



**XXVIII CAMPEONATO PANAMERICANO DE MAYORES DE
LEVANTAMIENTO DE PESAS Y COPA GUATEMALA CRHISTIAN
LÓPEZ IN MEMORIAN, CLASIFICATORIO A JUEGOS OLÍMPICOS
TOKIO 2020. GUATEMALA DEL 21 AL 28 DE ABRIL DE 2019**



PRESIDENT / GENERAL SECRETARY NATIONAL FEDERATIONS AFFILIATED

OFFICIAL INVITATION

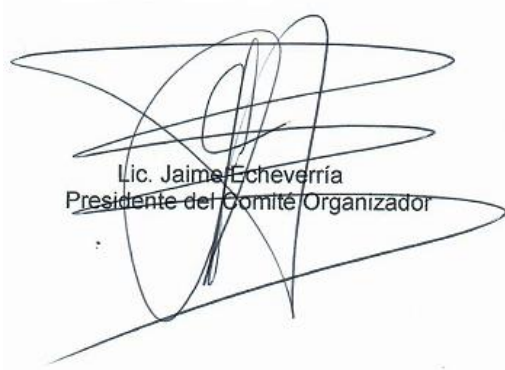
Dear Friends,

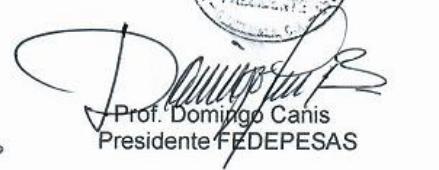
The Guatemalan Weightlifting Federation has the honor to invite you to the XXVIII Senior Pan American Championships and Guatemalan Cup Christian Lopez in Memoriam, which will be held in Guatemala, capital city of the Guatemalan Republic from 21-28 April 2019.


For Guatemala it is an honor to welcome you again in our beautiful country of the never-ending spring where we will share the best feat of our athlete who will look for their trip to Olympic Games Tokyo 2020.

We look forward to receive you with open arms and to offer the warmest welcome to all the weightlifting family of the continent.

Kindest regards,


Lic. Jaime Echeverría
Presidente del Comité Organizador


Prof. Domingo Canis
Presidente FEDEPESAS



FEDERACIÓN NACIONAL DE LEVANTAMIENTO DE PESAS DE GUATEMALA

Coliseo Deportivo, ciudad de los Deportes zona 4, ciudad de Guatemala.

Teléfonos: +502 23393805

Email: pesasgua@gmail.com , lomacxela@gmail.com

www.fedepesasguatemala.org



GENERAL CONDITIONS

1. RULES AND REGULATIONS

The competitions will be held in accordance with the IWF Constitution and By-Laws and IWF Technical and Competition Rules and Regulations and will be under the control of the Pan American Federation.

Athletes born on or after 1 January 2004 (aged 15 years) or later are eligible to participate. In accordance with Article 5.6.5 of the IWF Anti-Doping Policy an Athlete who is not listed on the IWF's Registered Testing Pool but wishes to participate in an IWF Event shall provide accurate and complete whereabouts information as set out at Annex I of the International Standard for Testing and Investigations for a period of at least two months prior to the IWF Event in question. An Athlete who does not comply with this provision is not eligible to compete at the IWF Event.

Member Federations who have arrears to the PAWF are not permitted to compete.

Only athletes nominated by their National Federations affiliated to the Pan American Weightlifting Federation are allowed to compete.

2. TRAINING AND COMPETITION VENUES.

The competition and training will be in the **Coliseo Coliseo Deportivo, ciudad de los Deportes zona 4 Guatemala.**

3. DATE OF THE EVENT

From April 21st to 28st, 2019

Arrival of the Delegations: 21st April, 2019

Salida de las Delegaciones: 28st April 2019

4. EVENTS

The divisions where they will compete are those established by the IWF, according to their bodyweight category:

WOMEN: 45Kg, 49kg, 55kg, 59kg, 64kg, 71kg, 76kg 81kg, 87kg y +87kg

MEN: 55kg, 61kg, 67kg, 73kg, 81kg, 89kg, 96kg, 102kg, 109kg y +109kg

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5. ENTRIES

- The Preliminary Entries will be received by 21st February, 2019.
- The Final Entries will be received by 21st March, 2019.

These can be send to:

- Email: pesasqua@gmail.com , lomacxela@gmail.com , luig45@yahoo.com

6. FINANCIAL CONDITIONS

- Participation Fee (including food, accommodation and local transportation) and by 4 nights minimum:
- Single room: \$140.00 USD, per person / per night / all included
- Double room: \$90.00 USD, per person / per night / all included

- The hotel will be HOLIDAY INN GUATEMALA

Address: 1 AVENIDA 13-22, ZONA 10, GUATEMALA 01010

Telephone: +502 2421 0000



The **Check-in** of the hotel is at **15:00**, by this the Organizing Committee is **NOT** responsible of giving rooms before that time. The **Check-out** is at 12:00 and by this the Organizing Committee is NOT responsible of allowing to stay in room after this hour.

ENTRY FEE

Athletes US \$ 175.00 Per Person (including US \$ 50 Special Anti-Doping Fee)

Team Officials US \$ 125.00 Per Person

- These costs will be cancelled in cash.

(The payment must be in cash due to for legal rules our Federation does not have bank account in US Dollars).

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7. EQUIPMENT.

The competition equipment will be ELEIKO, which is certified by the International Weightlifting Federation (IWF).

8. ACCREDITATIONS

Please send together with the entries one digital photo and the Passport copy of each one of the members of your delegation to prepare accreditations before arrival.

9. COMMITTEE MEETINGS

Will take place on April 21st at 17:00 hours.

10. EXECUTIVE BOARD MEETING

Will take place 21st April at 19:00 hours.

11. FINAL VERIFICATION

Will take place on 22nd April at 08:00 hours.

12. TECHNICAL OFFICIALS MEETING

Will take place on 22nd April at 09:00 hours.

13. CONGRESS

Will take place on 22nd April at 10:00 hours.

14. DOPING CONTROL.

Doping Controls will be carried out by the IWF and PAWF in accordance with the IWF Anti-Doping policy.

15. AWARDS

Snatch, Clean & Jerk and Total will be awarded with gold, silver and bronze medals for the First, Second and Third place respectively.

- A trophy will be awarded for the best team in Men and Women
- A trophy will be awarded for the best lifter in Men and Women.

16. NATIONAL ANTHEM / FLAG.

- Please bring your flag and National Anthem and deliver during accreditation.

17. TECHNICAL OFFICIALS

- Will be selected by the PAWF who will be exempt of any local payment (Room, board and transportation).
- Those who send full team must comply with the Rules of one ITO men and one ITO woman.

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18. IMPORTANT INFORMATION

The weather in Guatemala City for the competition days will be around 20° - 28° Celsius.

The voltage in Guatemala is 110 watts

The local currency is the Quetzal and the Exchange rate will be ≈ Q.8 x 1 U\$. (May vary)

19. INSURANCE

All participating member federations must undertake full moral and financial responsibility in of the registered athletes/delegates/personnel with regard to their health and wellness and in case of accidents or damages.

20. VISA

We kindly ask you to start the visa process in the Consulate of your country. Any additional information please email to: pesasqua@gmail.com , lomacxela@gmail.com

21. ORGANIZING COMMITTEE

President: Lic. Jaime Echeverría

Member: Prof. Domingo Canis, Tel. +502 31078209

Federación de Levantamiento de Pesas de Guatemala, Coliseo Deportivo Ciudad de los Deportes Zona 4 Teléfono: +502 23393805

PAN AMERICAN WEIGHTLIFTING FEDERATION

- Dirección: Avenida Estados Unidos No. 2, Parque Deportivo del Este, Pabellón de Halterofilia, Villa Duarte, Provincia Santo Domingo Este, República Dominicana.
- Teléfonos: 1809.599.2296 / 1.809.599.3032

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PRELIMINARY SCHEDULE

(Subject to changes during Final Verification)

DATE	ACTIVITY / HOUR		
Sunday 21 st	Arrival of the Delegations		
	Committee Meetings 17:00		
	Executive Board Meeting 19:00		
Monday 22 nd	Final Verification 08:00		
	Technical Meeting 09:00		
	Congress 10:00		
	Opening Ceremony 18:00		
	Bodyweight Category	Weigh In	Competition
Tuesday 23 rd	M55B/61B	6:30	8:30
	W45A	8:30	10:30
	M55A	10:45	12:45
	W49A	13:00	15:00
	M61A	15:15	17:15
Wednesday 24 th	W55B/59B	6:30	8:30
	M67B	8:30	10:30
	W55A	10:30	12:30
	M67A	12:45	14:45
	W59A	15:00	17:00
Thursday 25 th	M73A	6:30	8:30
	W64A	8:45	10:45
	M81A	10:45	12:45
	W71A	13:00	15:00
	M89A	15:15	17:15
Friday 26 th	M96A	6:30	8:30
	W76A	8:45	10:45
	M102A	11:00	13:00
	W81A	13:15	15:15
	M109A	15:30	17:30
Saturday 27 th	W87	7:00	9:00
	M+109	9:15	11:15
	W+87	11:30	13:30
	CLOSING CEREMONY 19:00		
Sunday 28 th	DEPARTURE OF THE DELEGATIONS		

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