**5TH SENIOR INTERNATIONAL SOLIDARITY WEIGHTLIFTING CHAMPIONSHIPS**

**IWF Qualification Event**

**(Men & Women)**

**CAIRO, EGYPT**

**08 – 14 December 2018**

**To: All National Weightlifting Federations/Associations**

**Dear President/ General Secretary,**

**INVITATION**

The Egyptian Weightlifting Federation has the pleasure to invite your National Team to participate in the **5th SENIOR ISSF International Solidarity Weightlifting Championships** **IWF qualification Event** during the period from 08th to 14th December 2018 in Cairo - Egypt.

On this occasion, we are pleased to send you this invitation to participate in this event. And we are honored to welcome you to our ***City of Peace***, and to Egypt, your home away from home.

Kind Regards

Hisham Hamdi Mahmoud Kamal Mahgoub



**Executive Director President OF EGY.W.F**





**REGULATIONS**

**Islamic Solidarity weightlifting Championships 2018**

**1.** **Dates and Place**

08 – 14 December 2018 Cairo, Egypt.

**2. Competition Venue**

Hall 2 Cairo stadium

**3.** **Training Venue**

Indoor Hall in Cairo

The venue will be available for training from 08 – 14 December 2018

1. **Accommodation**

Hotel (New Dar El Modaraat – Cairo – Egypt) (images Attach)

100USD$ full board per person per night for Double room.

120USD$ full board per person per night for Single room.

**Entry fee**: $150 USD (including $50 USD IWF Special Anti-Doping Fee)

Cash payments will be settled on arrival by all Participating Teams at the Hotel Accreditation Center. No accommodation, meal vouchers or accreditations will be offered to any delegation’s member until the Organizing Committee (OC) has received payments in full.

**NOTE:** For any nation not providing Entry forms before the deadline in a correct way, theOrganizing Committee will not guarantee the price and type of the room written in the regulation.

**5. Entries, Forms**

**Entries Forms should be Filled and return to the following:**



Organizing Committee [weightlifting\_egy@yahoo.com](mailto:weightlifting_egy@yahoo.com)

**For participants:**

**PRELIMINARY ENTRY**

Preliminary Entry forms on **01 November 2018** and Visa Application Form is to be sent as soon as possible, **to finish Security permission from Passport & Immigration Administration**

**FINAL ENTRY**

Final Entry forms & Team Accommodation Form, Transportation Form, latest by **20 November 2018.**

Forms must be sent together with the electronic photo (3x4, with white background), and passport copies before the deadline.

All forms must be sent to the following address: [weightlifting\_egy@yahoo.com](mailto:weightlifting_egy@yahoo.com) & jaloud1961@yahoo.com

1. **Visas**

**All participants are required to get visa to enter Egypt.**

Visa of Egypt can be issued at any Egyptian Embassy or diplomatic mission abroad. Visitors, who cannot apply at the Embassy, may take Egyptian visa upon arrival at Cairo International Airport. Organizing Committee will supply visa invitation letters to all federations/associations.

It is important to send the Organizing Committee each participant’s passport copies in clear format, 3x4 cm sized photos with white background and fully filled visa application forms **not later than 01 November.**

**The Egyptian Weightlifting Federation Cannot Guarantee The Visa Invitation Letter If Participants Send Their Documents Later Than The Deadline.**

**Important note:** Visa application will be processed in a minimum of three weeks, after whichan invitation letter will be sent.

1. **Accreditation**

The Accreditation will take place at El Modaraat Hotel.

**NOTE:** Check-in is after 12:00, check-out is before 12:00.



1. **Anthem**

Each Member Federation should bring two (2) national flags sized 100x150cm and the national anthem on CD/USB drive. This must be submitted upon arrival/accreditation to Organizing Committee (OC).

**9. Transportation**

The Organizing Committee (OC) will provide shuttle bus or van transportation service from the Cairo International Airport. Participants must provide their full and accurate flight schedule by **20 November 2018.**

1. Transportation forms shall state which airline, flight number and times each delegate will be arriving and departing on. Any change in travel schedule must be communicated on time.
2. Shuttle bus and monorail services will be provided for all participants to get to the venues.

**10. Competition Regulation**

5th ISSF International Solidarity Weightlifting Championships IWF qualification Event (SENIOR) 2018 will follow the IWF Technical and Competition Rules and Regulations (TCRR).

**11. Terms and Conditions of Participation**

* Accredited Participants – athletes, team officials, technical officials (ITO), media, guests, etc. must:
* Acknowledge and fully comply with IWF Constitution and By-Laws, TCRR, Anti-Doping Policy (ADP)
* Abide by all reasonable directions given by the IWF, the Organizing Committee (OC), TOs
* Should irrevocable release IWF & OC from liability for any loss, injury, or damage that they may suffer in relation to their participation in the Event
* Should guarantee that they participate in the Event with the permission of their parent(s) or guardian(s) in case they are minors
* Should acknowledge that by not following the above-mentioned terms and conditions, sanctions may be imposed
* Should acknowledge that no accommodation or arrangement is guaranteed until full payment is received in advance
* All participating Federations should undertake full moral and financial responsibility of their registered/accredited delegates regarding their health and wellness, and in the case of accidents or damages not attributable to the OC.



1. **Eligibility**

Participating athletes must be 15 years of age and over (year of birth 2003 or earlier). With reference to Article 5.6.5 of the IWF Anti-Doping Policy 2018, an Athlete who is not listed on the IWF’s Registered Testing Pool but wishes to participate in an IWF Event shall provide accurate and complete whereabouts information as set out at Annex I of the International Standard for Testing and Investigations for a period of at least  two months prior to the IWF Event in question An Athlete who does not comply with this provision is not eligible to compete at the IWF Event.

Athletes who are not providing complete whereabouts information since 09 October (at least two (2) month prior to the IWF event), won't be able to participate.

This means that those athletes who start to upload their whereabouts information today won't be eligible to compete at the event.

1. **Event Categories**

MEN:, 55kg, 61kg, 67kg, 73kg, 81kg, 89kg, 96kg, 102kg , 109kg, +109kg

WOMEN: 45kg, 49kg, 55kg, 59kg, 64kg, 71kg, 76kg, 81kg, 87kg, +87kg

1. **Awards**

Gold, silver, and bronze medals will be awarded in the Snatch, the Clean & Jerk, and the Total in each bodyweight category.

Team trophies will be awarded to the best six teams respectively for both Men’s and Women’s competitions in accordance with IWF Team Classification.

**15. Doping Control**

Doping Control will be conducted in accordance with the IWF Anti-Doping Policy.

**16. Barbell & Competition Management System**

IWF approved barbells and Competition Management System will be used during the competition and training.

**17. Insurance**

According to IWF Regulations, all participants must be under coverage for travel and accident/injury by their respective Federations before their departure from their hometown.

**18. Temperature**

The average Cairo, Egypt temperature during the Championships will be approximately between 15-22 degrees on Celsius. Electricity in Egypt is 220 Volt.

**Notes:**

The Organizing Committee contact details:

Egypt, Cairo city, National federation Complex, Cairo stadium

Tel: (00202) 22616837, (00202) 22621476

Fax: (00202) 24031050

Egy Director: (00201016310631)

E-mail: ([Weightlifting\_egy@yahoo.com](mailto:Weightlifting_egy@yahoo.com))



**PRELIMINARY TIMETABLE**

**08 December 2018**Delegation Arrival

17:00 Final Verification Entry for all competition  
18:00 Technical Official Meeting

**09 December 2018**  
10:00 45 Kg Women

12:00 55 Kg Men

16:00 49 Kg Women

18:00 61 Kg Men

**10 December 2018**

10:00 55 Kg Women

12:00 67 Kg Men

16:00 59 Kg Women

18:00 73 Kg Men   
  
**11 December 2018**  
10:00 64 Kg Women

12:00 81 Kg Men

16:00 71 Kg Women

18:00 89 Kg Men

**12 December 2018**  
10:00 76 Kg Women

12:00 96 Kg Men

16:00 81 Kg Women

18:00 102 Kg Men

**13 December 2018**  
10:00 87 Kg Women

12:00 109 Kg Men

16:00 +87 Kg Women

18:00 +109 Kg Men

**14 December 2018**  
Departure.  
Please note that the competition program is subject to changes depending on the entries.

**SOLIDARITY PRELIMINARY ENTRY FORM / SENIOR MEN**

**Weightlifting Federation of:**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **No.** | **Bodyweight**  **Category** | **Names of Athletes** | **Date of  Birth** | **Entry Total** | **Arrival date** | **Departure Date** |
| 1 |  |  |  |  |  |  |
| 2 |  |  |  |  |  |  |
| 3 |  |  |  |  |  |  |
| 4 |  |  |  |  |  |  |
| 5 |  |  |  |  |  |  |
| 6 |  |  |  |  |  |  |
| 7 |  |  |  |  |  |  |
| 8 |  |  |  |  |  |  |
| 9 |  |  |  |  |  |  |
| 10 |  |  |  |  |  |  |
| R |  |  |  |  |  |  |
| R |  |  |  |  |  |  |
| **No.** | **Name of Officials** | | **Date of Birth** | **Position** | **Arrival date** | **Departure Date** |
| 1 |  | |  | Team Leader |  |  |
| 2 |  | |  | Coach |  |  |
| 3 |  | |  | Doctor |  |  |
| 4 |  | |  | Therapist |  |  |
| 5 |  | |  | Team Official |  |  |

President or General Secretary:

Name: Signature:

Date:

This Form must be returned by **01st November 2018** to:

|  |  |
| --- | --- |
|  | **Egyptian Weightlifting Federation**  Mobile: +201001769928/201016310631  E-mail: weightlifting\_egy@yahoo.com |

**SOLIDARTY PRELIMINARY ENTRY FORM / SENIOR WOMEN**

**Weightlifting Federation of:**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **No.** | **Bodyweight**  **Category** | **Names of Athletes** | **Date of  Birth** | **Entry Total** | **Arrival date** | **Departure Date** |
| 1 |  |  |  |  |  |  |
| 2 |  |  |  |  |  |  |
| 3 |  |  |  |  |  |  |
| 4 |  |  |  |  |  |  |
| 5 |  |  |  |  |  |  |
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| 8 |  |  |  |  |  |  |
| 9 |  |  |  |  |  |  |
| 10 |  |  |  |  |  |  |
| R |  |  |  |  |  |  |
| R |  |  |  |  |  |  |
| **No.** | **Name of Officials** | | **Date of Birth** | **Position** | **Arrival date** | **Departure Date** |
| 1 |  | |  | Team Leader |  |  |
| 2 |  | |  | Coach |  |  |
| 3 |  | |  | Doctor |  |  |
| 4 |  | |  | Therapist |  |  |
| 5 |  | |  | Team Official |  |  |

President or General Secretary:

Name: Signature:

Date:

This Form must be returned by **01st November 2018** to:

|  |  |
| --- | --- |
|  | **Egyptian Weightlifting Federation**  Mobile: +201001769928/201016310631  E-mail: weightlifting\_egy@yahoo.com |

**SOLIDARTY FINAL ENTRY FORM / MEN**

**Weightlifting Federation of:**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **No.** | **Bodyweight**  **Category** | **Names of Athletes** | **Date of  Birth** | **Entry Total** | **Arrival date** | **Departure Date** |
| 1 |  |  |  |  |  |  |
| 2 |  |  |  |  |  |  |
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| 10 |  |  |  |  |  |  |
| R |  |  |  |  |  |  |
| R |  |  |  |  |  |  |
| **No.** | **Name of Officials** | | **Date of Birth** | **Position** | **Arrival date** | **Departure Date** |
| 1 |  | |  | Team Leader |  |  |
| 2 |  | |  | Coach |  |  |
| 3 |  | |  | Doctor |  |  |
| 4 |  | |  | Therapist |  |  |
| 5 |  | |  | Team Official |  |  |

President or General Secretary:

Name: Signature:

Date:

This Form must be returned by **20TH November 2018** to:

|  |  |
| --- | --- |
| **Arab Weightlifting Federation**  Mobile:009744944224/ F:009744944255  E-mail: jaloud1961@yahoo.com | **Egyptian Weightlifting Federation**  Mobile: +201001769928/201016310631  E-mail: weightlifting\_egy@yahoo.com |

**SOLIDARTY FINAL ENTRY FORM / WOMEN**

**Weightlifting Federation of:**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **No.** | **Bodyweight**  **Category** | **Names of Athletes** | **Date of  Birth** | **Entry Total** | **Arrival date** | **Departure Date** |
| 1 |  |  |  |  |  |  |
| 2 |  |  |  |  |  |  |
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| R |  |  |  |  |  |  |
| R |  |  |  |  |  |  |
| **No.** | **Name of Officials** | | **Date of Birth** | **Position** | **Arrival date** | **Departure Date** |
| 1 |  | |  | Team Leader |  |  |
| 2 |  | |  | Coach |  |  |
| 3 |  | |  | Doctor |  |  |
| 4 |  | |  | Therapist |  |  |
| 5 |  | |  | Team Official |  |  |

President or General Secretary:

Name: Signature:

Date:

This Form must be returned by **20TH November 2018** to:

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| --- | --- |
| **Arab Weightlifting Federation**  Mobile:009744944224/ F:009744944255  E-mail: jaloud1961@yahoo.com | **Egyptian Weightlifting Federation**  Mobile: +201001769928/201016310631  E-mail: weightlifting\_egy@yahoo.com |