airways from one of the destinations in USA, Hong Kong, Singapore, Japan, Australia and New Zealand.

9. ACCREDITATION

It is required that each delegation email by 30th April 2019, the list of names and electronic photos (passport size and style) of your entire delegation.

The local Organizing Committee (OC) will make the accreditation cards before the arrival of each team in order to avoid unnecessary queues at the hotel.

Those countries that have completed all payments and emailed copies of all passports and photos will have an expedited accreditation line to further speed the check-in process.

Upon arrival delegations will receive their accreditation at their respective hotels.

For any accreditation queries, the accreditation center will be at the Training and Competition Venue.

10. COMPETITION VENUE

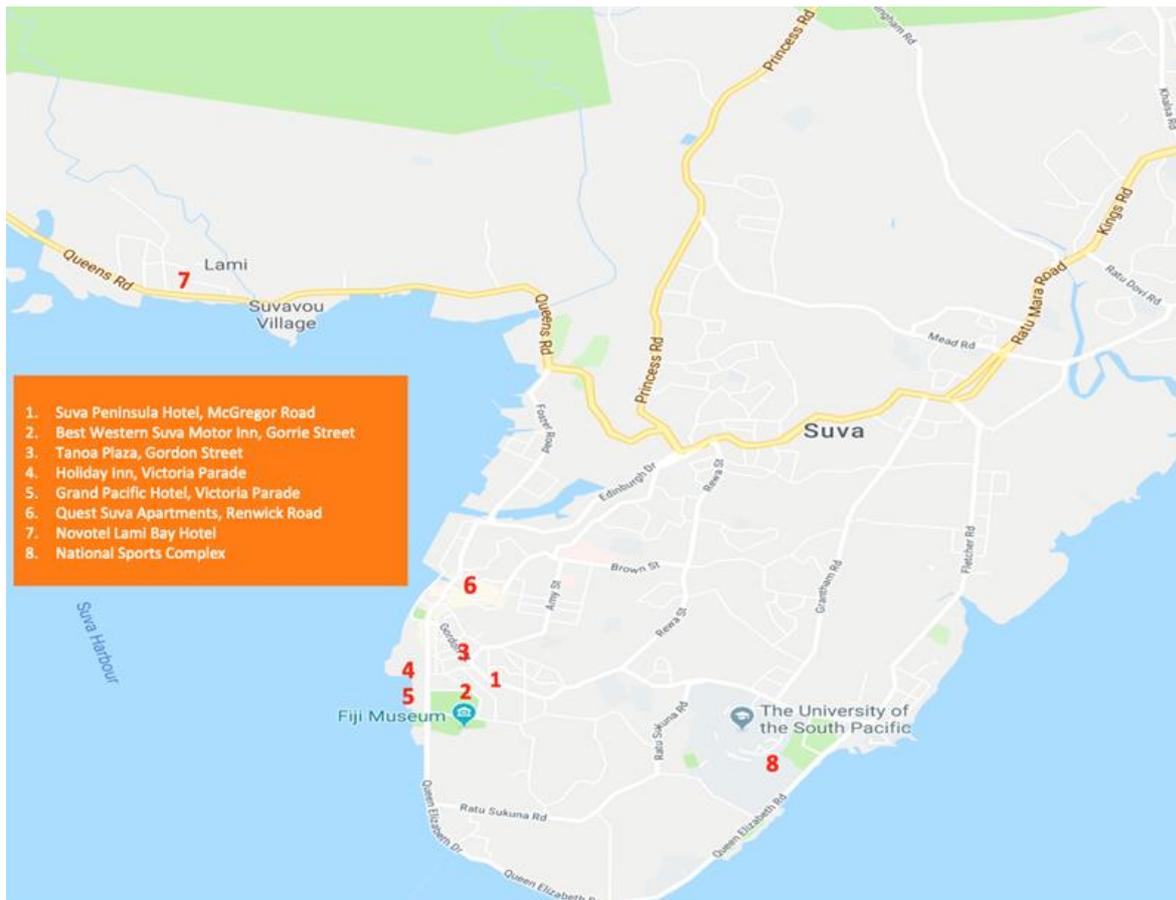
The competition and training venues will be at the within the National Sports Complex, Laucala Bay Road, Suva.

This venue is approximately 15 minutes away (by car) from 6 of the 7 designated hotels.

Twelve (12) warm up platforms will be available for the competition.

Training will be available to all teams prior to the competition on a timetable basis. Twenty-Five (25) platforms will be available for training.

This venue will accommodate approximately 1,500 spectators.



Sauna

Sauna will also be available at the venue.

Scales

There will be check scales available at the venue.

Barbells Equipment

IWF approved ZKC barbells and weights will be used in the competition, warm up and training venues.

11. DOPING CONTROL

Doping Control will be conducted in accordance with the IWF Anti-Doping Policy.

12. VERIFICATION OF FINAL ENTRIES

Verification of Final Entries

Friday 31st May 2019 at National Sports Complex at 10:00am

Official Weigh-in

National Sports Complex - (Room to be advised)

The weigh-in for each group begins two hours before the start of each group/session and lasts for one hour.

If any athlete fails to make the bodyweight of the category in which he or she is officially entered, he or she will be excluded from the competition.

13. ANTHEM & FLAGS

Each Member Federation should bring two (2) national flags sized 100cm x150cm and the national anthem on CD/USB drive.

This must be submitted upon arrival at the accreditation desk, to the Organizing Committee (OC).

At check-in, each Member Federation must listen to their country's national anthem and confirm that it is accurate.

14. AWARDS

Gold, Silver, and Bronze medals will be awarded in the Snatch, the Clean & Jerk, and the Total in each bodyweight category.

The National Anthem will be played only for the Gold Medal winners for the Total.

Team trophies will be awarded to the best six teams respectively for both Men's and Women's competitions in accordance with IWF Team Classification.

The World Weightlifting Magazine Editorial Board shall select and award the Best Lifters of the event.

15. INSURANCE

All participating Federations must undertake full moral and financial responsibility of their registered/accredited delegates with regard to their health and wellness and in case of any accidents or damages not attributable to the Organising Committee.

As per IWF TCRR, each delegation is required to have the appropriate Health and Travel Insurance in the event of an accident or unforeseen circumstance.

16. MEDICAL

Medical and support services for all accredited personnel will be detailed and circulated to participants and their entourage before the 30th April 2019.

Doctors who will be accompanying their teams to the Championships are required to apply for Temporary Registration with the Fiji Medical & Dental Council in 2019. The

relevant application forms will be sent out by the Organising Committee in February 2019. The following documents will be required to be attached with the application form:

- Scanned copy of Current Practice Certificate or Letter of Good Standing from the applicant's country of practice
- Details of indemnity coverage whilst in Fiji
- Registration fees - Nil

Local doctors with the recommended IWF qualifications will be rostered to be present at the venue throughout the competition days and support the work of the IWF appointed Tournament Doctor.

17. TERMS AND CONDITIONS OF PARTICIPATION

Member Federations and accredited participants (athletes, team officials, technical officials (TOs), delegates, media, guests, etc.) must acknowledge and fully comply with IWF Constitution and By-Laws, IWF TCRR and IWF Anti-Doping Policy (ADP); and:

- must belong to a Member Federation in good standing with the IWF
- abide by all reasonable directions given by the IWF, the Organizing Committee (OC), and Technical Officials (TOs).
- participate in the Event at their own risk and take all reasonable measures to protect themselves and others at all times from any risk.
- accept any prize or award given by IWF and/or OC/sponsors and will attend all special award ceremonies where prizes or awards are presented.
- must attend Press Conferences upon request of the IWF/OC.
- should not participate in, support or promote illegal betting.
- be responsible for all property they bring into the Event and accept that the IWF, Weightlifting Fiji and/or OC shall have no responsibility or liability for any loss or damage of the property.
- irrevocably release IWF, Weightlifting Fiji and the OC (and their respective members, officers, employees, etc.) from liability for any loss, injury or damage that they may suffer in relation to their participation in the Event
- guarantee that they participate in the Event with the permission of their parent(s) or guardian(s), in case they are minors.
- accept full moral and financial responsibility with regard to their health and wellness and in case of accidents or damages

- acknowledge and agree that neither the IWF, Weightlifting Fiji nor the OC shall arrange any insurance connected with their participation in the Event
- agree that the entry is subject to payment of all fees inclusive of entry, anti-doping, accommodation, food and transportation payment prior to use of any OC or IWF facility, or for airport transfers
- acknowledge that no accommodation or arrangement is guaranteed until full payment is received in advance
- acknowledge that no outside food and beverage will be permitted in the hotel public areas or inside the training and competition venue due to health and safety reasons
 - acknowledge that by not following the above-mentioned terms and conditions, sanctions may be imposed.

18. CONTACT DETAILS

2019 IWF JWC Organizing Committee
PO Box 355, Suva, Fiji Islands

TEL: +679 924 9933 or +679 923 9436
FAX: +679 336 1173

Email: Secretariat@2019iwfjwc.com

Website: <http://www.2019iwfjwc.com>

*The information contained in these regulations are correct at the date of publication.
Countries will be advised of any amendments by direct correspondence from the IWF.*

Preliminary Time Table

2019 IWF Junior World Championships, Suva, Fiji

Thu May 30 2019 & Fri May 31 2019	10:00 IWF Executive Board Meeting (2 Days)
Fri May 31 2019	10:00 Verification of Final Entries 18:00 Technical Officials (TOs) Meeting
Sat June 01 2019	10:00 M55kg B 12:20 W45kg B 15:00 OPENING CEREMONY 17:20 M55kg A 19:40 W45kg A
Sun June 02 2019	09:00 M61kg B 11:20 W49kg B 13:40 M67kg B 16:00 M61kg A 18:20 W49kg A 20:40 M67kg A
Mon June 03 2019	09:00 W55kg B 11:20 M73kg B 13:40 W59kg B 16:00 W55kg A 18:20 M73kg A 20:40 W59kg A
Tue June 04 2019	09:00 M81kg B 11:20 W64kg B 13:40 M89kg B 16:00 M81kg A 18:20 W64kg A 20:40 M89kg A
Wed June 05 2019	09:00 W71kg B 11:20 M96kg B 13:40 W76kg B 16:00 W71kg A 18:20 M96kg A 20:40 W76kg A

Thu June 06 2019	10:00	W81kg B
	12:20	M102kg B
	16:00	W81kg A
	18:20	M102kg A
Fri June 07 2019	10:00	M109kg B
	12:20	W87kg B
	16:00	M109kg A
	18:20	W87kg A
Sat June 08 2019	09:00	W+87kg B
	11:20	M+109kg B
	13:40	W+87kg A
	16:00	M+109kg A
	19:00	Closing Ceremony

Please note that the competition program is subject to changes depending upon the entries