OFFICIAL QUARTERLY MAGAZINE
OF THE INTERNATIONAL
WEIGHTLIFTING FEDERATION

President of the Editorial Board:

DR. TAMÁS AJÁN

IWF President

Honorary Life Editor-in-Chief: IENŐ BOSKOVICS †

> Editor-in-Chief: KORNÉL JANCSÓ

Senior Editor:
ANIKÓ NÉMETH-MÓRA
IWF Director

Contributing Editor: MA WENGUANG IWF General Secretary

Photos (unless otherwise credited): JÓZSEF SZAKA

Art Editor: MARIANN GELÁNYI

> Design: MALUM STUDIÓ

Spanish Edition: ÁGNES LUKÁCSFALVI DAVID COLON ARROYO

Subscription rates for one year (four issues), including postage in Europe: US\$ 40. – overseas: US\$ 50.–

Subscriptions to be placed with the IWF Secretariat, 1146 Budapest,
Istvánmezei út 1-3. Hungary.
Payments by check or bank transfer
Bank account: IWF 80934/87
OTP 1876 Budapest, Nádor u. 6.

ISSN 0230-3035

Printed by TypoNova KFT, Budapest Responsible manager: László Lendvai Hungary, Budapest Tel./fax: (36-1) 2310-007

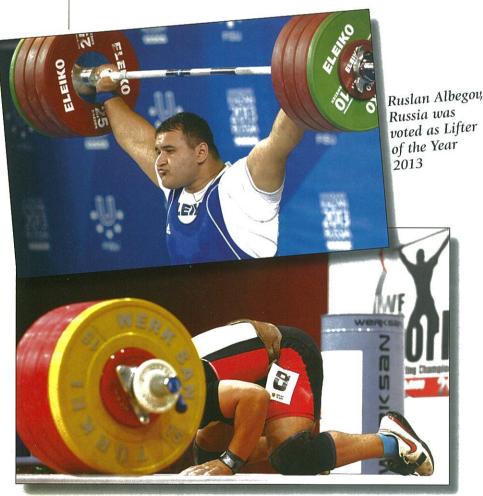
All communications: IWF Secretariat,
1146 Budapest, Istvánmezei út 1-3. Hungary
Tel.: (36-1) 331-8153, 353-0530
Fax: (36-1) 353-0199
www.iwf.net
E-mail: world.weightlifting@iwfnet.net
Any articles, results or photos
published in **World Weightlifting**may be reproduced without the
written consent of the IWF,

however, reference should be made

to this publication

World Contents 2013/4 Weightlifting

Happy Birthday, President!	2-3
2013 Lifters of the Year	4-7
2013 World Ranking Lists - Introduction	8-12
2013 World Ranking Lists - Men	13-20
2013 World Ranking Lists - Women	22-28
President's Cup Moscow	30-33
Commonwealth Festival in Penang	34-35
2014 Calendar	36
World Records as of 1 January 2014	37
Baku Cup	38-39
What's News on the Anti-Doping Front?	40-41
Interview with Yu Jie, Chinese coach	42-43
Rio 2016 Update	45
Scientific Pages	46-47
Technical Corner	47-48
Poster: Liao Hui CHN & Lu Xiaojun CHN	



Complete transformation of the weightlifter: into "disc-head"...