

Coaching and Research Committee Meeting

Oct. 28, 2018

Ashgabat, Turmenistan

The attendance in the CRC has been high in the last meetings this year: 9 members in Tashkent and 10 now in Ashgabat. Meeting minutes of the Tashkent minutes were approved unanimously.

Mr. Junichi Okada from Japan presented a deeper look into a computer software program which is being developed by Fujitsu. The program compiles great numbers of technical lifts for the snatch and clean-and-jerk. Once the program is fully developed, it is possible to make technical evaluations of lifts, follow movements causing injuries and help the jury in using video replay.

The IWF Coaching Education material is now moved to an internet platform, thanks to Dr. Kyle Pierce of the USA. Coaching education material can easily be updated and instead of pictures, videos can be shown. The CRC has planned the translation of the material into Arabic, Russian, French and Spanish, to start with.

In order to increase the numbers of female coaches, the CRC has sent out a questionnaire to all member federations in early summer 2018, prepared by Ms. Karoliina Lundahl of Finland. The CRC has now received the names of eight female coaches around the world to take part in an all female Train the Trainers course in 2019. In order to further increase the number of female coaches, an contact will be made to Continental Federations to name female coaches in their continents.

Mr. Avenaash Pandoo from Mauritius presented a proposal on Coaching Accreditation. He calls for IWF to gather data on all weightlifting coaches and distribute coaching licenses to them according to the level of Coach Education they have completed. Mr. Nippon Limboonsuebsai of Thailand showed the CRC different possibilities how this information can be gathered taken into consideration various data protection laws around the world. It was discussed that there is a need for an IWF Weightlifting Community where information can be gathered, like in a form of a Coaching Journal, a free database for sharing of weightlifting articles, of which Dr. Kyle Pierce will lead the discussion. A need for an annual Coaching Symposium either in conjunction at World or Continental Championships was brought up in Mr. Pandoo's proposal as well as the concern with failing log-ins with WADA Whereabouts. The CRC urges the IWF to take this matter forward to WADA so that the problems will diminish for the athletes.

Topics which are under discussion for the next CRC meeting are Recognition of Prior Learning (RPL) for coaches which is one of CRC 's duties according to IWF By-Laws 5.1.2.2. The CRC hopes to have guidelines ready once the database for coaches is up and running.

Lastly, Mr. Mohsen Biranvand of Iran proposed that the IWF CRC recognizes top coaches in Member Federations by producing a point-system that the Member Federations can use to rank their coaches. The coaches would receive an IWF recognition diploma as the Most Successful Coach in their country. The first year the recognition award is projected to be rewarded is in 2020 for the Coach of the Year 2019.