



## **4<sup>th</sup> International Fajr Cup**

**Olympic Qualification Event for 2020 Tokyo Olympic Games**

**1-5 March 2019, Tehran, IRAN**

### **1. Competition Regulations**

Competitions will be held in accordance with IWF Constitution and By-Laws, and IWF Technical and Competition Rules & Regulations.

### **2. Accommodations**

Will be covered by Iran Weightlifting Federation for participating athletes maximum 5 from each country. If the number of athletes exceeds 5 persons, the extra athletes should pay the related expenses of their accommodation and full board during the competitions.

**The official Accommodation:** Olympic Hotel

**Add:** West Boulevard of Azadi Sport Complex, Tehran, Iran.

**Tel:** +98 21 44739300

### **3. Competition & Training Venue**

“Weightlifting Hall of Azadi Sport Complex “ (Located in 5 Saloons Complex, Azadi Sport Complex, in Tehran, Iran.

### **4. Seven (7) Men Bodyweight Categories**

61 Kg, 67 Kg, 73 Kg, 81 Kg, 96 Kg, 109 Kg, +109 Kg

### **5. Number of invited athletes from each country: 5**

### **6. Number of invited ITOs: 20**

### **7. Eligibility of invitation & participation**

7.1 The tournament will be held in individual and team placing.

7.2 Only the Members of National Team are allowed to participate in the event.

7.3 In each bodyweight category maximum 12 athletes are allowed to compete:

### **8. Quota of Team Officials**

8.1- For each Federation:

1-5 athletes, 1 coach, 1 official (TO), 1 Team Leader = 8 persons

## 9. Accreditation

The accreditation of delegates will be performed at the hotel upon arrival.

**Remark:** A copy of the passport and color passport photos shall be submitted when you send your final entry forms (athletes and officials).

## 10. Entries

**Preliminary Entry Forms** must be sent back both to the Iran Weightlifting Federation ([iriwf@iriwf.org](mailto:iriwf@iriwf.org) & [iranweightliftingfederation@yahoo.com](mailto:iranweightliftingfederation@yahoo.com)) before 1<sup>st</sup> January 2019.

**Final Entry Forms** must be sent back both to the Iran Weightlifting Federation ([iriwf@iriwf.org](mailto:iriwf@iriwf.org) & [iranweightliftingfederation@yahoo.com](mailto:iranweightliftingfederation@yahoo.com)) prior to 1<sup>st</sup> February 2019.

**Arrival/Departure Form** must be sent back to the Iran Weightlifting Federation ([iriwf@iriwf.org](mailto:iriwf@iriwf.org) & [iranweightliftingfederation@yahoo.com](mailto:iranweightliftingfederation@yahoo.com)) before 1<sup>st</sup> February 2019.

**Team Accommodation Form** must be sent back to the Iran Weightlifting Federation ([iriwf@iriwf.org](mailto:iriwf@iriwf.org) & [iranweightliftingfederation@yahoo.com](mailto:iranweightliftingfederation@yahoo.com)) before 1<sup>st</sup> February 2019.

## 11. Sport Equipment

IWF approved sport equipment will be provided and used during the competitions.

## 12. Doping control

Doping control shall be carried out in accordance with the IWF Anti-Doping Policy.

## 13. Financial conditions

### 13.1

- **The return flight tickets from the country of origin (invited country) to Tehran and back should be provided by the participating countries themselves or their NF's.**
- Accommodation in the Tehran designated hotel from 1-5 March 2019.
- Three meals per day
- Accreditation

### 13.2

The financial conditions for Federations that enter the athletes at their own expenses will be as follows:

**Single room fee:** \$ 80/ per night

**Double room fee:** \$ 60 / per night

**Local Transfer (from Airport to Hotel, from Hotel to Venue & back):** is free of charge and will be provided by the Organizing Committee

13.3

**IWF special Anti-Doping Fee:** US\$ 30 / Athlete

#### **14. Transportation**

The Iranian WF will provide airport transfer & transportation means (Shuttle Bus) for all participants upon their arrival from Imam Khomeini International Airport (Tehran) to Hotel and Venue of the competition and back.

#### **15. Technical Officials**

If the appointed Technical Officials (Jury Members, Referees, Technical Controllers, Chief Marshal, Competition Doctor, Competition Secretary, Time Keepers, maximum 20 persons) are from your Federation and country, all expenses of these 20 ITO's during the competition will be covered by Iran WF including accommodation & three meals per day.

**Note1:** Please be informed that Iran WF will not provide the return flight ticket from the country of origin to Tehran & such the return flight tickets should be provided by your NF.

**Note2:** Iran WF & OC will reimburse 50 USD as allowance per Diem to all 20 ITO's.

#### **16. Insurance**

Member Federations participating in the Championships will undertake full financial responsibility of their athletes and officials and do so at their own risk. All participating Federations must undertake full moral and financial responsibility of their registered/accredited delegates with regard to their health and wellness and in case of accidents or damages

#### **17. Visa**

Federations who require entry visa to the Islamic Republic of Iran must fill in the Visa Application Form per attached and send it back, together with the passport copy of each applicant, no later than 5<sup>th</sup> of Jan 2019 to the Iranian Weightlifting Federation, who will prepare the Visa Support Letter and send it back to the participating teams.

#### **18. Flag and Anthem**

Each delegation participating in the competition should bring its national flag sized 100x150 cm, and national anthem on CD. This must be submitted upon arrival/accreditation.

#### **19. Awards**

- **Gold, Silver and Bronze medals** will be awarded to the first three winners in the Snatch, Clean & Jerk and Total in each bodyweight category. **Team Cup and Trophies** will be awarded to the first three winner teams.

- In accordance with Sinclair table, top6 athletes will be awarded with Prize money as follows:

<b>First place:</b>	6000 USD
<b>Second place:</b>	5000 USD
<b>Third Place:</b>	4000 USD
<b>Fourth Place:</b>	2500 USD
<b>Fifth Place:</b>	1500 USD
<b>Sixth Place:</b>	1000 USD

Participants are awarded with diploma at the end of the tournament.

## **20. General Information**

Average Temperature in Tehran during Championships: Maximum up to 12 & Minimum 1 Centigrade degrees.

Electricity: 220V, 50Hz.

## **21. Contact Info**

If you have any questions, please do not hesitate to contact us at

**Tel:** (+9821) 44701742, (+9821) 44701637, (+98) 912 4780513 & (+98) 9214780513

**Fax:** (+9821) 44701804

**E-mail:** [iriwf@iriwf.org](mailto:iriwf@iriwf.org) & [iranweightliftingfederation@yahoo.com](mailto:iranweightliftingfederation@yahoo.com)

## COMPETITION & COURSES SCHEDULE

Day	Date	Hour	Event	
Friday	1 March 2019	14:00	Arrival & Accreditation of delegates	
		16:00-17:00	Verification of Final Entries	
		20:00- 21:00	Technical Meeting	
Saturday	2 March 2019	11:00-13:00	Men	61kg & 67 kg
		15:00-16:00	Opening Ceremony	
		16:00-18:00	Men	73 kg
Sunday	3 March 2019	11:00-13:00	Men	81 kg
		15:00-16:30	Men( Group B)	96 kg
		17:00-19:00	Men( Group A)	96 kg
Monday	4 March 2019	11:00-13:00	Men	109 kg
		15:00-16:30	Men	+109 kg
		19:00-20:00	Closing Ceremony & Banquet	
Tuesday	5 March 2019	12:00	Departure of delegates	

**Note:** Time Schedule is being updated and finalized .