

***3rdInternational Fajr Cup***



***6-11 March 2018, Ahvaz, IRAN***

**1. Competition Regulations**

Competitions will be held in accordance with IWF Constitution and By-Laws, and IWF Technical and Competition Rules & Regulations.

**2. Accommodations**

Will be covered by Iran Weightlifting Federation for participating athletes maximum 5 from each country. If the number of athletes exceeds from 5 persons, the extra athletes should pay the related expenses of their accommodation and full board during the competitions.

**The official Accommodation:** Ahvaz International Hotel

**3. Competition & Training Venue**

“Ahvaz competition venue ‘’

**4. Eight (8) Men Bodyweight Categories**

56 Kg, 62 Kg, 69 Kg, 77 Kg, 85 Kg,94 Kg,105 Kg,+105 Kg

**5. Number of invited athletes from each country:** 5

**Note:** Iran will have two full teams each team consisting of 8 lifters, but the results of the second team cannot be officially registered.

**6. Number of invited ITOs**: 20

**7. Eligibility of invitation & participation**

7.1 The tournament will be held in individual and team placing.

7.2 Only the Members of National Team are allowed to participate in the event.

7.3 In each bodyweight category maximum 12 athletes are allowed to compete:

**8. Quota of Team Officials**

8.1- For each Federation:

1-5 athletes, 1 coach, 1 official (TO), 1 Team Leader = 8 persons

**9. Methodology and Training Science & Anti-Doping Course**

Iran Weightlifting Federation will cover all internal expenses, including local transportation by shuttle bus, accommodation (room and 3 meals per day) for all participants. Certificate will be presented to participants at the end of classes. The lecturer will be appointed by IWF to make presentation the most advanced educational items and materials will be presented to the participants.

**10. Accreditation**

The accreditation of delegates will be performed in the hotel mentioned above upon arrival.

**Remark**: A copy of the passport and color passport photos shall be submitted when you send your final entry forms (athletes and officials).

**11. Entries**

**Preliminary Entry Forms** must be sent back both to the Iran Weightlifting Federation ([iriwf@iriwf.org](mailto:iriwf@iriwf.org)) and the International Weightlifting Federation before 5th January2018.

**Final Entry Forms** must be sent back both to the Iran Weightlifting Federation ([iriwf@iriwf.org](mailto:iriwf@iriwf.org)) and the International Weightlifting Federation prior to 5th Feb2018.

**Arrival/Departure Form** must be sent back to the Iran Weightlifting Federation ([iriwf@iriwf.org](mailto:iriwf@iriwf.org)) before 5th Feb2018.

**Team Accommodation Form** must be sent back to the Iran Weightlifting Federation ([iriwf@iriwf.org](mailto:iriwf@iriwf.org)) before 5th Feb2018.

# 12. Sport Equipment

IWF approved sport equipment will be provided and used during the competitions.

# 13. Doping control

Doping control shall be carried out in accordance with the IWF Anti-Doping Policy.

# 14. Financial conditions

14.1

**- The return flight tickets from the country of origin to Ahvaz should be provided by the participating country.**

* Accommodation in the Ahvaz designated hotelfrom 6 to 11 March 2018.
* Three meals per day
* Accreditation

14.2The financial conditions for Federations that enter the athletes at their own expenses will be as follows:

**Single room fee**: $ 80/ per night

**Double room fee**: $ 60 / per night

**Local Transfer (from Airport to Hotel, from Hotel to Venue & back)**: is free of charge and will be provided by the Organizing Committee

**15. Transportation**

The Iranian WF will provide airport transfer & transportation means for all participants upon their arrival fromAhvazInternational Airportto Hotel and Venue of the competition and back.

**16. Technical Officials**

If the appointed Technical Officials (Juries, Referees, Technical Controllers, Chief Marshal, Doctor-on-Duty, The competition Secretary, Time Keepers, maximum 20 persons) are from your Federation and country,all expenses of these 20 ITO’s during the competition will be covered by Iran WF includingaccommodation & three meals per day .

**Note1:** Please be informed that Iran WF will not provide the return flight ticket from the country of origin to Ahvaz & the return flight tickets should be provided by your NF.

**Note2:** Iran WF & OC will reimburse 50 USD as allowance per diem to all 20 ITO’s.

**17. Insurance**

Member Federations participating in the Championships will undertake full financial responsibility of their athletes and officials and do so at their own risk. All participating Federations must undertake full moral and financial responsibility of their registered/accredited delegates with regard to their health and wellness and in case of accidents or damages

**18. Visa**

Federations who require entry visa to the Islamic Republic of Iran must fill in the Visa Application Form per attached and send it back, together with the passport copy of each applicant, no later than 5th of Feb 2018 to the Iranian Weightlifting Federation, who will prepare the Visa Support Letter and send it back to the participating teams.

**19. Flag and Anthem**

Each delegation participating in the competition should bring its national flag sized 100x150 cm, and national anthem on CD. This must be submitted upon arrival/accreditation.

**20. Awards**

* **Gold, Silver** and **Bronze medal**s will be awarded to the first three winners in the Snatch, Clean & Jerk and Total in each bodyweight category. **Team Cup** and **Trophies** will be awarded to the first three winner teams.
* In accordance with Sinclair table,best 6 athleteswill be awarded with Prize money as follows:

**First place:** 5000 USD

**Second place:** 4000 USD

**Third Place:** 3000 USD

**Fourth Place:** 1500 USD

**Fifth Place:** 1000 USD

**Sixth Place:** 500 USD

Participants are awarded with diploma at the end of the tournament.

**21. General Information**

Average Temperature in Ahvazduring Championships:

Electricity: 220V, 50Hz.

**22. Contact**

If you have any questions, please do not hesitate to contact us at

**Tel**: (+9821) 44701742, (+9821) 44701637, (+98) 912 4780513 & (+98) 9214780513

**E-mail**: [iriwf@iriwf.org](mailto:iriwf@iriwf.org)

**COMPETITION & COURSES SCHEDULE**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Day** | **Date** | **Hour** | **Event** | | |
| **Tuesday** | **6 March 2018** | ------ | **Arrival & accreditation of delegates** | | |
| ------ |
| **Wednesday** | **7 March 2018** | 16:00-17:00 | **Verification of Final Entries** | | |
| 17:30-18:30 | **Technical Meeting** | | |
| **Thursday** | **8 March 2018** | 08:30-10:00 | **Methodology of Training Science** | | |
| 10:30-12:30 | **Men** | **56kg** | |
| 14:00-16:00 | **Men** | **62kg** | |
| 16:30-18:30 | **Opening Ceremony** | | |
| **Friday** | **9 March 2018** | 08:30-10:00 | **Anti-Doping Course** | | |
| 10:30-12:30 | **Men** | | **69kg** |
| 14:00-16:00 | **Men** | **77kg** | |
| 16:30-18:30 | **Men** | **85 kg** | |
| **Saturday** | **10 March 2018** | 10:30-12:30 | **Men** | **94 kg** | |
| 14:00-16:00 | **Men** | **105 kg** | |
| 16:00-18:00 | **Men** | | **+105 kg** |
| 18:30-20:30 | **Closing Ceremony & Banquet** | | |
| **Sunday** | **11 March 2018** | ------ | **Departure of delegates** | | |

**Note1**: Time Schedule is subject to change

**Note2**: Certificate will be presented to those participants attending the educational workshops and training courses.

**PRELIMINARY ENTRY FORM**

**National Weightlifting Federation of ………………………………**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **No.** | **Category** | **Name of athletes** | | **Date of Birth** | **Passport Number** | **Entry Total** |
| **1** |  |  |  |  |  |  |
| **2** |  |  |  |  |  |  |
| **3** |  |  |  |  |  |  |
| **4** |  |  |  |  |  |  |
| **5** |  |  |  |  |  |  |
| **6** |  |  |  |  |  |  |
| **7** |  |  |  |  |  |  |
| **8** |  |  |  |  |  |  |

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| --- | --- | --- | --- | --- | --- |
| **No.** | **Name of Officials** | **Function** | **Date of Birth** | **Passport Number** | **Entry Total** |
| **1** |  |  |  |  |  |
| **2** |  |  |  |  |  |
| **3** |  |  |  |  |  |

**President / General Secretary…………………......... Signature:……………………..**

**Date:-----------------------------**

**This form must be returned by 5th January 2018 to the I.R. of Iran Weightlifting Federation (IRIWF)**

Weightlifting Hall, Azadi Sport Complex

Tel/Fax: (+9821) 44701742

Email: [iriwf@iriwf.org](mailto:iriwf@iriwf.org)

**FINAL ENTRY FORM**

**National Weightlifting Federation of ………………………………**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **No.** | **Category** | **Name of athletes** | | **Date of Birth** | **Passport Number** | **Entry Total** |
| **1** |  |  |  |  |  |  |
| **2** |  |  |  |  |  |  |
| **3** |  |  |  |  |  |  |
| **4** |  |  |  |  |  |  |
| **5** |  |  |  |  |  |  |
| **6** |  |  |  |  |  |  |
| **7** |  |  |  |  |  |  |
| **8** |  |  |  |  |  |  |

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| **No.** | **Name of Officials** | **Function** | **Date of Birth** | **Passport Number** | **Entry Total** |
| **1** |  |  |  |  |  |
| **2** |  |  |  |  |  |
| **3** |  |  |  |  |  |

**President / General Secretary…………………......... Signature:……………………..**

**Date: -----------------------------**

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Email: [iriwf@iriwf.org](mailto:iriwf@iriwf.org)

**ARRIVAL/DEPARTURE FORM**

**National Weightlifting Federation of ………………………………**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **No.** | **Full name of delegates** | **Arrival Date and time** | **Arrival Flight Number** | **Departure Date and time** | **Departure Flight Number** |
| **1** |  |  |  |  |  |
| **2** |  |  |  |  |  |
| **3** |  |  |  |  |  |
| **4** |  |  |  |  |  |
| **5** |  |  |  |  |  |
| **6** |  |  |  |  |  |
| **7** |  |  |  |  |  |
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***TEAM ACCOMMODATION FORM***

**National Weightlifting Federation of ………………………………**

|  |  |  |
| --- | --- | --- |
| **Date** | **Single room** | **Double room** |
| 6 March 2018 |  |  |
| 7 March 2018 |  |  |
| 8 March 2018 |  |  |
| 9 March 2018 |  |  |
| 10 March 2018 |  |  |
| 11 March 2018 |  |  |

**President / General Secretary…………………......... Signature:……………………..**

**Date: -----------------------------**

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Weightlifting Hall, Azadi Sport Complex

Tel/Fax: (+9821) 44701742

Email: iriwf@iriwf.org

***MEDIA & PHOTOGRAPHER FORM***

**National Weightlifting Federation of ………………………………**

**Name of the participant’s country …………………………………**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **No.** | **Full name** | **Arrival Date and time** | **Arrival Flight Number** | **Departure Date and time** | **Departure Flight Number** |
| **1** |  |  |  |  |  |
| **2** |  |  |  |  |  |
| **3** |  |  |  |  |  |
| **4** |  |  |  |  |  |

**President / General Secretary…………………......... Signature:……………………..**

**Date: -----------------------------**

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Tel: (+9821) 44701742

Fax:(+98 21 ) 44701804

Mobile : (+98 ) 912 4780513 , (+98) 9214780513

Email**: iriwf@iriwf.org**

**VISA**

**APPLICATION FORM**

**National Weightlifting Federation of ………………………………**

**Name of the participant’s country …………………………………**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Family | Given | Date of Birth  DD/MM/YYYY | Gender (M/F) | Passport Number | Nationality | Occupation |
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**President / General Secretary…………………......... Signature:……………………..**

**Date: -----------------------------**

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