



2017 Commonwealth Championships
2017 Oceania Championships
Gold Coast, Australia 3rd – 9th September 2017



Competition Regulation

1. Dates

3rd – 8th September - Training availability

5th – 9th September - Competition

2. Competition Rules and Regulations

The 2017 Commonwealth and Oceania Senior, Junior and Youth Championships will follow the Technical and Competition Rules and Regulations (TCRR) of the International Weightlifting Federation (IWF).

3. Terms and Conditions of Participation

Accredited participants (Athletes, Team Officials, Technical Officials (TOs) Media, Guests, etc. must acknowledge and fully comply with the IWF Constitution and By-Laws, TCRR; and Anti-Doping Policy (ADP); and:

- abide by all reasonable directions given by the CWF, OWF, the Organizing Committee (OC) and TO's
- participate in the Event at their own risk and take all reasonable measures to protect themselves and others from any risk
- accept full moral and financial responsibility with regard to their health and wellness and in case of accidents or damages
- be responsible for all property they bring into the Event and accept that the CWF and/or OC shall bear no responsibility or liability for any loss or damage of this property
- acknowledge and agree that neither the CWF, OWF nor the OC shall arrange any insurance connected with their participation in the Event
- irrevocably release CWF, OWF and the OC (and their respective members, officers, employees, etc.) from liability for any loss, injury or damage that they may suffer in relation to their participation in the Event
- guarantee that they participate in the Event with the permission of their parent(s) or guardian(s) if they are minors

4. Eligibility

- Youth athletes must have been born between 1 January 2000 and 31 December 2004
- Junior athletes must have been born between 1 January 1997 and 31 December 2002
- Senior athletes must have been born on or before 31 December 2002
- With reference to Article 5.6.4 of the IWF Anti-Doping Policy, in order to enter an *IWF Event*, the *Athletes* who are not listed in the IWF's *Registered Testing Pool* shall register to the ADAMS system and submit proper whereabouts information at least 2 months before the event. *Athletes* who do not comply with this provision are not eligible to compete in the *event*.

5. Events

The Commonwealth Championships and Oceania Championships will be conducted simultaneously for all age groups – Senior, Junior, Youth – and within the IWF Bodyweight Categories for Men and Women.

IWF Categories for Senior and Junior Men and Women.

Men: 56kg, 62kg, 69kg, 77kg, 85kg, 94kg, 105kg, +105kg.

Women: 48kg, 53kg, 58kg, 63kg, 69kg, 75kg, 90kg, +90kg.

IWF Categories for Youth Men and Women

Men: 50kg, 56kg, 62kg, 69kg, 77kg, 85kg, 94kg, +94kg.

Women: 44kg, 48kg, 53kg, 58kg, 63kg, 69kg, 75kg, +75kg.



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6. Entries

The final entry forms for all competitions must be returned to the Organising Committee and the CWF Secretary General **no later than July 21st, 2017**. The Accommodation and Transport form must also be included with the final entries.

7. Awards

Commonwealth Championships

Gold, Silver and Bronze medals will be awarded in each bodyweight category and in each age group for both men and women in the **total only**. Trophies will be awarded to the Best overall lifter, for men and women, in each age group.

Oceania Championships

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8. Transportation

Local transport will be provided by the Organising Committee from Brisbane airport or Gold Coast airport to the Mercure Gold Coast Resort upon the arrival of delegations. A free shuttle service will operate between the hotel and the competition venue every 30 minutes during the competition.

9. Competition Venue

The competition venue is the Gold Coast Sport & Leisure Centre (GCSLC). Opened in April 2017, this new sport centre was constructed for the Gold Coast 2018 Commonwealth Games and it will be the home of Weightlifting, Wrestling and Badminton during the Games in April 2018.

GCSLC is located at Nerang-Broadbeach Rd, Carrara, Gold Coast.





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10. Accommodation

All members of your delegation **must stay** a minimum of three (3) nights at the Mercure Gold Coast Resort, the hotel selected by the Organising Committee to accommodate every member of each delegation, CWF & OWF Executives, technical officials, team supporters, sponsors and event staff, the hotel has the capacity to cater for every delegation's and guest needs.

Mercure Gold Coast Resort
Palm Meadows Drive, Carrara,
Gold Coast, Australia

The cost per triple room per person per night is AUD\$165.00 (US\$115.00) this includes full board (Breakfast, lunch and dinner)

The cost per twin room per person per night is AUD\$175.00 (US\$122.00) this includes full board (Breakfast, lunch and dinner)

The cost per single room per person per night is AUD\$235.00 (US\$160.00) this includes full board (Breakfast, lunch and dinner)





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11. Training

A training site with 20 platforms will operate the Mercure Gold Coast Resort from 07:30 to 19:30 daily, commencing September 3rd. Teams will train on a rotational schedule providing each Team with a 90 minute allocation each day.

12. Barbells

Eleiko equipment will be used at these Championships.

13. Doping Control

Doping Control will be conducted by the Australian Sports Anti-Doping Authority.

All athletes are required to pay an Anti-Doping Fee of USD\$50. Team officials are not required to pay an Anti-Doping Fee.

14. Accreditation

The accreditation process will take place in the Organising Committee Office, located at the Mercure Gold Coast Resort.

15. Financial Conditions

All accommodation and anti-doping fees must be paid in full to the Organising Committee **no later than 21st July, 2017**. No direct payments to the hotel will be accepted.

Please note that all fees must be paid in full to the Organising Committee before obtaining accreditation. We cannot provide Accreditation or Accommodation or Credentials to any member of a delegation until the Anti-Doping Fees and Accommodation Fees have been paid in full for every member of the delegation.

Payments must be made by electronic transfer **no later than 21st July, 2017**. The bank details for this transaction are as follows:

Name of Bank: Commonwealth Bank of Australia

Address of Bank: 661-665 Glenferrie Rd, Hawthorn, Victoria, Australia 3122

Account Holder Name: Australian Weightlifting Federation Inc

Account Number: 101 690 89

IBAN: 063 187 101 690 89

SWIFT/BIC Code: CTBAAU2S

16. Insurance

Member Federations must undertake full moral and financial responsibilities for their delegates regarding their health and in case of accidents or damages.

As per IWF Technical and Competition Rules, each delegation is required to have the appropriate Health Insurance in the event of an accident or unforeseen circumstance. Full medical services are available at the local hospital, but it is not possible for foreign delegations to purchase health insurance within Australia.

17. National Flag

Each delegation must provide two national flags sized 100cm x 150cm to be submitted at the Organizing Committee Office upon collection of accreditation.

18. Visas

All visitors to Australia need a valid passport and an Australian visa or Electronic Travel Authority (ETA).

Visa types depend on the length of stay and the visit's purpose. You can lodge online applications for ETAs or acquire forms from more than 300,000 travel agents, 75 airlines and Australian diplomatic offices worldwide.



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If you do not hold a passport approved for ETA, you can apply for a 'label' visa from Australian embassies, high commission offices or consulates. For more information, view the Australian Government Immigration website. www.immi.gov.au

19. Duty Free Goods and Quarantine

Australia has a 10% Goods and Services Tax (GST) payable at the point of sale. Travellers may be eligible for a GST refund on departure. Incoming visitors may bring in limited quantities of duty free products. If you enter Australia with doctor's prescriptions or medicines, you must get a permit. For more information, view Customs: www.customs.gov.au

Australian Customs enforces strict controls. Australia is the largest island in the world and is free of many diseases. Please declare animal and plant material, herbal medicines, food, eggs, seeds and wood. Coral, shell, reptile and whale products are banned. Restrictions apply for currency, firearms and ammunition, heritage items and defence and strategic goods. Ask Customs officers at the airport if you are not sure. The future health of Australia's native animals, plants and primary industries depends on your honesty. For more information, view Customs: www.customs.gov.au

20. About the Gold Coast

The Gold Coast is Australia's sixth largest city, situated 100km south of the Queensland State capital, Brisbane. Covering 1,402 square kilometres, the city features 70 kilometres of coastline from South Stradbroke Island in the north, to beautiful Rainbow Bay in the south.

The suburbs of Southport and Surfers Paradise form Gold Coast's commercial centre. The major river in the area is the Nerang River. Much of the land between the coastal strip and the hinterland were once wetlands drained by this river, but the coastal swamps have been converted into over 260 kilometres of man-made waterways and artificial islands covered in upmarket homes.

To the west, the city borders a part of the Great Dividing Range commonly referred to as the Gold Coast hinterland. A 206 km² section of the mountain range is protected by Lamington National Park and has been listed as a World Heritage area in recognition of its outstanding geological features displayed around shield volcanic craters and the high number of rare and threatened rainforest species. The area attracts bushwalkers and day-trippers all year round.



Climate

Queensland's Gold Coast has a sub-tropical climate with around 300 days of sunshine per year. The month of September is the beginning of Spring at the Gold Coast and during this season, sunny days are followed by mild tropical evenings. Average temperatures range from 16.9 - 25.4°C (62.4 - 77.7°F). Days are dry but can be windy, especially during September.



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21. Organizing Committee Contact Details

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