



2017 Asian Youth & Junior Men's & Women's Weightlifting Championships



KATHMANDU' 17

19th Asian Youth, 24th Asian Junior Women's,
31 Asian Junior Men's
Weightlifting Championships 2017
July 21 - 29, 2017



2017 Asian Youth & Junior Men's & Women's Weightlifting Championships

Official Invitation

**The president/ General secretary,
Affiliated National Weightlifting Federation/Association (AWF)**

Dear Friends,

The Asian weightlifting Federation (AWF) has accorded us the honour to organise the 2017, AWF youth & Junior Championships to be held in, Kathmandu (NEPAL) on 21st July to 29th July, 2017.

On behalf of Nepal weightlifting association, we have privilege and honour to invite you all to Participate in the upcoming youth and junior Asian weightlifting championships. Kathmandu (NEPAL) is an UNESCO heritage sights as well as has historical and cultural tourist attractions.

We firmly believe that this championship will be great success with participate and co-operate of all weightlifting families in Asia.

We are looking forward to greet you all and extend our unique Nepalese hospitality in an environment of friendship, brotherhood, and respect. We guarantee you a wonderful and enjoyable stay in this beautiful & historical city.

Sincerely yours

(Ratan K. Tandon)

President

**Nepal weightlifting Association
Chairman- Organizing Committee**



2017 Asian Youth & Junior Men's & Women's Weightlifting Championships

1. Name

2017 Asian Youth & Junior Men's & Women's Weightlifting Championships

2. Date

21st - 29 July, 2017

3. Place

Kathmandu, Nepal

4. Competition and Training Venue

Competition Site : Army Physical Training and Sports Centre,
Lagankhel, Nepa

Training Site : Army Physical Training and Sports Centre,
Lagankhel, Nepal

5. Body Weight Categories

Y & J Asian Championships

Women's Youth: 44kg / 48kg / 53kg / 58kg / 63kg / 69kg / 75kg/ +75kg

Women's Junior: 48kg / 53kg / 58kg / 63kg / 69kg / 75kg / 90kg/+90kg

Men's Youth: 50kg / 56kg / 62kg / 69kg / 77kg / 85kg / 94kg / + 94kg

Men's Junior: 56kg / 62kg / 69kg / 77kg / 85kg / 94kg / 105kg / + 105kg



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6. COMPETITION REGULATION

The 19th Asian Youth, 24th Asian Junior Women's and 31st Asian Junior Men's Championships will follow Technical and Competition Rules and Regulations (TCRR) of the International Weightlifting Federation (IWF).

7. TERMS AND CONDITIONS OF PARTICIPATION

Accredited participants (athletes, Team Officials, Technical Officials (TOs) media, guests, etc.):

- (a) Should acknowledge and fully comply with IWF Constitution and By-Laws, AWF Constitution, IWF TCRR, and IWF Anti-Doping Policy (ADP).
- (b) Should abide by all reasonable directions given by the AWF, the Organizing Committee (OC), TOs.
- (c) Should not participate in, support or promote illegal betting.

8. ELIGIBILITY

Participating athletes for Youth Championships: 13-17 years of age (born between 2000 and 2004)

Participating athletes for Junior Championships: 15-20 years of age (born between 1997 and 2002)

With reference to Article 5.6.4 of the IWF Anti-Doping Policy, the Athletes who are not listed in the IWF's Registered testing Pool and who want to enter an IWF Event shall nevertheless register to the ADAMS system and submit proper whereabouts information at least 2 months before the IWF Event in question. The Athletes who do not comply with this provision are not eligible to compete.

Only athletes of Member Federations that has no arrears towards the IWF/AWF are eligible to participate.

9. ACCOMMODATIONS

All delegation members participating in the Event will be accommodated in:-

HOTEL RADISSON (***)**

Address :- LAZIMPAT, Kathmandu, NEPAL

Tel: +977-1-4411818, 4423888 Fax: +977-1-4411720

Website: www.radisson.com/kathmandune



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10. AWARDS

Gold, silver and bronze medals will be awarded to the first three athletes in the Snatch, the Clean & Jerk and the Total in each bodyweight category.

Trophies will be awarded to the best in Total respectively for both women's and men's Youth and Junior competitions in accordance with the **IWF Team Classification (IWF TCRR 6.8.3)**.

11. DOPING CONTROL

Doping Control will be conducted in accordance with the IWF Anti-Doping Policy.

12. BARBELL

The IWF approved barbells will be used in competitions and training.

13. FINANCIAL CONDITIONS

Accommodation costs in hotels for participants are as follows:

- Single room type: US\$ 140 per person per day including 3 meals daily.
- Double room type: US\$ 120 per person per day including 3 meals daily .
- Triple room type: US\$ 110 per person per day including 3 meals daily.

Entry Fee of US\$ 120 / person

All athletes have to pay a Special Anti-Doping Levy of US\$ 50 per person.

All payment must be paid in US dollars (cash only) which be settled by the Organizing Committee upon their arrival at the Accreditation Center in the hotel.

A minimum Stay of 4(four) days is required for all participants.

14. Entries

Preliminary Entry Forms (**with passport copies & clear photos**) must be submitted to the Organizing Committee and the Asian Weightlifting Federation (AWF) respectively not later than **20 MAY, 2017**.

Final Entry Forms and Accommodation Forms must be submitted to the Organizing Committee and the Asian Weightlifting Federation (AWF) respectively not later than **20 JUNE, 2017**.

15. TRANSPORTATION

All teams will be received at Tribhuvan International Airport, Kathmandu, Nepal upon their arrival and they will be ferried by bus to the Hotel. The Organizing Committees will provide local transportation between official venues and hotel for competition and training according to schedule which will be announced to teams on completion of accreditation process.



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16. TECHNICAL OFFICIALS

Technical Officials (Juries, Referees, Technical Controllers, Chief Marshal and Doctor-on-Duty, The competition Secretary, Time Keepers) will be appointed by AWF.

The Competition Speakers, loaders and any back-up technical staff will be provided by Organizing Committees.

17. INSURANCE

As required by the IWF Regulations, all participants must be under insurance coverage for travel and accident/injury by their respective Federations before their departure from their home country.

18. VISA

Visa entry to Nepal could be obtained from the Nepalese Embassy or consulate office in their respective countries or Visas will be provided upon arrival at the Tribhuvan International Airport Kathmandu, Nepal (**Except few countries ***) by presenting the Official Invitation for the said Championships. If there is any help needed, please contact the Organizing Committee. A complete list of names with passport data, photos and fax number/ mailing address should be sent in time to the Organization Committee for the issuance of invitation letters or upon arrival at the airport.

*** Iraq, Palestine and Afghanistan must get VISA Before entry to Nepal (Should be send details before One Month and NWA will Process their VISA and send back Before their entry)**

VISA Fee :- USD 25 (upon Arrival at Airport)

19. FLAG AND ANTHEM

Each participating team is kindly requested to bring along a CD of their National Anthem and two National Flags 1.2 x1.8 m.

These must be submitted upon arrival/accreditation.

20. ACCREDITATION

The accreditation of the delegations will take place in the HOTEL RADISSION upon arrival.



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2017 AWF Meetings, Congress, and Asian Youth and Junior Championships Timetable

21 July 2017	:- Arrival of Participants
22 July 2017	:- 9:30 AWF Technical Committee Meeting :- 9:30 AWF Medical Committee Meeting :- 9:30 AWF Coaching & Research Committee Meeting :- 13:00 AWF Commissions Meeting :- 15:00 AWF EB Meeting :- 18:00 Verification of Final Entry
23 July 2017	:- 9:00 Registration of Congress Delegate :- 10:00 AWF Congress :- 16:00 Technical Officials' Meeting
24 July 2017	:- 11:00 Opening Ceremony :- 12:00 M 62kg B :- 14:00 M 50kg , 56kg A :- 16:00 W 44kg, 48kg A :- 18:00 M 62kg A
25 July 2017	:- 10:00 W 53kg, 58kg B :- 12:00 M 69kg B :- 14:00 W 53kg A :- 16:00 W 58kg A :- 18:00 M 69kg A
26 July 2017	:- 10:00 W 63kg, 69kg B :- 12:00 M 77kg B :- 14:00 W 63kg A :- 16:00 W 69kg A :- 18:00 M 77kg A



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27 July 2017	<ul style="list-style-type: none">:- 10:00 W +69kg, 75kg, YW+75kg B:- 12:00 M 85kg B:- 14:00 M 85kg A:- 16:00 W +69kg, 75kg, YW+75kg A:- 18:00 M 94kg B:- 20:00 W 90 kg , +90 kg A
28 July 2017	<ul style="list-style-type: none">:- 10:00 M +94kg, 105kg,+105kg B:- 12:00 M +94kg, 94kg A:- 14:00 M 105kg A:- 16:00 M +105kg A:- 19:00 Closing Ceremony
29 July 2017	<ul style="list-style-type: none">:- Departure of Participants

NOTE: Timetable is subject to change



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PRELIMINARY ENTRY FORM / Youth Women's

No.	Category	Names of Athletes	Date of Birth	Entry Total	Arrival date	Departure Date
1						
2						
3						
4						
5						
6						
7						
8						
9R						
10R						
No.	Name of Officials		Date of Birth	Position	Arrival date	Departure Date
1						
2						
3						
4						
5						

Country : Signature

Date :

The Preliminary Entry Form must be submitted to the Organizing Committee and AWF prior to **20 May 2017**

NEPAL WEIGHTLIFTING ASSOCIATION (NWA)

International Sports Complex , Swimming Pool Satdobato Lalitpur, Nepal

Tel: (+91) 9841401994, 9858020012 .Fax: (+91)

• e-mail: weightlifting_nepal@yahoo.com, sanjay30sg@gmail.com

Web :- www.nepalweightliftingassociation.com

ASIAN WEIGHTLIFTING FEDERATION (AWF)

Tel: (+974) 44944022 - (+974) 44943274 • Fax: (+974) 44944255• Email: info@awfederation.com



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PRELIMINARY ENTRY FORM / Junior Women's

No.	Category	Names of Athletes	Date of Birth	Entry Total	Arrival date	Departure Date
1						
2						
3						
4						
5						
6						
7						
8						
9R						
10R						
No.	Name of Officials		Date of Birth	Position	Arrival date	Departure Date
1						
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3						
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PRELIMINARY ENTRY FORM / Youth Men's

No.	Category	Names of Athletes	Date of Birth	Entry Total	Arrival date	Departure Date
1						
2						
3						
4						
5						
6						
7						
8						
9R						
10R						
No.	Name of Officials		Date of Birth	Position	Arrival date	Departure Date
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Country : Signature Date :

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No.	Category	Names of Athletes	Date of Birth	Entry Total	Arrival date	Departure Date
1						
2						
3						
4						
5						
6						
7						
8						
9R						
10R						
No.	Name of Officials		Date of Birth	Position	Arrival date	Departure Date
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MEDIA ACCREDITATION FORM

No.	Full name	Nationality	Employee	Type of media
1				
2				
3				
4				
5				
6				
7				
8				

Country : Signature

Date :

Please return this form not later than **20 June 2017**

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