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 **4th EUROPEAN UNION WEIGHTLIFTING CUP**

**14/17 December, 2017 – Rome, ITALY**

**COMPETITION RULES AND REGULATIONS**

Competition will be held in accordance with EUWC rules.

The team should be composed of a maximum of 6 athletes, 3 males and 3 females:

* 1 female lifter and 1 male lifter Under 15 – not younger than 13 years of age;
* 1 female lifter and 1 male lifter Under 17 – not younger than 16 years of age;
* 1 female lifter and 1 male lifter Under 20 – not younger than 18 years of age.

Results will be calculated on the Sinclair form.

**AWARDS**

Gold, Silver and Bronze medals will be awarded to the first three athletes in the Snatch, Clean & Jerk and the Total in each bodyweight category.

Team Trophy – the highest six ranked Nations (by Sinclair points for the female + male lifters).

Best Lifter trophies will be awarded in both men’s and women’s events.

**ENTRIES**

Preliminary Entry Form must be received by the Organizing Committee before **15th October ;**

Final Entry and Accommodation & Transportation Forms must be received by the Organizing Committee before **15th November**.

**COMPETITION AND ACCOMMODATION VENUE**

C.S.O.E. – Italian Army Olimpic Sport Center - *Via degli Arditi, 1 - 00143 Rome - Italy*

All athletes and team members will be accommodated full board.

The accreditation will take place at C.S.O.E. – Italian Army Olimpic Sport Center.

 

**TRANSPORTATION**

The C.S.O.E. is easily accessible from the *Leonardo da Vinci International Fiumicino Airport* and the *Ciampino Airport*.

The Organizing Committee will provide transportation from/to airports to the accommodation and competition venue.

**FINAL CONDITIONS**

The accommodation fee per person full board is:

* Single room - 105,00 euro per person per day;
* Double room – 85,00 euro per person per day.

No entry fee. No doping control fee.

**PAYMENT**

The Accommodation Fees should be paid by bank transfer to:

**BANK DETAILS**

**ACCOUNT NAME** : Federazione Italiana Pesistica

**ADDRESS**: Viale Tiziano,70 - 00196 Rome - Italy

**REASON FOR PAYMENT**: EUCUP 2017 (Nation Name)

**IBAN**: IT83Y0100503309000000010130

**SWIFT BIC**: BNLIITRR

**BANK CODE**: BNLI

**COUNTRY CODE**: IT

**LOCATION CODE**: R1

**BRANCH CODE**: BIZ

Please send us a proof of payment not later than 10 December 2017 by email to eucup2017@federpesistica.it .

 

**VISA TO ITALY**

European Union countries do not require a visa to Italy.

All other participants must contact the Italian embassy in their own country to verify if a visa is needed.

**INSURANCE**

National Federations must undertake full moral and financial responsibilities for their delegates regarding their health in case of accidents or damages.

**DOPING CONTROL**

The EUWC applies the IWF Anti-Doping Policy.

**BARBELL**

Eleiko barbells will be used in competition and training.

**TECHNICAL OFFICIALS**

The participating federations must delegate a Technical Official for the competition, category I or II and whit IWF licence paid. (to be confirmed)

ORGANIZING COMMITTEE CONTACT:

**ITALIAN WEIGHTLIFTING FEDERATION**

Viale Tiziano, 70 – 00196 Rome (Italy)

Tel. +39.068797.3016/3017

Fax. +39.068797.3030

Email: eucup2017@federpesistica.it

Web: [www.federpesistica.it](http://www.federpesistica.it)

EUWC CONTACT:

Mr. Barbone Michele - EUWC General Secretary Mr. Jesmond Caruana – EUWC Vice President

Email: michele.barbone2007@libero.it Email: maltese@maltanet.net