



Welcome To Turkmenistan

**Asian Senior Championship
21-29 April 2017
Ashgabat**



**Asian Senior Championship
21-29 April 2016
Ashgabat**



OFFICIAL INVITATION

To the President/General Secretary
Affiliated National Weightlifting Federation/ Association

Dear Sir/Madam,

On behalf of Turkmenistan Weightlifting Federation and Organizing Committee,

we have a great honor to invite you to Asian Senior Championship which is going to be held from **21-29 April 2017** in Ashgabat.

Ashgabat is a city of magnificent beauty, sunny and welcoming, the city that harmony of Asian architecture and modern urban planning. Ashgabat has such epithets as "The city of Friendship" and "The city of Peace".

As many of you know, Ashgabat hosted many Weightlifting Championships and we are very happy to organize again such a prestigious event in our city. These Asian Weightlifting Championships will gather Asian weightlifting families, as well as a weightlifting event of the highest level in Asia. We will do our best to be a good host, show the hospitality and make it a grand event. We believe that success of this event will contribute to the upgrading of its sporting level and to the strengthening of unity and friendship among the people of Asia.

We are looking forward to welcoming you in Ashgabat city!

With best regards,

Berdinyaz Matiyev



Head of National Weightlifting Federation of Turkmenistan

Competition Schedule

21 April	Arrival	
	Final Entry Verification	20:00 - 21:00
22 April	C &R, Medical, Technical Committee Meetings	10:00
	AWF Executive Board Meeting	13:00 - 15:00
	Congress Meeting	16:00 - 19:00
	Technical Official Meeting	20:00 - 21:00
23 April	56KG / 62KG M Group B	8:00 -10:00
	48Kg W Group B	10:00 -12:00
	Opening Ceremony	12:00 -13:00
	48KG W Group A	14:00 - 16:00
	56KG M Group A	17:00 - 19:00
	62Kg M Group A	20:00 -22:00
24 April	53KG W Group B	11:00 - 13:00
	58KG W Group B	14:00 - 16:00
	53KG W Group A	17:00 - 19:00
	58Kg W Group A	20:00 - 22:00
25 April	63KG W Group B	12:00 - 14:00
	69KG M Group B	14:00 - 16:00
	63KG W Group A	17:00 - 19:00
	69Kg M Group A	20:00 - 22:00
26 April	69KG W Group B	12:00 - 14:00
	77KG M Group B	14:00 - 16:00
	69KG W Group A	17:00 - 19:00
	77KG M Group A	20:00 - 22:00
27 April	75KG W Group B	12:00 - 14:00
	85KG M Group B	14:00 - 16:00
	75KG W Group A	17:00 - 19:00
	85KG M Group A	20:00 - 22:00
28 April	90KG & +90Kg W Group B	10:00 - 12:00
	94KG M Group B	12:00 - 14:00
	105Kg M Group B	14:00 - 16:00
	90KG W Group A	17:00 - 19:00
	94KG M Group A	20:00 - 22:00
29 April	+105Kg M Group B	9:00 - 10:30
	105KG M Group A	11:30 - 13:30
	+90KG W Group A	14:30 - 16:15
	+105KG M Group A	17:15 - 19:15
	Closing Ceremony	20:15
30 April	Delegation Departure	

Competition Schedule may change due to the numbers of lifters.

RULES & REGULATIONS

1. DATE AND VENUES

21 – 29 April, 2017

Competition/ Training Site: Ashgabat Olympic Complex, (Martial Arts Arena)

Accommodation/Hotels:

“ Hotel Ashgabat” in Ashgabat City

Address: 2002/5 street.11 Ashgabat, Turkmenistan

2. COMPETITION RULES AND REGULATIONS:

The competition will be held in accordance with the latest Constitution and Rules of the IWF Constitution and By-Laws of and IWF Technical and Competition Rules and Regulations.

3. ELIGIBILITY OF PARTICIPATION

Participating athletes for the

championship should be below 2002, minimum 15 years old. must be 15 years of age and over (year of birth 2002 or earlier)

With reference to articles 5.6.4 of the IWF Anti-Doping policy the athletes who are not listed in the IWF's Registered testing pool and who want to enter and IWF event shall nevertheless register to the ADANS system a Submit proper where bouts information at least 2 months before the IWF event in Question. The Athletes who do not comply with provision are not eligible to compete. Only athletes of member federation that has no outdented arrears towards the IWF/AWF are eligible to participate.

4. EVENTS

Women: 48kg, 53kg, 58kg, 63kg, 69kg, 75kg, 90Kg , +90Kg

Men: 56kg, 62kg, 69kg, 77kg, 85kg, 94kg, 105kg, +105 kg

5. ENTRIES

Preliminary Entry Forms (**with Visa application forms, passport copies & clear photos**) must be submitted to the Organizing Committee and the Asian Weightlifting Federation (AWF) respectively not later than 15 February, 2017.

Final Entry Forms and Accommodation Forms must be submitted to the Organizing Committee and the Asian Weightlifting Federation (AWF) respectively not later than 15 March, 2017.

6. AWARDS

Gold, silver and bronze medals will be awarded to the first three winners in the Snatch, Clean & Jerk and Total Competition in each bodyweight category of Senior's events in both Women's & Men's division.

Certificates of participation will be presented to all participants.

Trophies will be awarded to the best six teams in total respectively for Women and Men's competition in accordance with the IWF Team Classifications.

7. DOPING CONTROL

Doping Control will be conducted in accordance with the IWF Anti-Doping Policy.

8. BARBELL

IWF-approved.

9. FINANCIAL CONDITIONS:

Double room: **US \$ 120** per person per day with three meals.

Single room: **US \$ 140** per person per day with three meals.

Entry fee: **US \$ 120** per person to AWF

Anti-Doping Fee: **50\$ USD per lifter** to AWF

All payments regarding accommodation must be paid in cash to the Organizing Committee. A minimum stay of 4 days is required for all participants except the AWF executive board free accommodation for 4 nights. Technical official will be covered during the competition.

10. TECHNICAL OFFICIALS

The technical officials will be appointed by AWF and will be sent to the IWF.

The Competition Speakers, loaders and assistants will be provided by the Organizing Committee.

11. FLAG AND ANTHEM

Each participating team is kindly requested to bring along a CD of their National Anthem and two National Flags (1.2m X 1.8 m). These must be submitted upon arrival to the Organizing Committee.

12. TRANSPORTATION

The Organizing Committee will provide transportation between Airport and Hotel, as well as Hotel and Competition Hall (Training Center). In order to make available transportation from Airport to Hotel and from Hotel to Airport on time, we require you to fill out **Arrival and Departure** information. Otherwise, no one can be responsible for the transportation on time.

13.VISAS

Visa entry to Ashgabat could be obtained from the Ashgabat Embassy abroad or at Ashgabat International Airport. Ashgabat Weightlifting Federation will supply visa letters to all federation/association.

It is important to send us each participant's copies of non-expired passports and photos to issue visa letter.

IMPORTANT NOTE: Visas will be issued for **free of charge – no cost** for participants who send their passport copies not later than 15th March 2017. Organizing Committee will not guarantee visa assistance for late send passport copies.

14.TEMPERATURE

During April the minimum and maximum temperature average is between 18 °C and 25°C. Average temperature in Ashgabat during Championships 22°C.

15. ELECTRICITY

Voltage: 220-240 Volts.

16. ORGANIZING COMMITTEE:

Turkmenistan Weightlifting Federation (TWF)

Address: Ashgabat, Magtymguly district 166

Tel:(+993 12) 45-69-75

E-mail: weightliftingtm@mail.ru

E-mail: gulnara_yolliyeva@hotmail.com

ASIAN WEIGHTLIFTING FEDERATION (AWF)

Address: P.O Box 2473, Doha, Qatar

Phone: (+974) 44943274 / 3076

Email: info@awfederation.com

Web: www.awfederation.com

PRELIMINARY ENTRY FORM (MEN)

Please, fill in this form and send it by email till
15th FEBRUARY 2017

National Weightlifting Federation/Association _____

MEN ATHLETES:

No.	Bodyweight Category	Lifter's Full Name	Date of Birth	Entry Total
1	56			
2	62			
3	69			
4	77			
5	85			
6	94			
7	105			
8	+105			
R				
R				

OFFICIALS:

No.	Official's name		Date of birth			Function
	Family	Given	Day	Month	Year	
1						Team leader
2						Coach
3						Doctor
4						Therapist
5						

President / General Secretary _____

Signature: _____ Date: _____

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Address: Ashgabat, Magtymguly district 166

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E-mail: weightliftingtm@mail.ru

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Web: www.awfederation.com

PRELIMINARY ENTRY FORM (Women)

Please, fill in this form and send it by email till

15th FEBRUARY 2017

National Weightlifting Federation/Association _____

WOMEN ATHLETES:

No.	Bodyweight Category	Lifter's Full Name	Date of Birth	Entry Total
1	48			
2	53			
3	58			
4	63			
5	69			
6	75			
7	90			
8	+90			
R				
R				

OFFICIALS:

No.	Official's name		Date of birth			Function
	Family	Given	Day	Month	Year	
1						Team leader
2						Coach
3						Doctor
4						Therapist
5						

President / General Secretary _____

Signature: _____ Date: _____

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Web: www.awfederation.com

FINAL ENTRY FORM (MEN)

Please, fill in this form and send it by email till
15th MARCH 2017:

National Weightlifting Federation/Association _____

MEN ATHLETES:

No.	Bodyweight Category	Lifter's Full Name	Date of Birth	Entry Total
1	56			
2	62			
3	69			
4	77			
5	85			
6	94			
7	105			
8	+105			
R				
R				

OFFICIALS:

No.	Official's name		Date of birth			Function
	Family	Given	Day	Month	Year	
1						Team leader
2						Coach
3						Doctor
4						Therapist
5						

President / General Secretary _____

Signature: _____ Date: _____

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Web: www.awfederation.com

FINAL ENTRY FORM (Women)

Please, fill in this form and send it by email till
15th MARCH 2017:

National Weightlifting Federation/Association _____

WOMEN ATHLETES:

No.	Bodyweight Category	Lifter's Full Name	Date of Birth	Entry Total
1	48			
2	53			
3	58			
4	63			
5	69			
6	75			
7	90			
8	+90			
R				
R				

OFFICIALS:

No.	Official's name		Date of birth			Function
	Family	Given	Day	Month	Year	
1						Team leader
2						Coach
3						Doctor
4						Therapist
5						

President / General Secretary _____

Signature: _____ Date: _____

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Web: www.awfederation.com

MEDIA ACCREDITATION FORM

No.	Full name	Nationality	Employee	Type of media
1				
2				
3				
4				

President / General Secretary _____

Signature: _____ **Date:** _____

MOBILE CONTACT NUMBER: _____

Please, fill in this form and send it by email till 15th March 2017:

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