

OFFICIAL QUARTERLY MAGAZINE
OF THE INTERNATIONAL
WEIGHTLIFTING FEDERATION

President of the Editorial Board:
DR. TAMÁS AJÁN
IWF President

Honorary Life Editor-in-Chief
JENŐ BOSKOVICS

Editor in Chief
KORNÉL JANCSÓ

Senior Editor:
ANIKÓ NÉMETH-MÓRA
IWF Director

Contributing Editors:
MA WENGUANG
IWF General Secretary
ALAIN LUNZENFICHTER
Chairman of IWF Press
Commission

Art Editor:
MARIANN GELÁNYI

Design:
MALUM STUDIÓ

Spanish Edition:
ÁGNES LUKÁCSFALVI
DAVID COLÓN ARROYO

Subscription rates for one year
(four issues), including postage
in Europe: US\$ 40. – overseas: US\$ 50.–

Subscriptions to be placed with the
IWF Secretariat, 1146 Budapest,
Istvánmezei út 1-3. Hungary.

Payments by check or bank transfer
Bank account: IWF 80934/87
OTP 1876 Budapest, Nádor u. 6

ISSN 0230-3035

Printed by TYPONOVA KFT, Budapest
Responsible manager: László Lendvai
Hungary, Budapest
Tel./fax: (36-1) 2310-007

All communication: IWF Secretariat,
1146 Budapest, Istvánmezei út 1-3. Hungary
Tel.: (36-1) 331-8153, 353-0530
Fax: (36-1) 353-0199
Internet: www.iwf.net

E-mail: world.weightlifting@iwfnet.net

Any articles, results or photos
published in **World Weightlifting**
may be reproduced without the
written consent of the IWF.

However, reference should be made
to this publication.

World Contents 2010/3 Weightlifting

Editorial	2-3
1st Youth Olympic Games – Singapore	4-6



The IWF Family in Singapore



Photos by A. Németh-Móra

*Despite many being aged just 14–18, the YOG staff,
including the announcers, was very professional*

2010 Antalya World Championships report	7-39
Women's categories	8-21
Antalya Moments – pictorial	22-23
Men's categories	24-39
Exclusive Interview with Svetlana Podobedova	42-43
The 2010 Antalya WWC Record Ladies – pictorial	44-45
News	46-47