

Qatar 5th International Cup

Qualification Competition for Tokyo 2020
19th -23th December 2018

Rules & Regulation

1. Date and Place:

19 - 23 December 2018
Doha, Qatar

2. Competition and Training Venue

Intercontinental Doha - The City

3. Competition Rules and Regulation:

Competition will be held in accordance with IWF constitution and by laws, and IWF Technical and Competition Rules & Regulation. Member Federation invited are allowed to participate in the event, except for members Federation that have financial liabilities towards the IWF. Only those athletes are eligible to compete who submitted the whereabouts information in ADAMS at least 2 months before Qatar Cup.

4. Qatar International Cup will be a qualification event for Tokyo 2020.

5. Bodyweight Categories

Men: 61Kg, 67Kg, 73Kg, 81Kg, 96Kg, 109Kg +109Kg
Women: 49Kg, 55Kg, 59Kg, 64Kg, 76Kg, 87Kg, +87kg

6- Prize & Awards:

Qatar Cup prize will be for the top 3 overall lifters for both categories Men and Women (ROBI Points).

First 3000\$

Second 2000\$

Third 1000\$

7. Equipment :

All the Equipments are highly standard and approved by IWF

8. Insurance:

Member Federation Participating in the 5th International Qatar Cup do so at their own risk. All participating Federation must undertake full moral and financial responsibility of their registered/ accredited delegates with regards to their health and wellness and in case of accident or damages not attributable to Qatar Weightlifting Federation.

9. Doping Control:

Doping control shall be carried out in accordance with the IWF rules and regulations.

10. Accommodation:

Intercontinental Doha - The City
Off Al-Wahda Road, West Bay
PO Box. 22178
Tel: +974-40158888
Fax: +974-40158810
E-mail: Khalid.Kasseb@IHG.com

11. Financial Condition**Accommodation in 5 Star Hotel**

- 1- Double Room: 100\$ Per Person / Per Night
- 2- Single Room: 130\$ Per Person / Per Night

12. VISA

All participant Federations and guest who require entry visa to Qatar must send their **Passport copies & Photo** to Qatar Weightlifting Federation E-mail qwlbb@olympic.qa before **25th October 2018**

13. Entries:

Preliminary Entry form must be submitted to Qatar Weightlifting Federation by E-mail qwlbb@olympic.qa before **15th October 2018**.

14. National Flag and National Anthem:

All invited Federation must bring their national flag and their national Anthem for the awarding ceremony.

15. Certificates of Participation:

Invited participate will be awards with certificates of participation

16. Contact:

Any correspondence concerning the events should be sent to Qatar Weightlifting Federation.
4th Floor Al-Bidda Tower
West Bay - Doha, Qatar
Tel: +974-4494246/53
Fax: +974-44944255
E-mail: qwlbb@olympic.qa

Mohamed Yousef Almana
President
Qatar Weightlifting Federation

Zayed Mubarak
Executive Director
Qatar Weightlifting Federation

Preliminary Competition Program:

Date	Program
19 December	Arrival
20 December	49Kg,61Kg, 55Kg, 67Kg, 59Kg
21 December	73Kg,64Kg, 81Kg, 76Kg, 96Kg
22 December	87Kg, 109Kg, +87Kg, +109Kg
23 December	Departure

Preliminary Entry Form **MEN**

#	Name (Name & Family Name)	Country	Date of Birth mm - dd - yyyy	Category	Entry
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

#	Name (Name & Family Name)	Gender M / F	Country	D.O.B	Function
1					
2					
3					
4					

Date:.....

Signature.....

Federation: President / General Secretary

Note:

To be filled in with printed letter and returned to Qatar Weightlifting Federation before
15 October 2018 qwlbb@olympic.qa

#	Name (Name & Family Name)	Country	Date of Birth mm - dd - yyyy	Category	Entry
1					
2					
3					
4					

#	Name (Name & Family Name)	Gender M / F	Country	D.O.B	Function
1					
2					
3					
4					

Preliminary Entry Form **WOMEN**

Date:.....

Signature.....

Federation: President / General Secretary

Note:

To be filled in with printed letter and returned to Qatar Weightlifting Federation before
15 October 2018 qwlbb@olympic.qa

Final Entry Form **MEN**

#	Name (Name & Family Name)	Country	Date of Birth mm - dd - yyyy	Category	Entry
1					
2					
3					
4					

#	Name (Name & Family Name)	Gender M / F	Country	D.O.B	Function
1					
2					
3					
4					

Date:.....

Signature.....

Federation: President / General Secretary

Note:

To be filled in with printed letter and returned to Qatar Weightlifting Federation before
15 November 2018 qwlb@olympic.qa

Final Entry Form **WOMEN**

#	Name (Name & Family Name)	Country	Date of Birth mm - dd - yyyy	Category	Entry
1					
2					
3					
4					

#	Name (Name & Family Name)	Gender M / F	Country	D.O.B	Function
1					
2					
3					
4					

Date:.....

Signature.....

Federation: President / General Secretary

Note:

To be filled in with printed letter and returned to Qatar Weightlifting Federation before
15 November 2018 qwlbb@olympic.qa

Flight Details

#	Team Name / Individual	Arrival Date	Arrival Time	Arrival Flight Number	Departure Date	Departure Time	Departure Flight Number