



**20th Asian Youth (Qualification Event for the Buenos Aires 2018 Youth Olympic Games),
25th Asian Junior Women and 32nd Asian Junior Men Weightlifting Championships
20-30 April 2018, Urgench, Uzbekistan**

REGULATIONS

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OFFICIAL INVITATION

To the President/General Secretary

Affiliated National Weightlifting Federation/Association

Dear Sir/Madam,

Uzbekistan Weightlifting Federation has been honored by Asian Weightlifting Federation to host the 19th Asian Youth (Qualification Event for the Buenos Aires 2018 Youth Olympic Games), 24th Asian Junior Women and 31st Asian Junior Men Weightlifting Championships during 20-30 April 2018, in Urgench, Uzbekistan.

Urgench is one of the most ancient historical and cultural regions of Central Asia and always attracted attention with its majestic beauty, uniqueness and mystery. This region has many ancient fortress and monuments that reflects national architectural inheritance of Uzbekistan.

On behalf of Organizing Committee, I wish to express my most sincere appreciation to all of who participate and those federations and associations that supported us. I do believe that through the organization of Championships will not only give us an opportunity to further contribution to the development of weightlifting sport in Asia, but also enable us to strengthen the friendship among the Asian Weightlifting families. We wish you all a very successful and happy stay in Urgench.

With best regards,

Shakhrillo Makhmudov

First Vice-President of Uzbekistan Weightlifting Federation

Vice-President of Asian Weightlifting Federation

Executive Board Member of International Weightlifting Federation

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COMPETITION RULES AND REGULATIONS

Competition will be held in accordance with the Technical and Competition Rules & Regulations (TCRR) of the International Weightlifting Federations (IWF).

ELIGIBILITY

Only national federations/associations affiliated with the IWF / Asian Weightlifting Federations are eligible to participate in the:

19th Asian Youth (Qualification Event for the Buenos Aires 2018 Youth Olympic Games),

Athletes born between 01 January 2001 and 31 December 2005 (aged 13-17 years)

24th Asian Junior Women and 31st Asian Junior Men Weightlifting Championships,

Athletes born between 01 January 1998 and 31 December 2003 (aged 15-20 years)

With reference to Article 5.6.4 of the IWF Anti-Doping Policy, the Athletes who are not listed in the IWF's Registered Testing Pool and who want to enter an IWF Event shall nevertheless register to the ADAMS system and submit proper whereabouts information at least 2 months before the IWF Event in question. The Athletes who do not comply with this provision are not eligible to compete.

Only athletes of Member Federations that has no arrears towards the IWF are eligible to participate.

ACCOMMODATIONS

All delegation members participating in the Event will be accommodated in:

Urgench Palace Hotel, Address: Al Beruni street 2, Urgench city, Uzbekistan

Fayz Hotel, Address: Al Urgenchi street 66A, Urgench city, Uzbekistan

Navruz Hotel, Address: Sherozi street 13, Urgench city, Uzbekistan

Urgench Turon Hotel, Address: 220100 , Urgench city, Uzbekistan

VENUES

Competition and training venue: Yoshlik sport complex

Address: Urgench city, Yoshlik street 1, Uzbekistan

EVENTS

20th Asian Youth Weightlifting Championships

Men: 50 kg , 56 kg, 62 kg, 69 kg, 77 kg , 85 kg , 94 kg , +94 kg

Women: 44 kg, 48 kg, 53 kg, 58 kg, 63 kg, 69 kg , 75 kg, +75 kg

25th Asian Junior Women and 32nd Asian Junior Men Weightlifting Championships

Men: 56 kg, 62 kg, 69 kg, 77 kg , 85 kg, 94 kg, 105 kg, +105 kg.

Women :48 kg, 53 kg, 58 kg, 63 kg, 69 kg, 75 kg , 90 kg, +90 kg

ENTRIES

Preliminary Entry forms must be submitted to the Organizing Committee and AWF before 20th February, 2018.

Final Entry forms must be submitted to the Organizing Committee and AWF before 20th March, 2018.

Media Accreditation Form to be returned to the Organizing Committee before 20th March, 2018.

SPORT EQUIPMENT

IWF approved Sport Equipment will be used in both Competitions.

DOPING CONTROL

Doping Control will be conducted in accordance with the IWF Anti-Doping Policy.

FINANCIAL CONDITIONS

Single Room: 130 USD / person / night

Double Room: 110 USD / person / night

Entry Fee: 170 USD / person (including 50 USD Special Anti-Doping Fee) must be paid by each delegation member for both Competitions.

All payment must be paid in US dollars (cash only) which be settled by the Organizing Committee upon their arrival at the Accreditation Center in the hotel.

TRANSPORTATION

Air-tickets from Tashkent to Urgench city and return to Tashkent costs 100\$ USD per person.

The Organizing Committee will assist in booking internal air-tickets (Tashkent-Urgench-Tashkent) and will provide bus services between Urgench International Airport and the hotels and local transportation services between the hotel and the venues of competitions, training and meetings according to the schedule which will be announced to the teams on completion of accreditation process. In order to book internal air-ticket, each delegation must send their flight details to Organizing Committee on time. Transportation Forms must be submitted to the Organizing Committee until 10th March 2018, accommodation forms until 20th March 2018.

ACCREDITATION

The accreditation will take place at **Hotel Turon** upon arrival.

VISAS

Visa entry to Uzbekistan could be obtained from the Uzbekistan Embassy abroad or at Tashkent International Airport. Uzbekistan Weightlifting Federation will supply visa letters to all federation/association.

It is important to send us each participant's copies of non-expired passports and photos to issue visa letter.

IMPORTANT NOTE: Visas will be issued for **free of charge – no cost** for participants who send their passport copies not later than **10th March, 2018**. Organizing Committee will not guarantee visa assistance for late sent passport copies.

Copies of non-expired passports, colorful photos and visa forms must be sent to the following email with preliminary entry forms:

uzbek_weightlifting@yahoo.com

After providing passport copies, photos and filled visa forms to Organizing Committee in full, Uzbekistan Weightlifting Federation will provide visa support letter to each federation/association.

INSURANCE

As required by IWF TCRR, all participants must be under insurance coverage for travel and accident/injury by their respective Federations before their departure from their home town.

TECHNICAL OFFICIALS

Technical officials (Juries, referees, technical controllers, chief marshal and doctor on duty, the competition secretary, time keepers) will be appointed by AWF. The competition speakers, loaders and any backup technical staff will be provided by the Organizing Committees.

FLAG AND NATIONAL ANTHEM

Each delegation participating in the competition should bring two (2) national flags sized 100x150cm, and the national anthem on CD/USB drive. This must be submitted upon arrival/accreditation. National anthems may be sent by email as well.

TEMPERATURE

Average temperature in Urgench: 20 ° C

Electricity: 220 volt

CONTACT PERSONS OF ORGANIZING COMMITTEE

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TIMETABLE of
20th Asian Youth (Qualification Event for the Buenos Aires 2018 Youth Olympic Games),
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20 April		Arrival of delegation
21 April	20:00	Verification of Final Entry (Youth and Junior)
22 April	09:00	All AWF Committee (Technical, Coaching & Research & Medical) Meetings
	10.00	AWF Executive Board Meeting
	14.30	Registration of Congress Delegate
	15:00	AWF Congress
	17.00	Technical Officials' Meeting & Presentation by Mrs. Reiko Chinen for Technical Officials
	18:00	Anti-Doping Seminar
	19.00	Coaching Seminar by Maged Salama
23 April	10:00	Women Category 44 kg Group B
	12:00	Men Category 50 kg Group B
	15:00	Opening Ceremony
	16:00	Women Category 44 kg Group A
	19:00	Men Category 50 kg Group A
24 April	10:00	Women Category 48 kg Group B
	13:00	Men Category 56 kg Group B
	16:00	Women Category 48 kg Group A
	19:00	Men Category 56 kg Group A
25 April	10:00	Women Category 53kg Group B
	13:00	Men Category 62kg Group B
	16:00	Women Category 53kg Group A
	19:00	Men Category 62kg Group A
26 April	10:00	Women Category 58 kg Group B
	13:00	Men Category 69 kg Group B
	16:00	Women Category 58kg Group A
	19:00	Men Category 69 kg Group A
27 April	10:00	Women Category 63 kg Group B
	13:00	Men Category 77 kg Group B
	16:00	Women Category 63 kg Group A
	19:00	Men Category 77 kg Group A
28 April	10:00	Women Category 69 kg Group B
	13:00	Men Category 85 kg Group B
	16:00	Women Category 69 kg Group A
	19:00	Men Category 85 kg Group A
29 April	10:00	Women Category 75 kg Group B
	13:00	Men Category 94 kg Group B
	16:00	Women Category 75 kg Group A
	19:00	Men Category 94 kg Group A
30 April	09:00	Women Category +75 kg, 90 kg, +90 kg Group B
	11:30	Men Category +94 kg, 105 kg, +105 kg Group B
	14:00	Women Category +75 kg, 90 kg, + 90 kg Group A
	17:00	Men Category +94 kg, 105 kg, +105 kg Group A
	19:00	Closing Ceremony and Banquet
1 May		Departure of Delegation

Note: Schedule is subject to change according to Verification of Final Entries