



African Senior (27th M & 16th W) Weightlifting Championships

Vacoas, Mauritius 10th – 18th July, 2017

1. COMPETITION DATE AND PLACE

The Competition will be held in Vacoas, Mauritius from 10th – 18th July 2017.

2. COMPETITION RULES AND REGULATIONS

- A. The competition will be held and organised in accordance to the IWF technical and competition rules & regulations.
- B. The WFA will appoint the technical officials (ITOs) whom will be nominated by their national federations/associations to officiate for the championships.

3. ELIGIBILITY

- A. According to article (1.1.2) of 2017 IWF Technical and Competition rules & regulations, the athletes born in 2002 or earlier have the eligibility to participate.
- B. With reference to Article (5.6.4) of the IWF Anti-Doping Policy, the Athletes who are not listed in the IWF's Registered Testing Pool and who want to enter an IWF Event shall nevertheless register to the ADAMS system and submit proper whereabouts information at least two months before and during the IWF Event in question. The Athletes who do not comply with this provision are not eligible to compete.
- C. Only competitors of Member Federations that has no arrears towards the IWF & WFA are eligible to participate.
- D. The passport is considered as the sole official document to proof the age and the eligibility of the athlete.
- E. A maximum of eight (8) men and eight (8) women competitors could be registered plus two (2) reserves for each gender may also be entered but during the Verification of Final Entries each country can only register (8) men and (8) women as a final entry without any reserves. And it is possible to change the bodyweight categories and the entry total latest on the Verification of Final Entries.



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4. COMPETITION EVENTS AND CATEGORIES

IWF Categories for Men and Women are follows:

Men: 56 kg / 62 kg / 69 kg / 77 kg / 85 kg / 94 kg / 105 kg / + 105 kg

Women: 48 kg / 53 kg / 58 kg / 63 kg / 69 kg / 75 kg / 90 kg / +90KG

5. ENTRY FORMS

Enclosed herewith please find both Preliminary and Final Entry Forms.

- A. **Preliminary** Entry Forms, Accommodation and Transportation Forms must be submitted to both the Organizing Committee (MRI WF) and the Weightlifting Federation of Africa (WFA) respectively no later than **15th May, 2017**.
 - Maximum athletes allowed on the Preliminary Entry Form are ten (10) women and ten (10) men.
- B. **Final** Entry Forms, Accommodation and Transportation Forms must be submitted to both the Organizing Committee (MRI WF) and the Weightlifting Federation of Africa (WFA) respectively no later than **5th June, 2017**.
 - Maximum athletes allowed on the Final Entry Form are ten (10) women and ten (10) men; this consists of a full team (eight (8) women and eight (8) men) plus two (2) reserve athletes per gender. Reserve athletes must be noted as such on the Final Entry Form.

6. DOPING CONTROL

Doping Control will be conducted during the competition in accordance with the IWF Anti-Doping Policy and will be carried out by the IWF selected DCOs.

7. ACCREDITATION

- A. The federations/associations must send the coloured photos for all the delegates (athletes and officials) with the final entry forms.
- B. Accreditation of the Delegations will take place at des VOILA Hotel upon arrival.
- C. Please note that the Accreditation will be valid only for the days registered on the Accreditation Card at the Accreditation Centre and will be issued only after Full Payment of participation and Entry Fees.



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8. ACCOMMODATIONS

- A. The accommodation for all delegations will be at:
VOILA HOTEL Bagatel & PALMS HOTEL
- B. The hotel will be provided from 10th July to the end of the competition with the following normal rates:
 - US \$ 105 full board per person per night for standard triple rooms. (limited)
 - US \$ 125 full board per person per night for standard double rooms.
 - US \$ 150 full board per person per night for standard single rooms.

9. FINANCIAL CONDITIONS:

- A. Only affiliated national federations/associations that have annually paid their IWF and WFA subscription fees have the right to participate in this competition.
- B. An Entry Fee of US\$ 150 per person (including US\$ 50 Special Anti-Doping Fee) shall be paid to the WFA by each delegation for all their athletes and officials (Except the officials whom will be appointed to officiate during the competition).
- C. All payments must be made in cash to the Organization Committee preferably in US Dollars Upon arrival at the accreditation center located at the VOILA HOTEL.
- D. The WFA is responsible for the Trophies, Medals and Certificates.
- E. The Organizing Committee will cover the accommodation and board costs for the technical officials whom will be appointed to officiate for the competition.
- F. The Organizing Committee will cover the accommodation and board costs for the Chairpersons of the WFA Technical, Medical and Coaching and Research Committees, when they are not among the appointed Technical Officials.

10. AWARDS

- A. Gold, Silver and Bronze medals will be awarded in each bodyweight category for both men and women in Snatch, Clean & Jerk and Total.
- B. Trophies will be awarded to the best three teams in total respectively for both men's and women's competitions in accordance with IWF Team Classification.
- C. Best lifters trophies will be awarded in both men's and women's events.
- D. Certificates of participation will be presented to all participants.



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11. VENUES

Competition Venue : National Weightlifting Centre, Vacoas
Training Venue : National Sports Complex, Vacoas

12. EVENTS

MEN : 56kg, 62kg, 69kg, 77kg, 85kg, 94kg, 105kg and +105kg
Women : 48kg, 53kg, 58kg, 63kg, 69kg, 75kg, 90kg and +90kg

13. ENTRIES

Preliminary Entry Forms must be submitted to the Organizing Committee and the WFA before **15th May, 2017**

Final Entry Forms must be submitted to the Organizing Committee and the WFA on or before **5th June, 2017**

Please also send together passport size photograph and passport copy of participants.

14. SPORT EQUIPMENT:

- ZKC Barbells for warm up and competition.
- ZKC and ELEIKO Barbells for training.
- Results System approved by IWF.

15. INSURANCE

All participating Federations must undertake full moral and financial responsibility of their registered/ accredited delegates with regard to their health and wellness and in case of accidents or damages not attributable to the OC.

16. VISA INFORMATION

Citizen of most countries, with a few exceptions, do not require a visa for Mauritius or will receive a visa upon arrival. List of countries that require a visa prior to departure can be consulted here:

<http://passport.govmu.org/English/Passport%20and%20Visa%20Requirement%20in%20Mauritius/Pages/Visa-Requirements-in-Mauritius.aspx>



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17. ACCREDITATION

The accreditation will take place at the VOILA Hotel upon arrival. Organizing Committee will make ready ID cards before arrival of each team, in order to avoid undesired queues at the hotel; it is required from each delegation to send the name list and e-photos of your team members to OC by e-mail before 5th June 2017.

18. FLAG AND ANTHEM

Each participating team is kindly requested to bring along a CD/USB drive of their National Anthem and two National Flags 1.0 x 1.5 m. These must be submitted upon arrival/ accreditation.

19. TRANSPORTATION

- A. All teams will be received at Sir Seewoosagur Ramgoolam International Airport, Mauritius upon their arrival and they will be transported by shuttle bus to the Hotel, and return.
- B. Accommodation and Transportation forms (in the Final Entry form) shall state which airline and flight number each delegate will be arriving on, and will be returned.
- C. The OC will provide local transportation between official venues/training venues and hotel.



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20. TENTATIVE PROGRAM

Monday & Tuesday 10 - 11 July 2017			
Arrival and accreditation of delegations			
Wednesday 12 July 2017			
09:00	10:30	14:00	17:00
Verification of Final Entries and Technical Conference	Weightlifting injuries lecture	All WFA Committees Meetings	Opening Ceremony
Thursday 13 July 2017			
10:00	13:00	17:00	
IWF Anti-Doping Education Seminar	Competition Cat. 48 Kg & 53 Kg (Women)	Competition Cat. 56 Kg & 62 Kg (Men)	
Friday 14 July 2017			
10:00	17:00		
IWF Coaches Education Seminar	Competition Cat. 58 Kg & 63 Kg (Women)		
Saturday 15 July 2017			
10:00	13:00	17:00	
Competition Cat. 69 Kg (Men)	Competition Cat. 69 & 75 Kg (Women)	Competition Cat. 77 Kg (Men)	
Sunday 16 July 2017			
10:00	13:00	17:00	
Competition Cat. 85 Kg (Men)	Competition Cat. 90 Kg & +90 Kg (Women)	Competition Cat. 94 Kg (Men)	
Monday 17 July 2017			
10:00	19:00		
Competition Cat. 105 Kg & +105 Kg (Men)	Closing Ceremony and Banquet		
Tuesday 18 July 2017			
Departure of Delegations			

Note: This tentative program may subject to be changed after the verification of final entries.



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21. GENERAL INFORMATION ABOUT MAURITIUS AND CHAMPIONSHIPS

Average Temperature in Mauritius: 18°-23°C

Electricity: 220~240 V.

Power Sockets: Type C & Type G.

Currency: Mauritian Rupee (Rs) (1 USD = approx. Rs.35)

Travel time from Airport and Hotel: 40-45 mins

Travel time from Hotel to Training & Competition Venue: 15-20 mins.

22. FURTHER INFORMATION

Please contact:

MAURITIUS AMATEUR WEIGHTLIFTERS' & POWERLIFTERS' ASSOCIATION

National Weightlifting Centre

Vacoas, Mauritius

Tel: (+230) 57529208/57590277/57673480

Email: mauritius.weightlifting@hotmail.com

23. CONTACT DETAILS

Weightlifting Federation of Africa

Ain Zarah region - Tripoli - Libya

Mobile: +218 91 3543635

P.O. Box: 3541 or 4168 – Tripoli

E-mail: newwfa@hotmail.com

Mauritius Amateur Weightlifters' &
Powerlifters' Association

Mobile: +230 57520308 / +230 57590277

National Weightlifting Centre Vacoas

E-mail: africanchamps2017@hotmail.com

Eng. Khaled Mhalhel
WFA President

Mr. Poorun Bhollah
MRI WF President