



# **2018 IWF WORLD CHAMPIONSHIPS**

**ASHGABAT, TURKMENISTAN**  
**31 October – 10 November**

**To the President/General Secretary  
Affiliated National Weightlifting Federation/Association**

## **INVITATION**

Dear Sir/Madam,

On behalf of Turkmenistan Weightlifting Federation and Organizing Committee, we have great honor to invite you to the 2018 IWF World Championships between 31 October - 10 November in Ashgabat, Turkmenistan.

Ashgabat is the capital of Turkmenistan and the largest administrative, political, transport, trade, scientific and cultural center of the country. The city's name comes from the words "Ashk" – love and "abad"- city, giving it the name "city of love". Today the white-marble Ashgabat is known as one of the most beautiful and comfortable cities in the world.

Ashgabat hosted Asian Weightlifting Championships and V Asian Indoor and Martial Arts Games in 2017. Now, we are very happy to organize such a prestigious event as the World Weightlifting Championships in our city. 2018 IWF World Championships will gather weightlifting families from all over the World and we believe that success of this event will contribute to the upgrading of its sporting level and to the strengthening of unity and friendship among the people of the World.

We are looking forward to welcoming you soon!

With best regards,

**Berdinyyaz Myatyyev**  
**President of Turkmenistan**  
**Weightlifting Federation**

**Dayanch Gulgeldiyev**  
**Minister of Sport and Youth**  
**Policy of Turkmenistan**

## REGULATIONS

### 2018 IWF WORLD CHAMPIONSHIPS

#### 1. Dates and Place

31 October - 10 November 2018 Ashgabat, Turkmenistan.

#### 2. Competition Venue

Ashgabat Olympic Complex, Martial Arts Arena.

#### 3. Training Venue

Ashgabat Olympic Complex, Training Hall 2.

The venue will be available for training from 27 October to 10 November.

#### 4. Accommodation

- **Sport Hotel**
- **Olympic Complex Hotel**

Participants must accept accommodation to stay at the following hotels offered by the Organizing Committee. A minimum stay of 4 (four) nights is required for all participants.

#### 5. Financial Conditions:

##### **Participation Fee (with full board)**

Single room: **\$160 USD** per person/ per night

Double room: **\$140 USD** per person/ per night

##### **Entry fee**

**\$250 USD** (including \$50 USD IWF Special Anti-Doping Fee)

#### 6. Methods of Payment

Cash payments in U.S. dollars are preferable to the Organizing Committee. However, the bank transfer payment option in USD will also be available.

Following are the bank details:

##### Bank Beneficiary:

*The State Bank for Foreign Affairs of Turkmenistan*

*SWIFT: SBFETM 22*

*Address: 32, Garashsyzlyk ave., Ashgabat, Turkmenistan*

Beneficiary: *Turkmenistan Weightlifting Federation*

*Acc.: 23205000120186100007000*

Intermediary Bank:

Citi Bank, N.A. New York, USA

SWIFT: CITIUS33, Acc.: 36209252 (USD)

**NOTE:** payers must indicate the purpose of payments (e.g. accommodation fees for 15 participants, entry fees for 15 participants, etc.). They also need to indicate “Turkmenistan Weightlifting Federation” as the beneficiary of the payments. **28 September is the deadline for the bank transfer payment.** Those participants who do not meet the deadline, will need to pay in cash upon arrival to Ashgabat.

Cash payments will be settled by the Organizing Committee upon delegations’ arrival at the Accreditation Center at the hotel. No accommodations, meal vouchers or accreditations will be offered to any delegations’ member until the Organizing Committee (OC) has received payments in full.

**NOTE:** For any nation not providing Entry forms before the deadline in a correct way, the Organizing Committee will not guarantee the price and type of the room written in the regulation.

## 7. Entries, Forms

**Entries should be registered through the IWF Online Entry System:**

<http://www.iwf.net/e-entry>

If you have any questions, please contact

- Ms. Angelique Mottet (Entries), [angelique.mottet@iwfnet.net](mailto:angelique.mottet@iwfnet.net) and
- Mr. Zoltan Veres (Technical issues), [zoltan.veres@iwfnet.net](mailto:zoltan.veres@iwfnet.net)

**For participants:**

**PRELIMINARY ENTRY**

Preliminary Entry (E-Entry) is due on **1 AUGUST 2018**.

**FINAL ENTRY**

Final Entry (E-Entry), Team Accommodation Form, Transportation Form, and Visa Application Form are to be sent as soon as possible, latest by **28 SEPTEMBER 2018**.

Forms must be sent together with the electronic photo (3x4, with white background), and passport copies before the deadline.

All forms must be sent to the following address: [wwc.ashgabat2018@gmail.com](mailto:wwc.ashgabat2018@gmail.com)

**For media:**

All media participants must be approved in advance.

Please submit the Media Accreditation Form to

- [www.ashgabat2018@gmail.com](mailto:www.ashgabat2018@gmail.com) and [lilla.rozgonyi@iwfnet.net](mailto:lilla.rozgonyi@iwfnet.net).

Deadline is **28 SEPTEMBER 2018**.

**8. Visas**

**All participants are required to get visa to enter Turkmenistan.**

Visa of Turkmenistan can be issued at any Turkmenistan Embassy or diplomatic mission abroad. Visitors who cannot apply at the Embassy, may take Turkmenistan visa upon arrival at the Ashgabat International Airport. Organizing Committee will supply visa invitation letters to all federations/associations.

Visas will be issued free of charge to all participants if they provide all the required documents on time. It is important to send the Organizing Committee each participant's passport copies in clear format, 3x4 cm sized photos with white background and fully filled visa application forms **not later than 28 SEPTEMBER**.

**OC CANNOT GUARANTEE THE VISA INVITATION LETTER IF PARTICIPANTS SEND THEIR DOCUMENTS LATER THAN THE DEADLINE.**

**Important note:** Visa application will be processed in a minimum of two weeks, after which an invitation letter will be sent. **Passport expiry date must be after 10 May 2019.**

**9. Accreditation**

The Accreditation will take place at Olympic Complex Hotel.

**NOTE:** Check-in is after 12:00, check-out is before 12:00.

**10. Anthem**

Each Member Federation should bring two (2) national flags sized 100x150cm and the national anthem on CD/USB drive. This must be submitted upon arrival/accreditation to Organizing Committee (OC).

**11. Transportation**

The Organizing Committee (OC) will provide shuttle bus or van transportation service from the Ashgabat International Airport. Participants must provide their full and accurate flight schedule by **28 SEPTEMBER 2018**.

- a. Transportation forms shall state which airline, flight number and times each delegate will be arriving and departing on. Any change in travel schedule must be communicated on time.
- b. Onsite transportation changes or new requests are not guaranteed to be accommodated.
- c. Shuttle bus and monorail services will be provided for all participants to get to the venues.

## **12. Competition Regulation**

The 2018 IWF World Championships will follow the IWF Technical and Competition Rules and Regulations (TCRR).

## **13. Terms and Conditions of Participation**

Accredited Participants – athletes, team officials, technical officials (ITO), media, guests, etc. must:

- Acknowledge and fully comply with IWF Constitution and By-Laws, TCRR, Anti-Doping Policy (ADP)
- Abide by all reasonable directions given by the IWF, the Organizing Committee (OC), TOs
- Should accept any prize or award given by IWF and /or OC/sponsors, and will attend all special award ceremonies where prizes or awards are presented
- Should attend Press Conference upon request of IWF/OC
- Should not participate in, support, or promote illegal betting
- Should be responsible for all property they bring into the Event – the IWF and/ or OC shall have no responsibility in any loss or damage of this property
- Should irrevocable release IWF & OC from liability for any loss, injury, or damage that they may suffer in relation to their participation in the Event
- Should guarantee that they participate in the Event with the permission of their parent(s) or guardian(s) in case they are minors
- Should acknowledge that by not following the above mentioned terms and conditions, sanctions may be imposed
- Agree that entry is subject to payment of all fees inclusive of entry, anti-doping, accommodation, food and transportation payment prior to use of any OC or IWF facility, or for airport transfers
- Should acknowledge that no accommodation or arrangement is guaranteed until full payment is received in advance
- All participating Federations should undertake full moral and financial responsibility of their registered/accredited delegates with regard to their health and wellness, and in the case of accidents or damages not attributable to the OC.

## **14. Eligibility**

Participating athletes must be 15 years of age and over (year of birth 2003 or earlier). With reference to Article 5.6.5 of the IWF Anti-Doping Policy 2018, an Athlete who is not listed on the IWF's Registered Testing Pool but wishes to participate in an IWF Event shall provide accurate and complete whereabouts information as set out at Annex I of the International Standard for Testing and Investigations for a period of at least three months prior to the IWF Event in question (IWF World Championships). An Athlete who does not comply with this provision is not eligible to compete at the IWF Event.

### **15. Event Categories**

MEN: 55kg, 61kg, 67kg, 73kg, 81kg, 89kg, 96kg, 102kg, 109kg, +109kg

WOMEN: 45kg, 49kg, 55kg, 59kg, 64kg, 71kg, 76kg, 81kg, 87kg, +87kg

### **16. Awards**

Gold, silver, and bronze medals will be awarded in the Snatch, the Clean & Jerk, and the Total in each bodyweight category.

Team trophies will be awarded to the best six teams respectively for both Men's and Women's competitions in accordance with IWF Team Classification.

The World Weightlifting magazine Editorial Board shall select and award the Best Lifters of the event.

### **17. Doping Control**

Doping Control will be conducted in accordance with the IWF Anti-Doping Policy.

### **18. Barbell**

IWF approved barbells will be used during the competition and training.

### **19. Insurance**

According to IWF Regulations, all participants must be under coverage for travel and accident/injury by their respective Federations before their departure from their hometown.

### **20. Temperature**

The average Ashgabat, Turkmenistan temperature during the Championships will be approximately between 15-20 degrees on Celsius. Electricity in Turkmenistan is 220 Volt.

#### **Notes:**

The Organizing Committee contact details:

Turkmenistan, Ashgabat city, Ashgabat Olympic Complex, 10, Postal code: 744000

Tel: (+993) 12481811, (+993) 12481822

Fax: (+993) 12927771

Website: [www.ashgabat2018.org](http://www.ashgabat2018.org)

E-mail: [wwc.ashgabat2018@gmail.com](mailto:wwc.ashgabat2018@gmail.com)



## PRELIMINARY TIMETABLE

<b>28 October - Sunday</b>	10:00	IWF Committee Meetings		
<b>29 October - Monday</b>	10:00	IWF Executive Board Meeting		
<b>30 October - Tuesday</b>	10:00	IWF Executive Board Meeting		
	18:00	Verification of Final Entries		
<b>31 October - Wednesday</b>	09:00	Registration for IWF Congress		
	10:00	IWF Congress		
	18:00	Technical Officials' Meeting		
<b>01 November - Thursday</b>	09:00	Men	55	C
	11:00	Men	61	C
	14:00	Men	55	B
	17:30	Women	45	B
	20:00	OPENING CEREMONY		
<b>02 November - Friday</b>	09:00	Women	49-55	C
	11:00	Women	49	B
	14:00	Men	61	B
	17:30	Women	45	A
	20:00	Men	55	A
	22:00	Men	67-73	C
<b>03 November - Saturday</b>	09:00	Men	67	B
	11:00	Women	55	B
	14:00	Women	49	A
	17:30	Men	61	A
	20:00	Women	55	A
	22:00	Women	59	C
<b>04 November - Sunday</b>	09:00	Men	73	B
	11:00	Women	59	B
	14:00	Men	67	A
	17:30	Women	59	A
	20:00	Men	73	A
	22:00	Women	64	C
<b>05 November - Monday</b>	09:00	Men	81	C
	11:00	Men	81	B
	14:00	Women	64	B
	17:30	Men	81	A
	20:00	Women	64	A
	22:00	Women	71	C



<b>06 November - Tuesday</b>	09:00	Men	89	C
	11:00	Women	71	B
	14:00	Men	89	B
	17:30	Women	71	A
	20:00	Men	89	A
	22:00	Women	76-81	C
<b>07 November - Wednesday</b>	09:00	Men	96	C
	11:00	Men	96	B
	14:00	Women	76	B
	17:30	Men	96	A
	20:00	Women	76	A
	22:00	Men	102	C
<b>08 November - Thursday</b>	09:00	Women	81	B
	11:00	Women	87	B
	14:00	Men	102	B
	17:30	Women	81	A
	20:00	Men	102	A
<b>09 November - Friday</b>	09:00	Men	109	C
	11:00	Men	109	B
	14:00	Women	+87	B
	17:30	Men	109	A
	20:00	Women	87	A
<b>10 November - Saturday</b>	09:00	Men	+109	C
	11:00	Men	+109	B
	14:00	Women	+87	A
	17:30	Men	+109	A
	20:00	CLOSING CEREMONY		

Please note that the competition program is subject to changes depending on the entries.