

Dear Friends,



We can state in full confidence that the Olympic Games are still, even in the 21st Century, the biggest sports event – if not the biggest event – of the world.

To stage the Games demands a fantastic amount of work and energy input, state-of-the-art infrastructure, human resource and modern technology and, of course, an enormous amount of money.

Games. We are sure that Britain's capital will host one of the greatest Olympic Games of all times. London's challenge is bigger and higher than ever before – especially in view of the Beijing 2008 Games – but in no doubt everybody working for the Games, be it the Organising Committee, the



Time flies, we are deep into 2012, and London is already opening its doors to welcome the world to the XXX edition of the Summer Olympic

International Olympic Committee or the International Federations,

Editorial

will be able to successfully shoulder this enormous task.

We have arrived at the end of the Qualification period, the entry deadline is over and the men's and women's fields of altogether 260 competitors stands fixed.

We are happy to affirm that the IWF's Olympic Qualification System, designed several Games ago and refined, together with the International Olympic Committee, has once again worked well, to the best interests of the sport. The carefully elaborated and fully monitored procedures result in a composition of Olympians that is capable of fully complying with the main Olympic principles, i.e. performance and universality combined.

Of course, you know that the participation numbers are limited, but within those limits out of the IWF's 189 affiliated members 84, i.e. almost half of the countries will be represented in London.

In order to assist those on the platform, we have invited the most outstanding Technical Officials. The International Olympic Committee, the LOCOG and the IWF have worked in the closest co-operation to assure the comfort and the success of weightlifting on the ExCel stage. We should point out that the IWF Secretariat and of course the two Technical Delegates, Sam Coffa Vice President and Attila Ádámfi Competition Director have done their utmost in order to carefully prepare the Olympic weightlifting competitions to the last detail. All the while, we have implemented an extensive and targeted IWF Anti-Doping control and education program to make sure not one lifter gets to the Games who may violate the rules of the Game.

As to the specificities of the Olympic preparation, we believe that the most authentic and competent person who has partaken in all the Qualification events and the preparations is Attila Ádámfi: so let's allow him to share with you the "tricks of the trade" of the Road to London.

Dr. Tamás Aján
President

Ma Wenguang
General Secretary

Apia we witnessed 10 Qualification Events on all five continents. All these events were organized on a very high standard providing perfect conditions for the best athletes to qualify. The wide range of qualification possibilities provided equal chances even for the smallest nations to be represented. The long list of 84 NOCs which obtained the right to participate in the London Olympic Games is the perfect evidence that our Qualification Regulation incorporates the two principles of Performance and Universality.

possible results. Athletes' expectations vary, since every athlete is different. We have athletes coming from Russia or from Palau, participating for the first or for the fourth (!) time, just turned 17 or soon 38 years old. But irrespective of their differences they are equal in their passion, determination and devotion for weightlifting. Together with the enthusiastic colleagues at LOCOG, headed by Mr. Matthew Curtain, we have been working for several years to make sure that this will be the "Games of their life". This is our job and obligation, but more importantly it is our honor and pride to serve weightlifting and the Olympic Movement.

The 2012 London Olympic Games will be my 5th Games and the 2nd Games where I have the honor to serve as Technical Delegate, so people might think it is a routine job for me. But to be honest, I am so excited, just like when my plane took off to Atlanta in 1996. I wish everybody the "Games of their life" come true in London!

Attila Ádámfi
Technical Delegate

Dear Readers,



Technical Delegates Sam Coffa and Attila Ádámfi

London was awarded to host the XXX Olympic Games seven years ago, and some people say this time passed very quickly. Then you can imagine how rapidly the qualification period of less than two years went by, and we already find ourselves packing our luggage for London.

From the first, the 2010 World Championships in Antalya to the last, the 2012 Oceania Championships in

This balance between quality and quantity is a key factor for us being a core sport on the Olympic Games, already on the program of the first modern Olympic Games in 1896, Athens.

Also on behalf of my Senior Technical Delegate colleague, Mr. Sam Coffa I can assure you that this Olympic Games will not only be people friendly, but it will provide fantastic conditions to achieve the best

