

Coaching and Research Committee Meeting  
July 3, 2018  
Tashkent, Uzbekistan

10 people of the CRC attended the meeting and fortunately participated some people who were not present at last time in Anaheim.

The new bodyweight categories and the new qualification system for Tokyo 2020 which was presented during the Joint meeting were discussed.

As a second big topic, the IWF Coaching Courses, Level 1 and level 2 manuals were updated. All materials are put (rest will be put during next weeks) in Google Classroom. Need to check that with the new GDPR law how can make it work. Also there was discussion to put women and children weightlifting in the manual. However the beginner level is applicable for all.

A Coaching questionnaire was sent to the Member Federations and the answers and results were examined. 39 countries answered the questionnaire, most of them have already existing national coaching education courses. The results show that a lot of countries are interested in IWF Coaching Education, so CRC will continue IWF Coaching Education program.

CRC received several names for female and male coach developers, and will try to organize again a „Train the Trainers“ course as did in 2015 and CRC hopes to invite these new people as well besides the ones who did the first course.

CRC plans to have Coaching courses after August, would be great to have at least one on each Continent. The CRC members will decide the lecturer for each course. The courses will be discussed with the Continental Federations.