WEIGHTLIFTING FEDERATION OF AFRICA



3rd AFRICAN YOUTH GAMES ALGIERS - ALGERIA

TECHNICAL RULES AND REGULATIONS OF WEIGHTLIFTING SPORT

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3rd AFRICAN YOUTH GAMES - 2018

Weightlifting Technical Rules and Regulations



1. General Provisions

- **1.1** Association of National Olympic Committees of Africa (ANOCA) has decided to organized in Algiers, Algeria from 18 28 July 2018, the 3^{rd} African Youth games for which a specific organizing committee has been established (LOC).
- **1.2** The LOC, WFA and the Association of African Sports Confederations (AASC) are responsible to organize and run the weightlifting competition during the 3rd African Youth Games.
- **1.3** The competition will be held and organized in accordance to the Technical and Competition Rules & Regulations of the International Weightlifting Federation (IWF).
- 1.4 The approved bodyweight categories in the competition as follows:-

Men	Women
56 kg	44 kg
62 kg	48 kg
69 kg	53 kg
77 kg	58 kg
85 kg	63 kg
+85 kg	+63 kg

1.5 The weightlifting competition of African Youth Games will take place during four consecutive days from Thursday 20th till Saturday 23rd of July 2018.

1.6 Verification of age:

- **1.6.1** To be eligible to participate in the 3rd African Youth Games, athletes must have been born between 1st of January 2001 and 31st of December 2003. The verification of age for the participants will be the responsibility of NOCs that will take the most appropriated method in this respect.
- **1.6.2** The passport is considered as the sole official document to proof the age and the eligibility of the athlete.

2. Participation

2.1 Invitation:

All NOC's of the countries members of ANOCA whose federations are members of IWF and WFA are authorized to take part in the weightlifting competitions at the African Youth Games. The athletes who participate in the competitions should be having a nationality of the country that they represent and have to comply with the conditions and regulations defined by ANOCA, AASC, IWF and WFA.

2.2 Total numbers of athletes:

The estimated number of participating athletes in weightlifting competitions based on the quota for weightlifting are six athletes (three men & three women) per country affiliated to IWF and WFA except countries who did not participate in the women's competitions during the past four years they have the right to participate with six men as well as the countries who did not participate in the men's competitions during the past four years they have the right to participate with six women.

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2.3 Entry:

For entry purpose, the NOCs will use entry forms provided by ANOCA as following:

a. Preliminary entries:

The preliminary entry forms should be sent to the Local Organizing Committee of the African Youth Games and to the Weightlifting Federation of Africa (WFA) no later than sixty (60) days before the technical meeting **May 19**th, **2018** by facsimile or electronic mail to the following address:

Local Organizing Committee of the 3rd African Youth games ADDRESS:

Fax:

Email:

WFA Email: newwfa@hotmail.com

b. Final entries:

The Final entry forms should be sent to the Local Organizing Committee of the African Youth Games and to the Weightlifting Federation of Africa (WFA) no later than thirty (30) days before the technical meeting **June 19**th, **2018** by facsimile or electronic mail to the following address:

Local Organizing Committee of the 3rd African Youth games

ADDRESS:

Fax: Email:

WFA Email: newwfa@hotmail.com

3. Powers and responsibilities of ANOCA, AASC and WFA

3.1. ANOCA must:

- Decide the place and date of the African Youth Games.
- Appoint and set up the local organizing committee.
- Decide on the financial aspects: quotas, numbers of the representatives of NOCs and the taking in charge of their costs.
- Approve the system of competition according to the WFA proposal.

3.2. WFA has to:

- Approve jointly with ANOCA and AASC, the Technical rules and regulations of weightlifting competitions of the African Youth Games.
- Determine the technical aspects jointly with ANOCA and AASC, including the program and equipment to use.
- Appoint the IWF and WFA representatives and also the competition technical officials (ITOs) whom will be officiated at the competition.

4. Organization

4.1 Technical meeting:

4.1.1 The technical meeting will be held in a special hall assigned for this purpose and located at the site of competitions. The Technical Commission is responsible to convene the representatives of the participated countries to take part in the technical meeting. During this meeting, the bodyweight categories and final confirmation of the participants (Verification of Final Entries) will



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take place at (10:00 a.m. o'clock) twenty four hours before the start of the competitions. The participating countries have the right to delegate two persons for this meeting provided that he/she has a mandated letter.

- **4.1.2** It is possible to change the bodyweight categories and the entry total latest on the Verification of Final Entries.
- **4.1.3** The weigh-in of each competition will take place every day, begins two (2) hours before the start of the group concerned.
- **4.1.4** The competition will be organized for two bodyweight categories for men as well as two bodyweight categories for women per day depending on the number of athletes per bodyweight category. If the entry number of athletes exceeds the authorized number in the International Code, an additional group will be drawn up.
- **4.1.5** The Organizing Committee for the weightlifting competitions during the AYG will be in charge of the technical organization with cooperation with the technical commission that will be composed as follows:

Representative of Weightlifting Federation of Africa

Representative of Local Organizing Committee

Representative of International Weightlifting Federation

A country cannot have more than one representative in the technical commission.

4.1.6 Competencies of the technical commission:

- Supervise the competitions and submit periodical reports to the control and follow up commission.
- Approve the final results.
- Take the necessary decisions concerning all questions submitted by the Control and follow up commission or the Executive Committee of the Country.
- Coordinate with the Jury for all matters related to the success of the weightlifting competitions.
- In case the technical commission cannot take a joint decision, the technical commission will submit the matter to the Control and Follow up Commission which decision will be final and in force.
- Supervising taking samples from athletes for Anti-Doping purpose according to the international standards.

4.2 Technical Officials (ITOs):

- **4.2.1** A suitable number of Technical Officials (ITOs) must be appointed to work at the competition . Only International Technical Officials (ITOs) may work at the competition. ITOs selected to work at the competition must not be involved in coaching or assisting any athletes during the Event.
- **4.2.2** The Technical officials (ITOs) who are responsible for administrating the competition are: Jury (12 persons), competition director (1 person), referees (8 persons), technical controllers (2 persons), Chief Marshals (4 persons), speakers (2 persons), timekeepers (2 persons), IWF delegate (1 person), competition secretariat (4 persons) and competition doctors (4 persons).

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4.2.3 Prior to the Technical Officials' meeting, the appointed TOs are assigned to positions and groups by the Chairperson of the Technical Commission and / or the Competition Director.

4.3 Jury:

- **4.3.1** The Jury has the power to reverse a decision when the Referees' decision has been judged unanimously by the Jury to be technically incorrect.
- **4.3.2** The Jury has the power to reprimand and / or sanction an athlete / Team Official for displaying misconduct within the FOP. In particular, if the misconduct, either by actions or words, represents a threat to any Technical Official or IWF or WFA personnel during the performance of their duties, the President of the Jury, in conjunction with the IWF or WFA President, IWF or WFA General Secretary or WFA Competition Director will be responsible for executing any reprimand and / or sanction.
- **4.3.3** The Jury is not a Jury of appeal; there is no appeal against the Jury's decision.

4.4 Equipments:

- **4.4.1 Barbells:** The IWF licensed barbells will be used in training and competition sites.
- 4.4.2 Results System: IWF Technology and Information System (TIS).

4.5 Sportswear and Competitions Equipment:

- **4.5.1** The athletes who participate in the weightlifting competitions in the AYG must be dressed in accordance with the IWF regulations.
- **4.5.2** Regarding the advertising on sports clothes, the athletes, the medical and technical staff of each country must respect ANOCA regulations in this respect.

4.6 Doping Controls:

- **4.6.1** The Anti-Doping tests will be conducted throughout the duration of the competitions and under the responsibility of ANOCA Medical Commission in accordance with the WADA Anti-Doping Policy.
- **4.6.2** The appointed Doping Controller Officers (DCOs) are in charge of the selection of athletes who will be subject to the Anti-Doping control.
- **4.6.3** The athletes called to doping control must go immediately after receiving the notice to the place where the tests are conducted.
- **4.6.4** The athlete, who refuses to be subject to control or declared positive after the test will be excluded and punished accordance with the IWF Anti-Doping Policy.
- **4.6.5** The doctors and medical staff of the Anti-Doping Commission will take the samples under the supervision of the Technical Commission.
- **4.6.6** The Control and Follow up Commission approve and publish the first results taken by the Medical Commission.

4.7 Medal Ceremony:

The medal ceremonies will take place upon the end of competition of each bodyweight category consecutively for snatch, clean & jerk and total as per the IWF regulations.